WCAP RADIO IN LOWELL - 980WCAP.COM

THE VALLEY PATRIOT

"Congress shall make no law..."

NEW ENGLAND PRESS ASSOC. AWARD WINNING NEWSPAPER

2004 10+ YEARS OF NEWS & VIEWS 2014

valleypatriot.com

A FREE MONTHLY JOURNAL OF NEWS, COMMENTARY AND EVENTS, SERVING MA & NH

SEPTEMBER , 2014
VOLUME 11, ISSUE 9
Edition 131

FlavorFresh BRAND
274 Prospect St. Lawrence
FLAVORFRESHBRAND.COM

LYRIC PROPERTIES
978-494-4450
Handling all your real estate needs.
www.LyricProperties.com

Colizzi Memorials
Merrimack Valley's Preferred Memorial Provider
See Our Ad P. 4&12

See Our Ad on Page 28
TARSHI LAW OFFICE
510 ESSEX ST
LAWRENCE, MA 01840
(978) 686-1821

Consoli & Wilshusen
ATTORNEYS AT LAW
SEE OUR AD P. 2

HELP FOR DRUG ADDICTS

POLICE CHIEF ON ADDICTION EPIDEMIC IN THE VALLEY

SEE STORY - PAGE 7

INSIDE this edition!

JEFF KATZ Page 2
Veterans.....1, 35, 39
Editorial/OpEd.....2
Thinking Outside the Box.....5
The Andovers.....6-7
Methuen.....7,810,13
Paying Attention.....15
Lawrence.....5,11,13,22
Duggan's Election Notebook.....19
Duggan's Notebook....14,15, 19, 36
Lowell.....16
N.H.....22
Newburyport.....24, 28
Pets/Tracey Zysk.....25
World Views.....26, 27
Education.....31
Middle East.....30
Letters.....37
Health.....28,29,34
Entertainment.....33
Legal.....34
Food.....32
Medical Corruption.....30

Forest Rain On Israel PAGE 30
Dani Langevin Lesbian Columnist PAGE 27
Christine Morabito PAGE 26
Babies & Briefcases Cheryl Hajjar PAGE 31
Ana Debernardo Teen Talk PAGE 31

VALLEY PATRIOT OF THE MONTH

HEROES IN OUR MIDST - JAKE COLLINS, MERCHANT MARINE

TIMOTHY IMHOLT
VALLEY PATRIOT GUEST COLUMNIST

I had the pleasure recently of sitting down and talking with Jake Collins, this month's Patriot of the Month. Mr. Collins served in the Navy during World War II as a Gunner's Mate aboard the USS AOG-17 named the USS Mettawee.

The Mettawee was a gasoline tanker that was used to deliver precious aviation gasoline to places like Guadalcanal, Bougainville, the Solomon Islands, and Funafuti. Mr. Collins explained to me that this was a tanker originally designed for civilian use, but due to the massive need of men and equipment at the start of the war it was quickly converted for use by the US Navy. It had a cargo capacity for fuel of 750,000 gallons and had six gun emplacements to protect herself. Mr. Collins' job was to man the three inch 50 dual-purpose gun mount on the fantail of the vessel.

Think about this for just a minute, Gunner's Mate Collins and 61 other men were riding around in the Pacific to some islands that were not known to be calm places, like Guadalcanal, in what can only be described as a floating bomb. The fuel they carried was for aircraft and as a result this was a ship that the Japanese had an intense interest in taking out of the logistics chain.

The now 92-year old Mr. Collins and I discussed this at length. We are both veterans of the Armed Forces (although I was Army, and much more recently). There is an aspect of the combat soldier's life that not a lot of people who haven't been in the military just never think about (not that there is anything wrong with that). Logistics, and supply are keys to successful combat operations.

Why you ask?

It is very simple. Think about the job of this ship. It was to deliver airplane fuel to these islands that were constant hot spots for fighting the Japanese. If this precious fuel does not arrive to those islands, those airplanes do not take off. If those fighter aircraft don't take off that means that the Japanese could bomb the Marines on those islands without mercy, and they would have.

As a result the Japanese with their submarine community or fighter/bomber aircraft would want to destroy if they could. Destroying this ship would not only take out 750,000 gallons of airplane fuel but also degrade the US military's ability to resupply the aircraft in the region. That made this vessel and her crew a highly strategic target for the Imperial Navy.

COLLINS: PAGE: 35

The Office Exchange
"Your Office Furniture Resource"
385E South Broadway Salem, NH 03079
TEL: (603) 458-6703 * Fax: (603)-458-6705

Our Retail Outlet has the
BEST PRICES IN THE VALLEY
On New or Pre-Owned Furniture
for your home or office

Open: M-TH 8AM-3PM,
FRI 8AM-1PM

Offering new, Refurbished & Pre-Owned Office Furniture & Panel Systems

theofficexchange.com email: Info@Theofficexchange.com

Installations, Relocations, Liquidations, Buy-Back Solutions... Home or Office!

CHECK OUT OUR NEW SHOWROOM IN SALEM, NH!

Who Were the Real Racists in Ferguson?

In Ferguson, MO a white police officer shot a black man named Michael Brown six times, killing him after a confrontation that resulted from Brown's strong arm robbery of a cigar store.

With no other evidence available, many among the black population of Ferguson took to the streets to loot, riot and commit mayhem, demanding that the "racist" police officer be jailed for "committing murder".

We now dare to ask the question nobody else in the country has the courage to ask: who were really the racists here?

We argue it was the media and the black protesters and rioters in Ferguson.

The word "racism" has a definition. Anyone who judges another based on the color of their skin is a racist. And that is exactly what the media, and black protesters did in Ferguson. They judged a white police officer as "guilty" because he is white and demanded he be jailed for life based solely on the color of his skin.

We believe that it has become impossible in today's culture of cop-bashing and race baiting against whites to call things what they truly are when the bad guys turn out to be black.

The evidence is clear for anyone who wants to see it. Sadly most refuse to look.

The media continually referred to Brown as a "teen" even though the Associated Press Style Book (the manual for journalists) clearly states anyone over 17 is to be classified a "man". They lionized Brown as some kind of civil rights hero when in reality he was a bully, a thug and a thief.

As of the minute we went to print, there is still not one shred of evidence that the cop who shot Michael Brown was a "racist". And with the news media 100% determined to vilify a white police officer for their own political agenda, you would think by now they'd have unearthed a former girlfriend, a Facebook posting, or a former colleague who claims the officer hated blacks. Six weeks later there still isn't any of that.

There are only two issues here to be determined: Was the officer justified in the shooting death of Michael Brown; and, was the shooting the result of some kind of racism on the officer's part?

We suggest that this is why we have a court system, trials, grand juries and a concept of "innocent until proven guilty", none of which the news media bothered to address while the week-long rioting and protesting took place in Ferguson.

Instead we heard irrelevant, anecdotes and propaganda against the officer including the number of times Brown was shot, that he was a "teen", and he was "unarmed".

Yet any police officer will tell you that someone being "unarmed" does not mean the person poses no threat to the life of an officer. People are killed by "unarmed" suspects every day in America.

Police use-of-force policies also inform us that the presence of six shots is not, in and of itself, evidence of a bad shoot.

We are not taking sides in the shooting death of Michael Brown, to do so would make us no better than the racists who sided with Brown because he is black.

We do not know if Michael Brown was the victim of a bad shoot or even the victim of a racist cop. We are waiting for the evidence - something the media and the "protesters" don't seem to care about.

The "news" media did a terrible disservice to our system of justice by cheering on one side while vilifying the other based on the race of those involved.

They did so for ratings and to stoke the flames of racial divide in this country.

We find that kind of propaganda reprehensible.

Farewell Robin Williams

Jeff Katz
VOTED AP's BEST RADIO TALK SHOW HOST
VALLEY PATRIOT EDITOR'S CHOICE AWARD

One of the must watch TV shows when I was growing up was "Happy Days." I still remember the oldest brother Chuck Cunningham simply vanishing without a trace after the first season or so. I can still sing the theme song. I remember how and why the phrase "jump the shark" originated and I still vividly recall the introduction of a bizarre character named "Mork". There was something infectiously funny about my favorite Orkan and that was due entirely to the comic acting ability of Robin Williams.

Through the years I, like so many others, was captivated by Williams and his insatiable appetite for the laugh in his stand up routines. He seemed as if he was in a perpetual race for the punch line. His almost manic energy was always apparent. He was running so very fast, physically and mentally, but we know now that his sprint was away from something not towards something.

Williams also proved himself to be an incredibly talented actor. Most of his success clearly came from comic roles but there were some great moments where he shined bright as the most serious of actors. Now after his untimely death, I've gone back and watched some of his performances and you can see that there is a pained look in his eyes.

I don't mean that his face was contorted or that he was grimacing, but his eyes seem to always be just one blink away from unleashing a torrent of tears. We've learned over the years that many performers look for the approval of complete strangers because they themselves have a void they are trying to fill. Some inhale the applause, others bathe in the laughs. For some it may be enough, but for many it is a never ending quest for validation. Williams surely falls in to that last category.

Williams spoke openly about his abuse of alcohol and drugs. He made jokes about his twisted personal life. He always seemed to be searching for some sort of approval and a degree of comfort. Through it all, his eyes revealed the pain he was enduring.

When I voiced my sympathy for Williams I was amazed by the vicious blowback I got from so many readers and listeners. He was a wimp and a coward they told me.

I don't believe for a second that Robin Williams was a coward or a wimp. I believe that he was truly a tortured soul who did the best he could for as long as he could. It seems to me that he had spent a lifetime seeking approval and validation from others and received them in spades but could never quite bring himself to provide the same to himself. He tried to manipulate his synapses and neurotransmitters with drugs of all sorts, but ultimately could not dull whatever pain ailed him.

One person wrote to me and said that Robin Williams was a loser for killing himself. "He had everything and that still was not enough." Finally someone actually hit on the real point. Williams seemingly had everything, but it was not enough to make him feel better about himself. That is the real crux of the matter when we deal with a major depressive disorder or clinical depression.

I'd like to think that Robin Williams has finally found the peace he sought for so long. I pray that the suicide of one of our performing world's bright lights will help illuminate a pathway for others who feel as he did to seek help.

Jeff Katz is a former police officer, former talk show host on Talk1200AM and won the Associated Press Award for Best Talk Show In Boston two years in a row. He is now an exclusive columnist for The Valley Patriot. He is the recipient of The Valley Patriot's 2013 Editor's Choice Award for exceptional writing about issues that effect our lives. WEBSITE: visionaccomplished.net

The Valley Patriot is published monthly before the tenth of each month by The Valley Patriot, Inc., 75 Main St., North Andover, MA 01845. All contents Copyright (c) 2012, Valley Patriot, Inc. All rights reserved. Subscriptions are $50 per year and sent via U.S. Mail.

POSTMASTER: Send address changes to Valley Patriot, Inc., PO Box 453, North Andover, MA 01845.

Letters to the editor, columns and op/eds can be submitted to **valleypatriot@aol**.com. The Valley Patriot is not responsible for the opinions expressed in submitted letters or columns. It is the policy of The Valley Patriot not to edit or exclude submitted material based on content.

PHONE: *(978) 771-4091*
www.valleypatriot.com

News tips
Phone in anonymous news-tips to (978) 683-3952, or you may email tips to us at valleypatriot@aol.com. We respect the anonymity of our sources if requested.

President/Publisher: Tom Duggan, Jr.
Copy Editor: Christine Ryan

Corrections: Please contact the editors at ***valleypatriot@aol.com***

The Valley Patriot can be found in more than 900 locations in 49 communities in Massachusetts and NH.

The Valley Patriot is not responsible for, nor do we necessarily share the opinions of columnists and contributors that are published in the paper. Columns, by definition, are opinion pieces.

The Valley Patriot is printed by Graphic Development in West Hanover, Mass.

Local daily news updates are online at facebook.com/valleypatriot

like us on facebook

yelp

3D BARBER SHOP

METHUEN'S BIGGEST MAN CAVE

JOE, AARON & IZZY ARE ON THE WEST SIDE

978-685-5600

7 DAYS A WEEK • 8AM-8PM

476 LOWELL STREET • METHUEN, MA

www.3dbarbershopmethuen.com

Diana DiZoglio

State Representative

DiZoglio makes a Difference

Methuen
North Andover
Lawrence
Haverhill

www.dianadizoglio.com

She stands up for us and we stand with her!

RE-ELECT

KATHLEEN O'CONNOR IVES

YOUR STATE SENATOR

• Strengthening Public Safety
• Dedicated to Our Seniors •Advocating for Our Schools
•Moving forward on Critical Infrastructure Improvements • Focused on Economic Development

Vote to keep Senator O'Connor Ives on the Job!

www.VoteForIves.com · First Essex District: Amesbury, Haverhill, Merrimac, Methuen, Newburyport, North Andover (Precincts 1-4), and Salisbury

Sept. 9 Tues. Democratic Primary

Nov. 4 Tues. General Election

Paid for by the O'Connor Ives Committee

Whether you float like a butterfly or have two left feet, you'll burn up to 1,000 calories an hour and build a leaner, tougher body with our total-body boxing and kickboxing workouts. **That's how you earn your TITLE.**

Now Open 137 Turnpike St, North Andover, MA | 978.620.0233 | Facebook/TitleBoxingClubNorthAndover

TITLE BOXING CLUB

TITLEBoxingClub.com

M. O'MAHONEY CO.

Masonry and Landscaping Supplies

Redi-Mix Concrete & Flowable Fill

SAND * STONE
ALL KINDS OF BLOCKS
BRICKS & CONCRETE
PAVERS

(978) 686-6149

175 Market St. - Lawrence

www.momahoney.com

COLIZZI MEMORIALS

Michael A. Colizzi: President
217 Merrimack Street, Methuen, MA 01844
(978) 674-7035 * Fax: (978) 674-7037
Colizzimemorials@comcast.net
www.colizzimemorials.com

Colizzi Memorials is committed to helping famliles capture the spirit of their loved ones by building beautiful, lasting tributes that will stand the test of time.

Merrimack Valley's Premier Memorial Provider

MONUMENT SALES
CEMETERY LETTERING
BRONZE, MARKERS
CIVIC MEMORIALS
MAUSOLEUMS
COLUMBARIUMS
MONUMENT CLEANING

Quality Craftsmanship at Affordable Prices

We are independently Owned and Operated.
NOT affiliated with any other Corporation

Michaud Insurance Agency, Inc.

105 Haverhill Street
Methuen, MA 01844
978-685-2549
1-877-233-2275
Auto ~ Home ~ Umbrella ~Business

For over 30 years we have been bringing Merrimack Valley families, individuals and businesses superior products and customer service.

For more information check out our website
www.bestinsurancemerrimackvalley.com

Safety Insurance
AUTO • HOME • BUSINESS

Interview with Superintendent-Receiver, Jeff Riley, PT I

Riley Says Graduation Rate is Up, No Shenanigans in Boosting Graduation Numbers.

Last Year, Valley Patriot publisher Tom Duggan sat down with Jeff Riley, the man tapped by the Massachusetts Department of Education to run the Lawrence Schools after putting the city schools into receivership. This year we did a follow up interview to see what has changed for the good and bad. Here is Part I of that Interview.

DUGGAN: The last time we talked you were telling us your goals of drop out rates, graduation rates, some of the problems you were having with the members of the old regime, can you give us an update on where the Lawrence schools are now as compared to our interview last year?

RILEY: I think we have been here a little under three years. We had some real tough times in the beginning; I had to make some rapid changes. We let about 10% of the teachers go, but I felt like most of the teachers in Lawrence were actually pretty good. They got bashed a lot. With that in mind, I though the problem was the failure in leadership, so I cut 50% of the principals and then I reduced the size of central office by a third.

One of the biggest lies of American education today is this huge central bureaucracy. The reality is when I was a principal, I spent a lifetime evading and ignoring central office because I had to do my job. They had all these people who wanted to do all this work bothering principals who were trying to really focus on teaching. So, we cut the size of central office so obviously that plays into this whole lease situation where we don't need the same amount of space.

So, looking at the first 18 months, nobody likes letting people go, but it had to be done. There was no extra money that came with receivership so we had to work within our budget. Lawrence has historically met the net school spending and it's kind of under the gun to do that.

DUGGAN: For those who don't know, explain what 'net school spending" is?

RILEY: There's a minimum threshold that the state says where schools have to fund their schools with. There's a formula that goes into it (certain dollar amount per student). So basically what they say is you have to fund at 100%. Most school systems do fund at 100% and take in their tax base over it. So somebody like Boston might need 120%, for a crazy school system like Cambridge it might be 150%. In Lawrence we have historically been at a 98-99% level. We've actually hit a threshold now where, if we continue this and we go below the 95% threshold, the state threatens to take all of your funding from you. That would be calamitous.

In credit to the new mayor he funded us this year at the full, net-school spending amount. He recognized that Lawrence does not have a tax base, we are not asking for additional dollars, we try to go out and work with groups like the Celtics, and The Lynch Foundation to help bring extras into the schools when we need them. But, I am not really interested in having additional money for receivership. I feel like this has to be done inside the school budget.

There's a lot of waste in the school districts, you know I continue to point to the central office. The only thing that's analogous to it in the country today, is the scam that's going on inside colleges across the country, where you've got all these assistant deans and provosts, the size of the bureaucracy in these colleges have gone up, it's skyrocketing. I mean, if you want to spend money spend it on the professors, but they spend it on all these deans and assistants, they are building buildings and all this stuff and in the meantime the costs of these colleges are skyrocketing. Who can afford to go to school? I make a decent salary, how am I going to afford to send my kids?

In ten years it's going to be over $100,000 a year to send my kids to school. It's unsustainable but people don't want to talk about that. Now, am I in favor of reducing loans for student costs? Absolutely. But, why aren't we talking about the real problem which is this exorbitant spending and these fiefdoms that are being created at these universities?

DUGGAN: What's different this year from last year and the year before?

RILEY: I think what you saw in this past year was we were one of the most improved school districts in Massachusetts on the MCAS test. Our graduation rate went up significantly from just a few years ago. I think it was around 49-50% to 60%. The most recent graduating class of over 700 kids, we will graduate more kids this summer. So I anticipate that graduation number going up again that will be released late fall, early winter. So, I think we are n a good place as far as that goes, but we have a lot of work to do. Even with the improvement on the test scores we still have so many kids that are not proficient in Math and English.

We have been told that there are kids who come in and drop out in their sophomore year, disappear and then when they get close to graduation there are people tracking them down at their houses and telling them if they come take this credit recovery program we will give you a diploma to boost the graduation numbers. Any truth to that?

RILEY: I think that's a complete falsehood. What we've done is, and I think I've been clear, but there was one story where we had kids that were one or two credits shy of graduation and dropped out, and no one at the high school had gone out to get these kids back in school. So, we did go out and we actively and aggressively pursued kids that were close to graduation to try and get them back in school to get them to evening school, to graduation academies, try to get them to summer school, try to get them to Phoenix or the high school learning center to get them to cross that stage. In the end it's clear, kids who don't graduate, financially are doomed.

I would argue that in this day and age, that high school may not even be sufficient for what this next generation of kids needs. I mean, it seems like college in some ways has become the new high school. So, any kid that was brought back was close to earning their diploma did the work to get across that stage.

Even despite lots of absences? What we have been told is that there are numerous kids who lose all kinds of time and then when they get close to graduation they are told all you have to do is take this credit recovery program.

RILEY: I don't think that's what's happening.

DUGGAN: Are there any shenanigans going on?

RILEY: I don't think there's any shenanigans going on.

DUGGAN: I'm not saying on your part, but you always have people under you at the high school. There's nobody over there that's trying to push the numbers higher?

RILEY: I think what we've said too, with the new headmaster coming in, is that we want to streamline what the credit process is over there because there are six different schools who sometimes have different requirements on what it takes, and so it becomes a little subjective from the guidance counselor and the principals at those schools. We are trying to do away with all that. We've got accreditation coming up. We need to make sure we have a tight system to get that done. But there are no shenanigans going on.

DUGGAN: The other spate of phone calls we get regularly about shenanigans is that the school system is filtering out teachers that are close to retirement and getting a pension. We hear that once they reach a certain age they are systematically being weeded out to save money. Not by you necessarily but by principals, administrators pressuring them to quit or pushing them out the door.

RILEY: I think that is completely false.

NEXT MONTH: When will the state release control of the Lawrence Schools and turn it back over to local control?

THINKING OUTSIDE THE BOX

An Ode to Obama

Dr. Charles Ormsby
VALLEY PATRIOT COLUMNIST

He has a phone
He has a pen
He is very cool
now and then

He was awarded
the Nobel Prize
But that was before
his foreign policy demise

His AG ran guns
to the Mexican cartels
Agents died
but no-one tells

You can keep your doctor
and your plan
The media will not expose
this con man

Just ignore the law
and issue executive orders
Why not, we're now a country
with no borders

He says no
to consulate security
Accepting murdered staff
the new sign of maturity
Terrorists or a video?
What difference does it make?
Don't get too upset,
for heaven's sake

Obama's IRS
can attack his foes
Totalitarianism is his way
I suppose

Lerner's E-mails existed
and then they crashed
To hide the truth,
her Blackberry was smashed

Not a smidgeon
Not a smidgeon of scandal here
If the e-mails surface
he may be less cavalier

He freed five terrorist leaders
from Gitmo
To America's security
… that was quite a blow

The law said Congress
had to be consulted
Even the GAO says
an illegal act resulted

When blacks kill blacks
he is oblivious
But white cops
he thinks insidious

Putin invades the Ukraine
and annexes the Crimea
Obama plays golf
but has no idea

The Middle East burns
as ISIS rages
Beheadings and crucifixions abound
as Obama disengages

A strategy would be good
to counter the threat
Oh well, he says
he does not have one…..… yet

Hold on America!
We have just two years to persist
But remember, November
may be our last chance to resist.

Dr. Charles Ormsby served two terms on the North Andover School Committee, co-founded the North Andover Taxpayers Association, is a a co-founder of and columnist for The Valley Patriot, broadcasts weekly opinion pieces for WCAP (980 AM) in Lowell, and is a faculty member in the Department of Mathematical Sciences at the University of Massachusetts Lowell. Dr. Ormsby is a graduate of Cornell and has a doctorate degree from MIT. You can email him at ccormsby@verizon.net

Torrisi Applies for Vacant School Committee Seat

North Andover School Committeeman Laurie Burzlaf Resigned to Take $48K Job In Town Managers Office.

North Andover School Committeeman Laurie Burzlaff has resigned her seat on the committee to take a job with the Town as Executive Assistant to the Town Manager. The job pays approximately $48,000.

Burzlaff was elected to the School Committee in 2009 and was reelected in 2013. School Committee members in North Andover serve a three-year term and are elected during town elections in March.

Burzlaff left just seven months before her term was set to expire, setting up a special appointment to replace her. A joint meeting of the School Committee and the Board of Selectmen will vote on a temporary replacement for Burzlaff within 30 days.

Among the eight applicants to replace Burzlaff is defeated State Representative David Torrisi and former School Committeeman William Kelley.

The Town of North Andover released the names of those applying to replace Burzlaff. They are listed below.

Eitan Goldberg, Brad Howard, William Kelly, Holly Vietzke-Lynch, Jeff Moon, Helen Pickard, Mark Svendsen, and David Torrisi.

September Boomer

Anne Knowles
ANDOVER COLUMNIST

There is a lot of great news about the Center at Punchard activities for the coming fall. Boomer Venture: if you were born between 1946 and 1964, you are cordially invited to take part in any of the numerous activities that are designed for the "boomer" at the Center.

Exercise programs, lectures, workshops, and a film festival of special movies for you. Raising children, working full time and taking care of parents, can take a toll on time, finances and energy.

The website for the Center at Punchard at - andoverseniorcenter.org/boomerventure campus – has numerous activities that will be of interest. The schedule of films to be shown, the lectures, and workshops will be of special interest and are led by informed and engaging speakers. The newsletter for each month is available, with full listings of all programs.

Make the Center at Punchard, 30 Whittier Court, Andover Center one of the "must visit" sites, for information and friendly conversation.

BANKRUPTCY
ATTORNEY
MARK FORD
(978) 686-0108

Andover Seafarers

Anne Knowles
VALLEY PATRIOT ANDOVER COLUMNIST

What do Phillips Academy and piracy on the high seas have in common? Answer: Seafarer's Friend. Begun in 1827, this organization, with support from people all over the world, offer care and companionship to men and women.

Let's begin. Until this summer I did not know, nor thought too much about, the people who work to bring goods and services, across thousands of miles of ocean, as members of the international maritime. Better known as "Merchant Marines", these people move cargo from all over the world, through rough seas, sometimes hostile waters, and can be away from their homes for months at a time.

Since many come from countries where English is not their primary language, they can find it very difficult to find "friendship" in the many ports they travel to in the course of a trip across the world.

Hence, the Seafarer's Friend, headquartered here in Boston. For 187 years this organization has operated as a supporting network of services for these sailors. When coming into a port such as Boston, Portland, ME, or Portsmouth, NH, some of the crew may not have the ability to come "ashore", and so may have to remain on their ship. Members of the Seafarers Friend, will visit on board the ship and make the crew personnel feel welcome and speak to them about home and friendship.

This month on September 18, 2014 there will be a Charity Cruise with on board entertainment, a silent auction, raffle and refreshments. To take part in this fund raising effort to provide for the many services the Seafarers Friend offer to crew members. Please go to the website (seafarersfriend.org) for information about this organization.

This volunteer support network, recognizing that there is a need, both practical and spiritual, has provided companionship through a multi-denomination ministry. Relying on hundreds of volunteers throughout the New England area, the crews are greeted with the Seafarer's Friend members. Coming on board ships to visit with crew members who might not be able to leave the ship, where they have stayed for weeks at a time, is a welcomed respite for these crew members.

I was so pleased to find that members of the Andover community, beginning with Andover-Newton Theological Seminary, have been supporters for years, as well as Gordon-Cromwell, Harvard and Boston Universities Schools of Theology. The tie-in for Andover goes back to the early years of Andover and Phillips Academy, when young men were sent as missionaries to countries the world over. Andover in the early years was a primary area for "printing" religious treatises.

The Seafarer's Friend organization does depend on volunteers to contribute time and when possible, hands on help, by providing knit hats and scarves for crew members who may not have realized the cold New England winters, and "ditty" bags. What is a ditty bag? "A sailor's cloth bag for personal belongings or tools." Today, the "ditty" bag is a welcomed gift for crewmembers who have been away from their home and loved ones for many months.

It is amazing to me that an organization that began 187 years ago, through volunteer efforts alone, is still going strong and providing a piece of true humanitarian care to others across our world.

STRAIGHT FROM Sal's PIZZA SINCE 1990 BOSTON'S NORTH END
NORTH ANDOVER
Get your Valley Patriot at SAL'S!
490 Main St.
978-689-7374

Activities, Announcements North Andover Senior Center

People 65 and older should not wait for flu season to start to get their annual flu shot. Get vaccinated as soon as possible when vaccine is available because the body's immune system and its ability to fight illness decreases with age, meaning older adults are more vulnerable to the flu and its related complications. There are a few vaccine options available, and some have been developed for specific stages of life. In addition to the traditional flu vaccine (which helps protect against three strains of the flu virus), there is a quadrivalent vaccine (which helps protect against four strains), and a higher dose vaccine that is designed specifically for adults aged 65 and older. By improving the production of antibodies in older patients, the higher dose vaccine can provide a stronger immune response to influenza than traditional vaccines. The flu can be easily passed from person to person, so it's important that those who spend time with older adults, such as family and caregivers, also get vaccinated. An annual flu shot is a Medicare Part B benefit. This means that the vaccine is covered with no copay for Medicare beneficiaries 65 years of age and older. Talk to your health care provider today about the dangers of the flu, the benefits of annual immunization to help protect against the flu, and the best flu vaccine option to meet your needs.

LOOK WHAT'S BACK! Monthly Day Trip to Foxwoods! Comfortable, clean motor coach that leaves from St. Michael's Church on the 2nd Tuesday of every month. Next trip scheduled for Sept 9th. We must have 28 persons for the trip to run. Sign up with our receptionist at the North Andover Senior Center. Trip cost $35.00, includes a food voucher and $10 slot play.

Volunteers are the backbone of the North Andover Senior Center, we currently need Medical Transport Volunteers. You can set your own hours. Call the Senior Center for more information. Speak with our Program Coordinator at 688-9560 for application and assistance.

CONTINUING INTO THE FALL: WEDNESDAY'S "FRESH TABLE" at the North Andover Senior Center at noon. The congregate meal will not be served on Wednesdays. Instead a fresh meal will be prepared in-house. Cost $5, reservation with reception must be made the Friday before. Limited to 24. Check with reception for menu. No refunds or take out.

SUPPER CLUB-Thursday September 18th, Peabody, MA. Bus departs Sr. Center @4:15. Bus charge $6. Sign up begins Sept 3rd.

TUESDAY NIGHT DINNER BUFFETS: The fifth in a monthly series of dinners being offered at the Senior Center, is Tuesday September 23rd at 4pm. Prescott House will be our host with a delicious gourmet dinner. Cost is $3 and you must sign-up in person with reception, which begins September 9th. Limited to 35 North Andover Senior Center Members. See reception for menu.

ONE ON ONE COMPUTER INSTRUCTION: 45 minute sessions for $7. Tuesdays 9-12 with George Chory, Thursdays 9-12 with Tom Kooken. Make your appointments with reception 978-688-9560. This time can accommodate gadgets, too if necessary.

GADGETS CLASS: Mini series of classes focused on learning how to use electronic gadgets such as iPads, Nooks and Kindles. New classes to start in the fall. Express your interest and sign up with reception, 978-688-9560.

NEWS & VIEWS: Every Wednesday at 10–11:30. Come and join in the lively discussion of current events, politics, history and you never know what else.

S.H.I.N.E. Volunteers: (Serving Health Insurance Needs of Elders) Free, confidential counseling on all aspects of health insurance to North Andover residents on Medicare; Call center for an appointment. First and third Tuesday of the month. Check with reception

SR. CENTER: PAGE: 29

Methuen Chief on Drug Epidemic in The Valley

Tom Duggan
VALLEY PATRIOT PUBLISHER

This is part III of our series on Law Enforcement in Massachusetts from our interview with Methuen Police Chief Joe Solomon. Solomon appeared on Valley Patriot publisher Tom Duggan's radio program (Paying Attention!) last month to talk about the city's new "shooter detection system" being used in the Methuen Schools as well as the "militarization of police" and this month, the role of police in helping communities handle drug addiction.

Tom Duggan: How does the Methuen Police Department handle tracking drug dealers in Methuen.

Chief Solomon: "We use layers of defense. Back when I noticed the large number of overdoses before Christmas of last year we put together a task force. We brought Haverhill, Lawrence, Methuen, Salem, NH, Andover and North Andover together. We put together the task force because it's a mobile issue and it affects the entire Merrimack Valley. So, in Methuen we doubled the size of our drug task force. We also forged all these relationships so everybody is working together; we are communicating information and we even did an operation where we worked in each other's cities. I found this very valuable. I had done this back in the late 90's in Lowell and Haverhill and I thought it worked well, exchanging officers in the different communities."

Tom Duggan: How is that valuable to policing drug crimes?

Chief Solomon: "It's invaluable because what we find is that my user goes to your city to buy drugs. Or my dealer goes to your city to sell with the anonymity of being in a city where no one knows who you are. So, you have officers from all over the Merrimack Valley working together in other cities and they say 'hey look there's so-and-so and he's one of our dealers, or 'we locked him up last week he's one of our users' and they start following him. It takes away their anonymity."

"The other part is, it is shared information. We also work with the Essex County Sheriff's department and they have a sergeant assigned to a DEA task force and we have an officer [in Methuen] assigned to an FBI task force, so we have been able to bring those groups in. But that's the police side."

HUMAN SERVICES POLICING FOR DRUG ADDICTS AND PARENTS

Tom Duggan: I'd like you to talk about the plague of drug addiction and dealing in Methuen from a human service aspect and how the police can help addicts and families of addicts beyond making arrests.

Chief Solomon: "Let's talk about the human services side."

"Representative Diana DiZoglio (D, Methuen) started the Merrimack Valley Substance Abuse Task Force. We joined that task force with Phil Lahey [former city councilor] and it has grown. Greater Lawrence Mental Health is in it, we have monthly meetings, we are preparing for a meeting on September 20th (11AM) for a big event at the armory for drug education."

"We hear from parents all the time that they didn't realize there was something going on with their son or daughter. We hear, 'We know he's growing and he's getting big but we had no idea he was involved in drugs.'"

"But that's what's happening. So, we are doing this big education program with the

Merrimack Valley Substance Abuse Task Force. The goal is to educate parents as to what you can do to recognize if your kids are on drugs and show you the resources that are available. The other thing is, as part of this task force we had a man come to us about an organization called Heaven for Hope. He took over the old Mt. Carmel School and he is going to make that a sober house for women."

Tom Duggan: Isn't that sexist to only do it for women?

Chief Soloman: "One of the reasons they are doing it only for women is because if we had a sober house for men, the neighbors would go wild. They are afraid there would be sex offenders there. So, he is doing it for women right now and it's faith based, which I think is good. As we look back, Weed and Seed is faith based, the origins of community policing is faith based. God forbid we say God in a public building these days. God forbid we pray in a public setting, but you know what? What happened as we moved forward from the 50's is that as the faith based organizations have gone away, the crime, disorder and drugs have increased. So, a faith based organization like Heaven for Hope will help at least those women. But, I think it gives us something where we can say we have someone who is detoxing and we have a place to take them."

"What we are working with on the MMV Drug Task Force is giving us beds for people who need help, and giving resources to people with these addiction problems. I am a parent, you, Tommy are a parent. We have to have an answer to the questions like; Who do you go to in order to find drug education? What do these drugs look like? How do parents recognize these things? What are the signs and symptoms of drug use or abuse? What questions can I ask my kid? If I see my child's phone and it has certain words on it, are those slang words for a drugs or some kind of a secret code kids are using?"

"So we have to worry about the behavioral and social services because law enforcement and making arrests alone is not going to solve this problem."

POLICE MONITORING SOCIAL

ADDICTS: 13

North Andover Police Awarded Grant to Combat Underage Drinking

The North Andover police department received a $4,990 grant to combat underage drinking. It is one of 76 grants to local police departments awarded on a competitive basis that varied between $3,500 and $15,000.

The National Highway Traffic Safety Administration (NHTSA) and the U.S. Department of Justice (DOJ) Office of Juvenile Justice and Delinquency Prevention provided $532,000 to Massachusetts for distribution through the Executive Office of Public Safety and Security's Highway Safety Division (EOPSS-HSD).

"This much needed funding helps us target the problem of underage drinking on all fronts," said Chief Paul Gallagher. "Whether you are underage, plan to sell to a minor, or buy alcohol for a minor, this funding promotes our effort to diligently enforce the laws against underage drinking."

Funds support stings/compliance checks for minors in bars, restaurants and retail locations; reverse stings; "shoulder tap" and "Cops in Shops" programs; and party patrols. Through a combination of these techniques, departments analyze and crack down on minors who seek to circumvent the law and people and businesses that enable them. Over the past two years, activities under this grant have resulted in 153 youth citations and 219 arrests. Citations were also issued to 162 adults, and 272 arrests were made across the Commonwealth.

"Teens and parents need to be reminded that underage drinking is not a game. It's deadly serious," said Chief Paul Gallagher. "Parents need to know that hosting a party where alcohol is served to minors is illegal and extremely dangerous for the minors and others in the community. Parents should also know they'll face all legal liabilities."

Progress has been made in Massachusetts over the last several years. Violations for underage drinking decreased 41.5% from 2007 to 2011, and arrests of drivers under 18 for operating under the influence decreased 45.4% from 2006 to 2010. Despite this hopeful trend, more work needs to be done to further reduce underage drinking and driving.

The North Andover police department, in partnership with EOPSS, NHTSA and DOJ recognizes that traffic crashes are preventable, and is committed to using this grant to reduce the number of motor vehicle-related fatalities and injuries in North Andover because any loss of life or injury on our roadways is one too many. Lieutenant Charles Gray will be coordinating the initiative

A list of grant awardees is attached and at http://www.mass.gov/eopss/funding-and-training/hwy-safety/grants/ffy2014-hsd-funding-opportunities.html under "2014 Underage Alcohol Enforcement Grant."

Underage Alcohol Enforcement Grant

Recipient	Award Amount
Amesbury	$ 4,800.00
Billerica	$ 8,000.00
Fitchburg	$ 10,000.00
Haverhill	$ 9,943.36
Hubbardston	$ 4,903.20
Lowell	$ 15,000.00
Methuen	$ 9,978.84
Middleton	$ 4,951.68
North Andover	$ 4,990.00
Tewksbury	$ 4,966.08
Westford	$ 4,959.32
Westminster	$ 4,680.00

Deli Catering Headquarters
Daily Lunch Specials
* Corporate Catering
* Office Parties
* Family Parties
* Wedding Parties
* Party Platters
* Homemade Sausages
* Calzones...
BEST RICE BALLS ANYWHERE!
When Mama Is Not Around... NORTH END DELI We Are !
TheNorthEndDeli.com North End Deli calzonecity.com
95 Common St., Lawrence, MA - phone - 978.688.3539 fax 978.688.3559

Thoughts from Councilor #5

Daniel Grayton
METHUEN CITY COUNCILOR

iAgenda

30,000. That number is a conservative estimate of how many sheets of paper the Methuen City Council will use this year alone. A vast majority of those sheets are used in the making of the "packets" that councilors, including myself, receive in preparation of each council meeting. This is a large quantity but not necessarily a surprising one considering the length and number of documents the council must review on a regular basis.

However, it is worth asking - is there a more efficient and cost effective way of disseminating this information? One possible improvement was introduced during the August meeting by Councilor Sean Fountain. Councilor Fountain suggested that the council look into purchasing iPads, following the example of Methuen High School, whose students now have most if not all of their textbooks on the tablets. While the idea of using iPads for council business may seem cutting edge, the truth is Methuen is playing catch up.

A USA Today article from back in 2010 entitled "iPads saving cities paper costs" profiled several councils across the country who had switched from paper documents to electronic. A quick Google search on the topic shows a clear trend away from bulky and inefficient paper "packets" printed out before every meeting. Replacing these packets with iPads or other electronic devices is proving to save time, money and a lot of paper.

The idea is appealing on several levels. First, as someone who is an advocate for efficiency and keeping spending down, I cannot neglect to look at the very department I am a part of. Second, the time has never been better.

With Corporate IT, now the cities' technology services provider, the city has a IT professional in city hall. This professional is available during business hours to assist with trouble shooting and other day-to-day IT issues. Purchasing the technology can sometimes be the easy part, while using it effectively proves to be the actual challenge. However, having a technologically savvy specialist on-site shrinks the learning curve and minimizes potential growing pains.

Finally, as Methuen continues to encourage residents to take advantage of single stream recycling, which saves the city money, the concept of simply using less cannot be overstated. By adopting an iPad policy, the City Council can move toward leading by example. Utilizing modern resources such as iPads can result in long term savings both by investing in technology and by creating less waste.

iPads aren't just for High School students anymore. They are utilized by businesses and more and more cities and towns on a regular basis. There will be a learning curve and I am not advocating that the Council switch to iPads and instantly scrap the copy machine- the need for some paper documents still exists. What I am advocating, however, is for us as a Council to look into the feasibility of making such a transition. The September 2nd Council meeting saw Councillors Ciulla, Fountain, Jajuga and myself receive electronic copies of some of the agenda items.

Clearly there is a desire to explore more efficient ways of getting information among the Council and hopefully this is just a first step in adopting a larger measure of change.

Daniel Grayton is currently serving as a Councilor at-Large in the City of Methuen. He can be reached at DanielGrayton@gmail.com

Positive Changes Taking Place in Methuen Schools

DJ DEEB
METHUEN SCHOOL COMMITTEE

As the 2014-2015 school year approaches, exciting changes are taking place in Methuen Public Schools. Members of the Methuen School Committee have been working hard over the summer with Superintendent Judy Scannell and Mayor Steve Zanni to ensure that our schools are prepared to service Methuen students and provide state of the art resources for the coming year.

On Thursday, August 14th, a community open house was held to dedicate the new renovated Methuen High School. Hundreds of community leaders and residents attended the dedication ceremony and toured the new state of the art Methuen High School. For the 2014-2015 school year, every high school classroom is equipped with state of the art "Smart" technology and the former failed "open concept" classroom model is a thing of the past.

The new building affords classroom space for teachers to instruct and students to learn without being distracted by other classes around them. Director of Instructional Technology, Ed Lussier, and his staff deserve a great deal of credit for making sure that each classroom is well-equipped. Teachers will also be trained in how to use the new technology in the coming months. In addition, the new cafeteria and auditorium offer students great new space and amenities for lunch and activities.

In April, the Methuen School Committee voted to approve the new High School Program of Studies, which contains a new elective course, 21st Century Skills. The course is designed to help struggling and at-risk students improve their performance on standardized tests and we hope this will help to increase Methuen's MCAS and SAT scores. Also, at the High School, the School Committee voted to implement the Administration's recommendations to add themed Physical Education course electives to give students more options to fulfill their Physical Education requirements. All of these options will be available this fall. In addition, the School Committee has supported the implementation of Saturday detentions to address student discipline problems at the High School.

This past spring, the School Committee was informed by the Department of Elementary and Secondary Education that the City of Methuen is not meeting the state requirements for net school spending. This means that state reimbursements to Methuen schools could be in jeopardy. Kudos to the Methuen School Committee, Mayor Zanni, and Superintendent Scannell who worked overtime this summer to address this deficiency. The City Council wisely approved a $356,000 increase in the school budget to help meet net school spending requirements for Fiscal Year 2015 and to avoid costing the City $1.6 million in state fines for not meeting state spending requirements. The School Committee and City officials have tried to balance being fiscally responsible while at the same time providing fair and adequate funding for our schools and meeting state requirements. A sub-committee consisting of School Committee members Mary Jean Fawcett, Bryan Sweet, and myself has also been appointed by Mayor Zanni to examine chargeback practices by the City. In the coming months we will look at these practices as well as ways to streamline costs to the City, the schools, and ultimately, the taxpayers flipping the bill.

In June, I co-sponsored a motion to reject Common Core PARCC testing and to continue administering MCAS for all Methuen School students through 2015. The School Committee unanimously approved this motion, which was supported by Superintendent Judy Scannell. We believe that the MCAS test has raised the standards for all students in our schools and that additional testing at this time would impose an unnecessary burden on our students. It is my hope that the state will not adopt the new PARCC testing and withdraw from Common Core.

A lively debate has emerged nationally regarding Common Core and many parents, teachers, and residents have correctly recognized that it amounts to a lowering of standards for Massachusetts students. Currently, Massachusetts students rank #1 in the nation and #7 in the world. This has been made possible by MCAS, which despite its flaws, is a more higher-stakes test than PARCC. Republican Gubernatorial candidate Charlie Baker has rightfully called for Massachusetts to abandon Common Core, as has former Governor Bill Weld and former Democratic Senate Majority Leader Tom Birmingham. I will be supporting Charlie Baker for Governor in November and I hope Methuen residents will join me.

On another note, Methuen was one of two school districts in the country to be chosen to pilot a new high-tech gunshot detector. The Guardian System was developed by Shooter Detection Systems of Rowley, Massachusetts and has been made available for installation in Methuen schools at no cost to the taxpayers. The School Committee approved the installation of this state-of-the-art technology in August which uses microphones to record and validate the sounds of a gunshot with sensors and allows emergency responders to know where a shooter is in a school building and to take appropriate action. Ensuring student safety is a top priority of the School Committee and the Superintendent, and we are proud to be the first school district in Massachusetts to acquire this new technology system. Hats off to Police Chief Joe Solomon and his staff for helping to make this possible for our city. The School Department will be seeking grant monies in the future to expand the use of this technology.

D.J. Deeb is a Methuen resident and member of the Methuen School Committee. Deeb is an Adjunct Professor of History/Government at Bunker Hill Community College and an Adjunct Political Science Instructor at the University of Massachusetts Lowell. He teaches Social Studies full-time at Reading Memorial High School. He is the author of Israel, Palestine, and the Quest for Middle East Peace (University Press, 2013) and The Collapse of Middle East Peace (IUniverse, 2003).

Re-Elect

State Representative

Linda Dean Campbell

Integrity, Leadership, Results

Methuen, Haverhill and the Commonwealth!

Committees: Election Laws (Vice Chair), Ways & Means (Budget), & Public Safety. Member: Veterans' Caucus (only woman Veteran in the Legislature)

I ask you for your vote on Tuesday, 4 November !

Paid for By: The Committee to Elect Linda Dean Campbell, 42 Sugar Pine Lane, Methuen, MA 01844
(978) 989-0722 representative.linda.campbell@gmail.com www.statereplindacampbell.com

Methuen Police Searching for Variety Store Bandit

Methuen Police are looking for a man they say has robbed several convenience stores on Merrimack Street in Methuen including Vinny's Liquors, Pleasant Valley Superette, and the Rt. 110 Convenience Store.

According to video obtained by The Valley Patriot, the robber has an accomplice getaway driver who parks outside the stores while he enters the stores wearing a mask and hoodie, wielding a large knife that one witness described as "about 8 to 10 inches long with a silver handle."

Methuen Police Chief Joe Solomon says that they are looking for a black SUV driven by two occupants and ask that the public carefully examine the videos and photos posted in the hopes that someone recognizes the robbers, the vehicle or the writing on the robber's hoodie.

Police description: Male suspect:
Light skinned – White
Approximately 25 to 30 years of age
Approximately 6'0″ Thin build
Little or no facial hair
Black hair
Wearing: Black shirt, jeans (unknown color) Sneakers (unknown color)
Female suspect:
Dark skinned – Black
Approximately 20's
Black hair
Wearing: Red and cream colored dress

A Police Report was released on the Robbery at Pleasant Valley Superette

On Tuesday August 26, 2014, I, (Officer Joseph Rynne Jr.) was assigned to patrol the Merrimack St area of Methuen in marked cruiser 728 from 16:30 to 00:30 on Platoon IV.

At approximately 21:05 Officer Tom Torrisi and I were dispatched to 298 Merrimack St, Pleasant Valley Superette, for report of an armed robbery by knife. The caller informed dispatch the suspect was a male dressed in all black and fled in a black vehicle.

Upon my arrival with Officer Torrisi, Lt. Michael Wnek was already on scene. The clerk, later identified as: [name withheld], was shaken up and upset was present with her father, [name withheld], stated she was the only one working in the store when the store had just gotten robbed. She stated that it involved a male and a female and the male was the only one that came into the store and had robbed her at knife point.

She stated the female waited outside and was driving a black car, unknown make or model, and fled north on Route 110.

Legislature Sends Water Infrastructre Bill To Governor

Linda Dean Campbell
STATE REPRESENTATIVE

In my recent visits on and to the Merrimack River, I was impressed with the water quality. It is still amazing to me how far we have come from those years when the smell of the Merrimack River reminded us of how polluted it really was. I am also amazed at resiliency of nature, especially the capacity of rivers and lakes to recover quickly once the source of gross pollution is eliminated.

Local groups with their many dedicated volunteers that keep the importance of our River in focus are the Merrimack Watershed Council and the Clean River Project. The Watershed Council provides continual water testing among many other functions. The Clean River Project dedicates much of its time to removing trash from the shoreline of the river and removing large objects such as abandoned cars from the river. Cars eventually leak oil, gas, rusting metals, and decaying plastic chemicals. They also move down stream presenting safety concerns for those who use the River for recreation. Very recently, a group of with the Clean River Project identified eight cars close to shore in the City of Methuen.

To help and encourage the many watch groups who provide an invaluable service in monitoring the river, this session, the Legislature passed an important water infrastructure reform bill. Four years in the making, this bill provides for an 88 million dollar increase to the Massachusetts Clean Water Trust which provides funding for communities improving their water infrastructure systems. The legislation also provides 1.5 million dollars for grants to the Clean Energy Center to promote water technology industry innovation.

Thank you to all who promote and protect this great river in our backyard.

State Rep. Linda Dean Campbell represents the Cities of Methuen and Haverhill. She currently serves on the following Committees: Election Laws (Vice Chair), House Ways and Means (budget and appropriations) and Public Safety and Homeland Security. She was recently endorsed by the Massachusetts Sierra Club. 617.722.2305/ Linda.Campbell@mahouse.gov

lyric consulting
full-service communications for businesses and political candidates
media relations and writing website design
all forms of advertising and mailing design
978.494.4450 | www.lyricconsulting.com

BROADHURST TABIT

Where the Merrimack Valley turns to for legal counsel

MERRIMACKVALLEYLAW.COM 978-327-5128

Consoli & Wilshusen
ATTORNEYS AT LAW
Are you fighting over your bills?
Divorce your debt – Not your husband.
Call us today to find out how you may be able to eliminate your debt and restore your credit.
30 Massachusetts Ave. - North Andover
(in the Riverbank Building)
978-682-9643 ~ www.consolilaw.com

Sal Lupoli Donates Space At Riverwalk to Lawrence Police, Pays Utilities, Expenses for New Police Sub-station

Lupoli announces the Renovation of 600,000 More Square Feet of Office Space at Riverwalk

Tom Duggan
VALLEY PATRITO PUBLISHER

Sal Lupoli of Sal's Pizza and Lupoli Properties, owner of Sal's Riverwalk on Merrimack Street in Lawrence has donated 700 square feet of office space for a police sub-station for the auxiliary police. Lupoli is not only giving the space to the City of Lawrence for FREE, but is paying out-of-pocket for expenses and utilities for the new station on Merrimack Street in Lawrence.

At a press conference Wednesday, Lawrence Mayor Dan Rivera praised Lupoli for his dedication to the city and the help he has given the residents.

"We have an exemplary auxiliary police force and we wanted to make sure we supported them the right way," Rivera said flanked by Lawrence police, auxiliary police, and local dignitaries.

"We were able to put ten new police officers on the roads this year. We also can't forget the amount of effort and support we get from the merchants in our community. But, no one in the last few years has shown that they can do that more readily and more effectively in our community than Sal Lupoli and his companies. I want to make sure we thank Sal and his team for all the work they are doing here at Riverwalk and throughout the city to make us a more industrious community."

PUBLIC-PRIVATE PARTNERSHIPS

"This is a great day," Lupoli said from the microphone.

"It's a great day because this is another example of what happens when the public and the private come together to create opportunity."

"First of all ten years ago, eleven years ago, at Riverwalk this complex was a completely abandoned complex. There were no cars in the parking lot. As a result only, and I will say it unequivocally like this, as a result only of the public-private partnership, we were able to contact the mayor much like we did with Mayor Rivera and said 'we can still create more job opportunities, we need a presence. We need to make some of these people who aren't Lawrencians that we want to bring into the City of Lawrence, to feel comfortable. We know what our adversities are; we know what some of the things are that we have to overcome. And today is a commitment of not only the mayor, but the fine people behind me, and nowhere else will you find an opportunity like this or an announcement like this where you find city councilors, state representatives and a whole array of people contributing to the success of something like this here today."

"And it's because of that partnership. It's not just the mayor. It's not just the state rep. It's not just the city council, it's everybody together and these auxiliary police officers that are standing behind me. I am so proud to have them in this organization, but what I am really proud of sir," he said looking at Mayor Rivera, "is that when they want a cup of coffee, they are going next door (to Coffee Cann), when they want a slice of pizza, they are going to go right down the street (to Salvatore's), and when they want a scoop of ice cream, it's right next door to them (at ScoopTopia)."

600,000 MORE SQUARE FEET OF OFFICE SPACE

"So, I want to tell you how much I appreciate Mayor Rivera. It's because of your leadership mayor, that the Lupoli Companies will continue to move forward. We are proud to tell you that we are in a position right now to renovate and expand another 600,00 square feet of opportunity in this complex you see right here and the building next door where you see almost 4,500 new jobs. So, what great things we are going to do together with the city, with the state, it's because of your leadership and the leadership behind us that we are going to be able to do that."

The Valley Patriot asked Lupoli why he was paying for utilities and expenses out of his own pocket for the new Lawrence Police Sub-station.

"You know, the city can't do it all by themselves. The city has budgetary constraints. We all want more police on the road and more police protecting us. The more police we have, the better product we have to sell, which is the city. I think if all the merchants came together, and all the developers came together and we understood that we can all do our own little things to support [the city] so that they can spend the money, not on rent, not on expenses and utilities but more on getting the police on the road, that's helps everybody.

LUPOLI WAS ASKED WHY HE IS SO COMMITTED TO LAWRENCE.

"It's my culture, you know what is my culture? My culture is coming from a family that knows how to work and didn't have a lot of opportunities, that knows how to put your boots on every single day and go to work and work hard. And from that, opportunity is created. So, I looked at this as an opportunity in a section of the city that was abandoned and nobody had a lot of faith in, and we root for the underdog, we are underdogs ourselves."

"We saw this as an opportunity to create something from nothing. But we realized that the key, the special sauce if you will, the key ingredients to this is time. We are not coming into the city of Lawrence to make a quick profit and then jump out. You have to be committed to the city because with that commitment comes responsibility and we have a responsibility to the city to provide jobs, create opportunities, make an investment and not just run away. We are not a buy and then sell kind of organization. We are committed, we are buy and hold."

ACT Protective Services, LLC
Armed Protective Services
Scott Jenkins
Phone: 508-523-5105
actprotectiveservices@gmail.com
Kingston, NH 03848
License No. SA-719
www.actprotectiveservices.com

Tomorrow's Eagle~Tribune Stories ... TODAY!
ValleyPatriot.com
FIND US ON FACEBOOK
Get Daily News Updates, Read Previous Stories,
Download Prior Editions, Search Our Massive News Archive!

THANK YOU A&B FLOORING FOR YOUR LOYALTY AND SUPPORT!
~ Tom Duggan
A&B FLOORING
HARDWOOD FLOORS - HANDCRAFTED INLAYS - INSTALLED - SANDED - FINISHED
CUSTOM DESIGN INSTALLATIONS - FREE ESTIMATES - FULLY INSURED
RESIDENTIAL • COMMERCIAL
SINCE 1934
978-681-1098
www.abwoodflooring.com
Bob Joncas

HAVE YOU CREATED A PLAN TO PROTECT YOUR FAMILY
IN THE EVENT YOU ARE NO LONGER HERE?

REMEMBER . . . It's never too early to consult an attorney about life changing events that affect YOU AND YOUR FAMILY! Attorney Paul D. Lambert has been assisting people like you with their estate planning and real estate needs for more than 23 Years.
Call: 978-609-6420 E-Mail: PDLLAW@comcast.net
Call or e-mail ME, Attorney Paul D. Lambert for a free initial consultation!
Concentrating in Estate Planning (Wills & Trusts), Probate, Real Estate, Landlord-Tenant Law, and Business Law since 1990.
Make Attorney Paul D. Lambert ***Your Family's Lawyer*** ™

VALLEY MONUMENTS

BUILDING MEMORIES THAT LAST FOREVER

MONUMENTS
CEMETERY LETTERING
MARKERS
CARVINGS
SCULPTURES, & ETCHINGS
MONUMENT CLEANING
LANDSCAPE GRANITE
ACCESSORIES

ANY DATE (EXAMPLE: 2014)
ENGRAVED $75

SIMILAR SAVINGS ON
ALL ENGRAVING

Translator available by appointment

1111 RIVERSIDE DRIVE, METHUEN, MA 01844
EMAIL US AT INFO@VALLEY-MONUMENTS.COM
PHONE: 978.685.8500 - FAX: 978.685.8510

BUSINESS HOURS: MON-FRI: 9-5PM, SAT: 8-12PM
OR ANY TIME BY APPOINTMENT.
WWW.VALLEY-MONUMENTS.COM

A FAMILY BUSINESS FOR FIVE GENERATIONS

PICK UP YOUR VALLEY PATRIOT AT STUDIO 13

Studio 13
A FULL SERVICE SALON

New clients receive
10% off
your first visit

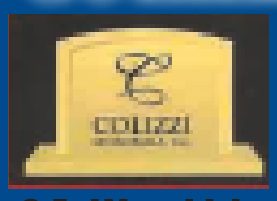
Existing clients refer a friend & receive 20% off your next visit

This offer can not be combined with any other offer. Coupon is subject to verification.

Celebrate our partnership with Mall at Rockingham Park, Purchase $250.00 in mall certificates & receive a Certificate for A Complementary Consultation Shampoo Cut & Style.

Experienced Stylist, Massage Therapist, Nail Techs-Job/Rental opportunities available
www.Studio13inc.com info@studio13inc.com
283A Merrimack Street, Methuen * Rt. 110 - P: (978) 683-7329

COLIZZI MEMORIALS



Michael A. Colizzi: President
217 Merrimack Street, Methuen, MA 01844
(978) 674-7035 * Fax: (978) 674-7037
Colizzimemorials@comcast.net
www.colizzimemorials.com

Colizzi Memorials is committed to helping famliles capture the spirit of their loved ones by building beautiful, lasting tributes that will stand the test of time.

Merrimack Valley's Premier Memorial Provider

MONUMENT SALES
CEMETERY LETTERING
BRONZE, MARKERS
CIVIC MEMORIALS
MAUSOLEUMS
COLUMBARIUMS
MONUMENT CLEANING

Quality Craftsmanship at Affordable Prices

We are independently Owned and Operated.
NOT affiliated with any other Corporation

Painting
Plumbing Fixtures
Electric Fixtures
General Carpentry
Bathroom Repair
Kitchen Repair
Windows, Walls, Doors
Outdoor Projects
Flooring
Unfinished Projects
Complete Maintenance

Free Estimates • Fully Insured

JMR Handyman Service

978.967.9711 • jmrhs.com

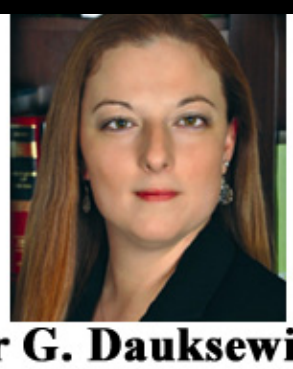
JAYSON M. RUFFEN
Master Handyman • Experienced Professional
jmrhandyman@gmail.com

Employment Law * Family Law * Criminal Law * Bankruptcy

Ellen C. Shimer-Brenes, Esq.

*Unemployment Benefits
*Sexual Harassment
*Wrongful Termination
*Age / Race / Gender / Religion
*Representing Employees & Employers
*Landlord Tenant Law
*Custody / Visitation
*Child Support Alimony
*Contempts / Modifications
*Divorce / Separation Agreements

SHIMER and DAUKSEWICZ, LLP



Taylor G. Dauksewicz, Esq.

*Guardianships / Adoptions
*Motor Vehicle Offenses
*Assault / Battery
*Drug Charges
*Probation Violations
*Larceny / Embezzlement Cases
* Wills
*Chapter 7 Bankruptcy
*Health Care Proxy
*Power of Attorney
*Qualified Domestic Relations Orders

www.s-dlegal.com MasterCard VISA (978) 225-6197

Methuen High Students Find Success Through LARE Institute Program

Mikaela Reynolds
VALLEY PATRIOT CONTRIBUTOR

Good grades were something Valeryn Polanco, 18, had always worked hard to earn. So when those grades started sliding her senior year at Methuen High School, leaving her in danger of not graduating on time, Valeryn sought out an opportunity to turn things around.

She, along with nine of her classmates, enrolled in the Senior Success Program, an opportunity made possible through a partnership between LARE Institute and Methuen High School and funded by a grant from the Merrimack Valley Workforce Investment Board.

Through the program, ten seniors, all of whom were in danger of not graduating on time, transformed their transcripts, their self-esteem, and their futures.

"For some their GPA's were low, some had poor attendance, others had missing credits, and some had personal issues," said Carol Sholik, grant coordinator for LARE and program liaison. "We worked with the school to identify the most willing and motivated students."

Sholik said the ten students who were selected to participate, were just the right fit.

"It felt right from the get go. There was so much untapped talent in our group of students," she said. "These students wanted to graduate on time. They wanted to walk with their class. That was always loud and clear."

In February, Valeryn and her classmates began the program, which consisted of after school tutoring and STEM (science technology, engineering and mathematics) exploration at the high school with science teacher Melissa Tobin, as well as the exploration of three occupational areas at LARE Institute. Just months later, the students completed internships in their fields of interest and finished the program.

All ten students graduated from the program and from high school on time, walking proudly across the stage with their classmates. The students worked together to raise their GPA's, credit counts and attendance, finishing the program in June with GPA (Grade Point Average) growth of as much as one whole point.

"I feel more confident after the program," said Valeryn. "Now I can have a career."

After trying her hand at Medical Assisting/Health Technology, Electronic Manufacturing Technology, and Business Technology, Valeryn chose to enroll in LARE Institute's Medical Assisting Program, which she will begin attending this month.

"The programs here are great and they can help me find a job," she said of choosing LARE Institute.

Valeryn shared her future plans to pursue her passion for nursing. She said she plans to earn her certification in medical assisting this year and put herself through college for nursing starting next year.

"This was a great opportunity," she said of the program. "I had a great time working with great people. I would definitely recommend it to others."

LARE Institute Director Sheryl Scannell said they hope to offer the program again in the future.

Valeryn and her classmates were recognized by LARE Institute in July in a celebration of their hard work.

"We held the Luncheon Celebration to honor them and their accomplishments and bring everyone involved together," said Sholik, noting the efforts of the LARE team, Tobin, Methuen High Guidance Director John Crocker, and many others.

Among the ten participants, two were hired at their internship sites, four will begin attending LARE Institute this month, three began classes at Middlesex Community College, and one moved to Salem, Mass. where

LARE: PAGE: 39

MARCOS DEVERS & DAN RIVERA
Make a Great TEAM!

Marcos Devers has worked hard to represent all Lawrencians at the State House. Whether you are from North Lawrence or South Lawrence, whether you are Latino or Anglo, Marcos Devers is fighting hard to make sure ALL Lawrence residents have their voices heard at The State House.

That is why Mayor Dan Rivera has endorsed MARCOS DEVERS for State Representative in November!

Re-Elect
Marcos Devers
State Representative
DEMOCRAT

Paid for by the Committee to Elect Marcos Devers

Kathy's Lawrence Notebook

The Perils of Being a Welfare City

Kathy Runge
VALLEY PATRIOT COLUMNIST

With four murders in Lawrence during August, the National Day of Remembrance for Murder Victims couldn't be coming at a better time. There's been a ceremony marking this day in Lowell for many years and this year marks the first time the day will be observed in Lawrence. Events are sponsored throughout the nation by the group Parents Of Murdered Children (POMC); the events in Lowell and Lawrence are sponsored by the Merrimack Valley Chapter POMC.

According to the POMC, "There is a homicide every 34.5 minutes in our country, this ceremony hopes to raise community awareness around this issue. It doesn't just affect the victim; it affects family, friends and the community. We hope that by raising awareness of the impact that homicides have, we can stop these horrible crimes."

The ceremony will be held September 27, 2014 from 1-3 PM on the Campagnone Common. There will be several speakers including Lawrence Mayor Daniel Rivera, State Reps. Marcos Devers and Frank Moran, Lawrence Police Chief Fitzpatrick, survivors and others. The Lawrence High School Girls Ensemble will perform and Stone Hill College student Dariana Guerrero will read one of her works. Additional events include a reading of victims' names, a balloon release, and an open mic session.

Lawrence resident Lee Fickenworth, the organizer of the Lawrence event and participant in the Lowell Day of Remembrance Ceremony since her son's murder, said, "Being a parent of a murdered child, I feel the pain of others that lose their child to a senseless act. I decided that the Day of Remembrance should also be [observed] in my community, which is Lawrence. I want other families to have the opportunity to experience what I experienced five years ago after my own son's murder."

National Day of Remembrance for Murder Victims Ceremony

When: Saturday, Sept. 27, 1-3 PM

The program starts at 1 PM, come early to view the displays, get a balloon to honor a victim, and sign up for the open mic.

Where: Campagnone Common, across from Lawrence City Hall.

The public is invited, with a special invitation extended to survivors. Family and friends of victims are encouraged to bring a photo.

For more information or to add a victim, contact Lee Fickenworth at www.Lee8531@gmail.com or (978) 885-9242.

Additional information about POMC can be found at www.pomc.com and at the ceremony.

The recent murders cause me to wonder (again) why we have so much violent crime in this city. There are many reasons for this, but the one thing that strikes me from news reports is the lack of witnesses in many of these incidents. I can't get over it. Surely somebody saw something that would help the police. We know there's a justifiable fear of wit-

LAWRENCE: PAGE 29

ADDICTS: FROM PAGE 7

MEDIA

Tom Duggan: We saw that you took a lot of grief from civil libertarians over the arrest and terrorism charges of the kid who made threats on social media. How do you use social media to combat drugs in Methuen? Do you check the Facebook pages or twitter accounts of people you know are drug dealers and use that to monitor criminal activity?

Chief Solomon: We do. And we are aware of a website that is used, it's similar to Craig's List but it's a local website where stolen items are put up for sale. So, yes we monitor that constantly but we are also watching social media. But you know the biggest part of social media in combating crime is, for example: I received two messages last week saying 'hey, check out this person's social media page'. When I went to their social media website they had drug paraphernalia and photos of marijuana growing in their apartment, in our city, openly talking about it and showing it's for sale. So we give that to my drug unit."

"But, we have also been working with a company called Media Sonar for about four months and we were ready to sign a contract with them but it was the end of the fiscal year so we have to go back to them in the new budget cycle. Not only do they monitor social media for crimes being committed like drug dealing, but for things like the safety of children."

This Media Sonar, in a major incident like a flood, a big storm, or God forbid a shooting at a Methuen location, we will be able to use our Media Sonar and pull up all the social media pages on a specific location on a map and see every public tweet or posing on Facebook or Instagram picture in that area. What I have found is, let's say the incident is happening in WCAP's building, I can zoom in and see it's the second floor, third window from the right, and there's a person in that office and pinpoint their exact location."

"The technology out there is unbelievable."

Tom Duggan: Do you worry about abuse of this technology? People with 1st Amendment concerns are going to go wild with conspiracy theories that this is just more government intrusion.

Chief Solomon: "There is a possibility for abuse but that's why we have you. People like Tommy Duggan are going to fight and dig, and find out what is going on and talk about the 1st Amendment and the 2nd Amendment and expose the abuses that might be going on by police. The news media is very important to this democracy. You have to watch us [police] and believe me, we all know we are being watched. You ask the real questions Tommy, and we need people like you to be a check and balance on police and government to make sure this technology is not abused and people's rights are not trampled on. I know you, and I know you love cops and you support the police, but I know you demand answers too and hold everyone accountable."

Solomon says that the epidemic of drug overdoses and suicide attempts by addicts in the area has spiked so high that he and other law enforcement agencies are looking for new ways to deal with the issue in the Merrimack Valley.

Solomon has been the Chief of Police in Methuen since 2002, and has been a police officer for 28 years.

TOM DUGGAN'S NOTEBOOK

SEE TOM'S ELECTION NOTEBOOK ON PAGE 19!!

TWOMEY'S MISLEADING SOCIAL MEDIA POSTS CLAIMING OTHER CANDIDIATES "AT A FUNDRAISER FOR ME"

A social media post by Republican Lawrence City Councilor Roger Twomey is causing controversy after Twomey mislead his supporters to believe that the photo he posted on a social media site Twitter was at a fundraiser for himself.

Twomey (R) is in a three-way race with former Lawrence Mayor William Lantigua (I), and incumbent State Rep. Marcos Devers (D) in November.

Democrats and Republicans alike called the Valley Patriot offices Sunday asking why State Rep. Jim Lyons (R) and Andover Selectman Alex Vispoli (R, Candidate for Senate) would be supporting fellow Republican Roger Twomey when Twomey is said to be in the State Rep. race in Lawrence to help his longtime ally Willie Lantigua to regain his seat in the legislature.

"I was at a joint event with all the Republican candidates, I was not at a Roger Twomey fundraiser," Andover Selectman and candidate for State Senate, Alex Vispoli said. "I was there to promote my own campaign as I'm sure everyone else in the room was. It was a great event."

A letter sent to all Republican candidates in the area was obtained by the Valley Patriot early Sunday night showing that an event was held at Lenzies Function Hall in Dracut for all republican candidates for state office in The Merrimack Valley.

The letter makes it clear that the event is not a Roger Twomey fundraiser and states that because Charlie Baker could not fit all their individual fundraisers into his schedule, holding one event for multiple candidates would give each candidate a chance to raise money and network with other campaigns.

LAWRENCE - Mayor Dan Rivera presents the Mayor's Breakfast for Scouting! Tuesay September 30th, 7:30-9AM at the Lawrence Elks Club, 652 Andover St. The event is in support of the Yankee Clipper Council of the Boy Scouts of America. Most people may not know that Mayor Rivera was a Scout, Scoutmaster and summer camp counselor and is proud to be hosting this event to promote scouting and good citizenship.

SALISBURY - It has been one year since the Valley Patriot published the Town of Salisbury's $80 Million Lie: Sisters Discover Sewer Project 100% Paid for with Grant Money. The story is about the Tomaselli sisters who have been fighting the town over what they say is a fake sewer betterment in 1992. One year later, the Town of Salisbury is still trying to take their home.

Since writing our initial story the Salisbury Town Manager Neil Harrington made a public speech vilifying the Valley Patriot (and of course we published every word of it). He claimed to have proof that the Tomaselli sisters had not paid their taxes (we have evidence they have).He claimed that the Valley Patriot story we initially wrote was "full of falsehoods" and distortions. Yet here we are a full year later and Mr. Harrington has yet to produce one document to prove our story was untrue, or that the Tomasellis "never paid their taxes".

We even sat down with the embattled town manager last month to discuss a public records request that he tried to charge us more than $500. During that meeting Mr. Harrington assured myself and a colleague that he was going to turn over public documents that we had been requesting for months.

As of the minute we went to print the Town of Salisbury, and in particular Neil Harrington, has not only failed to produce one piece of paper validating any of his public claims about our story. He and the town have failed to turn over public records in violation of MGL Ch 66.

Lawrence City Councilor Roger Twomey taking a little liberty with the truth in a tweet last month where he mislead voters to think that the representatives and candidiates in this photo with he and Charlie Baker were at "A Fundraiser for ME" when in reality it was not a fundraiser for Twomey but a GOP fundraiser for all the Merrimack Valley Republican candidiates.

We eagerly await the documents showing how much the multiple Tomaselli lawsuits have cost the town under the management of Mr. Harrington. We believe our readers should always know how much of their tax money is spent on such endeavors.

The Tomasellis were recently on a local television show called Activate Worcester. This Activate Worcester show host Ron Motta interviewed the Tomasellis on Cable TV where they explained the Town of Salisbury's $80 Million Lie to the Courts and that attorneys in MA and 38 other states can lie to the judges in Court with absolute immunity. The Tomasellis ask people to contact their legislators to initiate and pass a bill to stop granting absolute immunity to attorneys who intentionally deceive the judges in Massachusetts courts. To view the show visit archive.org/details/ACTIVATEWORCESTER90

Much more in the October edition.

*LOWELL - On Saturday, September 20th, Gervais Lincoln of Lowell is once again sponsoring a Driven to Give event to benefit the Greater Lowell Salvation Army.

From 6:00am until 3:00pm, the public is welcome to come down to the dealership and take a no-pressure test drive in one of the new 2014 luxury vehicles.

For each test drive taken, Ford will donate $50 to the Greater Lowell Salvation Army (up to a maximum of $10,000).

980 WCAP AM Radio will broadcast live throughout the event. Gervais Lincoln of Lowell will host with appetizers and food, live music and entertainment by Ski and the 99ers as well as our own Salvation Army Musical Director Captain Paul, and gift certificates from local restaurants.

Last year, over 350 people came out to take a test drive; we are hoping to beat that this year. Gervais Lincoln is located at 24 Reiss Avenue in Lowell, at the Micky Ward Circle just off the Industrial Ave exit of the Lowell Connector.

LOWELL LAWRENCE - The 3rd Taste of the Merrimack Valley will be held on Wednesday, October 1st from

6:30-9:30pm at Everett Mills Event Space, 15 Union Street, Lawrence, MA 01840. Advance tickets & info at

www.TasteforYDO2014.eventbrite.com

LAWRENCE JOB EXPO Presented by: Lawrence Mayor Daniel Rivera.

Lawrence Mayor Daniel Rivera in partnership with Timberland invites you to participate in the first "Lawrence Mayor Job Expo" that will be held at Everett Mills which is located at 15 Union Street, Lawrence, MA. The event will take place on Thursday, September 25, 2014 from 12-3pm. Set- up will start at 11:30am.

The sponsors are funding this event, which is free and open to employers on a first come first serve basis.

Employer Benefits: Pre-Event Promotion: Direct email outreach to jobseekers. Outreach to Merrimack Valley community including; cities, towns, libraries, community partners and organizations. Promotion includes listing of participating employers and openings. In addition, the City of Lawrence, ValleyWorks Career Center, and the MVWIB will be promoting this event.

Job Seekers Prep: Pre-event job search and prep workshops will be conducted on the same day, from 9am to 2pm in cooperation with the Timberland Servapalooza volunteers and sponsors. Prep includes: Present Your Best Self on a Resume and Job Application, How to Interview and Present Yourself Professionally, and How to Work an Employer Expo.

To register for this event before space is gone, please contact the ValleyWorks Career Center, Business Service Representative: Chuck Masaitis, 978.722.7008 or at cmasaitis@valleyworkscc.org.

*METHUEN VILLAGE CASINO NIGHT - It is that time of year again! Our 6th annual Casino Night is fast approaching and we are very excited for this event. This year it will be held on Thursday, October 2rd from 6-10pm. It is always a fun time for our residents, families, business partners and community. Last year, the Lazarus House Ministries were the recipients of your generous contributions. We are very excited to announce that this year's beneficiary will be The Alzheimer's Association. We are thrilled to be able to support the important work they do.

We need your help and ask for your support. Please consider a financial or gift donation for this great cause. Any business donating $100 or more (or a gift donation valued at $100 or more) will have their logo displayed on our video screen at the event throughout the night. Checks can be made out to "Methuen Village". In the memo please notate "Casino Night".

Please let us know if you will be making a gift donation by September 26th. All gift items should be brought to Methuen Village no later than September 29th so we can create signage for each item and acknowledge your donation. Gift items will be raffled off at the end of the evening.

HOST FAMILIES WANTED - METHUEN AREA: Calling Methuen High School area families! We are looking for families in town to host a foreign exchange teen from Italy for two weeks, September 17-October 2, 2014 hosted at Methuen High School.

About 25 students from Rome, Italy will venture to Methuen this September 17-October 2, 2014. Host families of students who attend Methuen High School are currently needed to welcome one of those students to stay with them for the two-week trip. You do not need to speak Italian in order to host. They are coming here to work on their English language skills and most often are quite fluent in English, as well as learning French or Spanish.

Cara, a Chelmsford High School mom, hosted a 16-year-old student from Spain last year. "We enjoyed the experience so much," explains Thissell. "I must admit I was reluctant to join this program as we speak no Spanish, but she is such a sweet girl and we have lots of laughs trying to overcome the language barrier. My daughter and our exchange student quickly became friends and she fit in with our family marvelously. I truly hope she enjoyed being here as much as we enjoyed having her."

During the program, students and chaperones will visit various classes at Methuen High School, while also touring other areas of the region including Boston, Cambridge, museums and more. They will be busy every day, Monday-Friday. Evenings and weekends will be with host families.

Methuen area families interested in hosting a student should contact Sue Boswell, coordinator with Carousel Student Tours, at 978-835-0133 or hostandgo@charter.net. As long as you have a high school age child in the home, and can get them to the high school for their trips each day, please consider this great extended learning opportunity.

PELHAM OLD HOME DAY is coming soon, Sept 13, 2014! This year's theme is "Celebrating the Arts In our Community." We'll be honoring the Pelham High School Band, Chorus and Art students as well as other music, art, drama, and dance groups in our community.

There will be artisan and crafters booths, where many of our locals are happy to display their best work. The Victor Spaulding Memorial Auction features many large items at great prices. Our White Elephant sale is really mammoth – so many great bargain- basement prices. There's a penny sale with great prizes and raffles to win a beautiful homemade quilt, as well as many other items. Throughout the day at Pelham Old Home Day there is great entertainment on our main stage featuring all kinds of talent. There are also kid's games and activities with prizes! The Grand Parade starts at 3:00 and features bands, teams, community groups, animals and plenty of beautiful classic vehicles. There is a 5K road race sponsored by the Special Olympics.

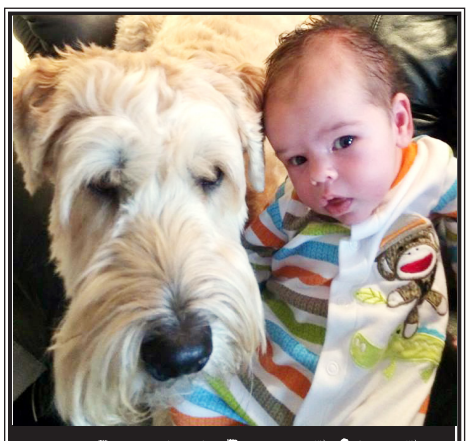
Food tents serve a variety of foods all day long and at the end of the day, we have a delicious Barbequed Chicken Dinner in Fellowship Hall.

Old Home Day starts at 9am and ends at 6pm; it's truly a full day of fun and community. If you'd like to know more about Pelham Old Day, please check out our newly updated website at http://www.pelhamoldhomeday.org. There you'll find a complete schedule of events as well as links to participate in and support this great event.

LAWRENCE CHESS CLUB - The Lawrence High School Chess Club is pleased to recognize Comfort Mainza as the Most Outstanding Chess Player. Andrew Baril earned Most Improved Player honors and Ronney Sanchez was named Player of Distinguished Merit for the 2013–2014 academic year.

Anthony Javier was recognized with the prestigious Estephannie Estevez Memorial Blue & White Award for exemplary attitude, outstanding effort and unsurpassed support to the Chess Club during the 2013-2014 academic year.

CONT. UNDER FREDDIE



FREDDIE SAYS

I'M AN UNCLE !
This Is Caleb my nephew. I can't wait 'till he's old enough to read my column!

SPONSORED BY
DAILY DOSE CAFE
978-557-8601

Ms. Estevez served previously as the Lawrence High School Chess Club president and was very instrumental in the formation and success of the Chess Club at LHS. As a result, the Blue & White award is named in her honor. Ms. Estephannie Estevez attended the Arlington School and graduated from Lawrence High School and the College of the Holy Cross in Worcester.

The Lawrence High School Chess Club is supported in part by a grant from the Lawrence Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency, as well as Eastern Bank Charitable Foundation, The Smeltzer Family, MFA LLP, Mr. James Coleman, The ACE Group, Div. 8 Ancient Order of Hibernians, Leadership Solutions, The White Fund, Inc., Hayes Tavern and Margaret O'Connor, Realtor. Mr. Luke Maus serves as the faculty advisor for the chess club.

WALK TO END ALZHEIMER'S for September 21st.

The 2014 Northeastern Massachusetts Walk to End Alzheimer's® is set for Sunday, September 21st at Brickstone Square in Andover. Organizers expect a record turnout and have already opened online registration for the event.

"The Walk to End Alzheimer's is critically important to funding cutting edge research as well and support services for people who are living with the disease," said James Wessler, President/CEO of the Alzheimer's Association, MA/NH Chapter.

The Northeastern Massachusetts Walk to End Alzheimer's event is chaired by Lisa Sobhain. The event will begin at 8:30am. Included is an opening ceremony and special tribute to those who have experienced Alzheimer's. Other highlights for the Walk include free refreshments, children's activities, the opportunity to connect with local service providers, and the opportunity to learn more about the services the Alzheimer's Association provides. For information or to sign-up to participate in the Northeastern Massachusetts Walk to End Alzheimer's, call 800-272-3900 or visit www.alzwalkMANH.org.

WHITE FUND ENTERTAINMENT SERIES - From Falls to Factories: Lawrence and New Beginnings, Thursday, September 25th, 1:30pm. Lawrence High School, 70-71 North Parish Rd, Lawrence, MA. FREE and OPEN to the PUBLIC

In 1845 there was no town of Lawrence, Massachusetts. There was Andover and there was Methuen, and there was the Merrimack River separating the two. So what happened? Why did the City of Lawrence start, and who was responsible for making

NOTEBOOK: PAGE 36

ARTHUR T. DEMOULAS SAVED MARKET BASKET AND HAS BECOME AN INSPIRATION TO ALL OF US. THANK YOU ARTIE T FOR ALL YOU HAVE DONE FOR YOUR CUSTOMERS, YOUR EMPLOYEES, AND OUR COMMUNITY!

Artie T is an Inspiration to us ALL

It was like a drama from a Hollywood movie. The "good" Arthur T. Demoulas vs. the "evil" Arthur S. Demoulas is how the scenario played in the news and on social media. The evil cousin, consumed with greed, profit, and the bottom line tries to take over a supermarket chain, while the good cousin was fighting for lower prices for his customers and better benefits for his employees.

When the "good" cousin Artie "T" was fired by the board, workers began to protest but more importantly the customers of DeMoulas-Market Baskets began to boycott the store. Days dragged into weeks as empty stores with empty shelves made everyone question the future of our favorite "More for Your Dollar", family supermarket.

Why did the workers and the customers take such a bold stand for Artie "T" and boycott his dismissal?

Talking to the protesters every day it became clear on day one that Arthur T. Demoulas put his workers and his customers first. Employees happily recounted how Artie "T" had helped them during the death of a family member, showing up at their homes with baby formula after the birth of a baby, and donating money and or food to workers who were going through tough times.

The stories were so numerous it would take all 40 pages of this newspaper to recount even half of them.

As a small business owner myself, I was in awe at the way Artie "T" treated his employees but I was even more in awe, in the selfish narcissistic culture we live in today, that the employees and customers actually recognized and appreciated what Artie "T" had done for all of them and what he truly represented to the entire community.

It takes a special person to evoke that kind of selfless loyalty among an American population more consumed with Brittany Spears, weekend partying, their cell phones and MTV reality shows.

But somehow Artie "T" pulled it off. He not only had the full support of his employees and his customers, but also was able to make a huge personal sacrifice to purchase the entire Market Basket Supermarket chain from the "evil" Artie "S" and within 24 hours of his announcement, the workers and the customers were back.

We can all learn a lesson from this saga over Market Basket.

Despite what the media promotes every day on TV and in movies, being a cold, greedy businessman who only cares about profit and bottom line, does not make one successful. Having the respect and love of the people you employ and the customers you service does.

We wish there were more Artie T's out there running major corporations and small businesses. As someone who covered this story from beginning to end, I can tell you that the new saying here at The Valley Patriot Corporate Office is "How would Artie "T" handle this" any time a tough situation arises.

Artie "T" not only inspired his customers and his employees but he is now an inspiration to all of us to "put people first" and bottom line second.

That's why at next year's Valley Patriot Annual BASH! (March 20th), we plan on giving out our very first ever "Artie T Demoulas College Scholarship" to an employee or former employee of Market Basket, among the other scholarships and awards we give away at our yearly celebration.

We also encourage other businesses to do the same, so that future generations will never forget how Artie T saved his employees jobs, the supermarket chain, and made personal sacrifices every single day to make that happen.

While we hardly expect a man as busy as Artie "T" to be reading our little monthly newspaper, it is our hope that the employees and the customers of Market Basket will pass the word along that we at The Valley Patriot recognize his efforts and appreciate all he has done. We are going to do everything possible to follow in his footsteps to contribute to the community the way he has for so many years.

Thank you Artie "T" and thank you to the workers, customers and food vendors for showing the rest of the country what caring for others is really all about.

Thank you as well to all the people behind the scenes who helped the cause of having Artie "T" restored as CEO, including but not limited to, State Senator Barry Finegold, State Rep. Diana DiZoglio, Lawrence Mayor Dan Rivera, Lowell Mayor Rodney Elliott, State Senator Katy Ives, State Rep. Marcos Devers, Congressman Niki Tsongas, and the dozens of local city councilors, selectmen and state officials who saw a good man being treated badly and stood up for what was right.

You are all an inspiration to humanity. The efforts and accomplishments you undertook to make this happen will not be forgotten for a long time.

Now let's take this lesson of Arthur T. Demoulas and pay it forward!

Let's make Artie "T" proud!

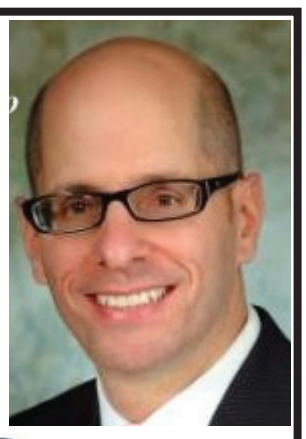
Pick Up YOUR Copy of The Valley Patriot At

MARKET BASKET®
"MORE FOR YOUR DOLLAR"

* Transparency

*Modernization

*Time to Change After 20 Years of the Same Secretary of State



Dave D'Arcangelo

SECRETARY of STATE

davein2014.com

paid for by the Committee to Elect David D'Archangelo

A Plea for True Independence!

John Macdonald
VALLEY PATRIOT LOWELL COLUMNIST

So often we hear the word "independence" related to politics. Independence is viewed as a valued hallmark of what most of us desire in a politician and ourselves, but do we really know what it would mean to have someone independent in politics?

Do we know what electing someone who claims to have an independent streak or an independent quality about them is like? Someone who claims they will speak independently, think independently or act independently if they were elected? So often independence is the word the politician uses, but the end result is the exact opposite of what we the people receive. As a direct result of the candidate's party affiliation the candidate may think they will be independent starting out, but when they arrive to serve, the majority and or minority leaders of their perspective party quickly snaps them into line.

As the electorate, would we have the stomach for someone independent of a party affiliation? In the past independent candidates have come in different forms. Sometimes as candidates running for President like Ross Perot, who started a brief political movement and then formed his own party, really a pre-cursor to the Tea Party movement. Another was former US Senator Joe Lieberman who ran as an independent as a result of being ousted from the Democratic Party primary. And look what happened to once successful lifelong Democrat, Massachusetts State Treasurer Tim Cahill when he broke party lines and ran as an independent candidate for Massachusetts Governor. Democratic operatives including Massachusetts Attorney General Martha Coakley who is now running for Massachusetts Governor herself went after Tim. Tim paid a political price… Tim who?

All too often though, our choice for an independent candidate is someone completely independent of any ideas or an action plan at all. The candidate is often some unknown person who has the gumption to acquire enough signatures to put his or her name on the ballot, but never really gets any grassroots support, comes up short in fundraising and organization, then therefore fails to articulate a message that resonates with the electorate.

A sure sign that you may have a potential legitimate independent candidate contender is when the leadership from the Democratic and Republican parties quickly attacks and delegitimizes the independent. The electorate gets buffaloed into believing the perceived power of the political machine behind the democrat or republican is what is really needed. Political parties are quick in proclaiming victory, before the battle was even waged.

We have all seen it and have we had enough? Wouldn't we like someone only beholden to their constituency? Should we get someone that is beholden to us and not the mantle of their party first? Should we not ask that we have the opportunity to vote for someone who will put their constituents and country first, not the political party?

So often we clamor for the elimination of money in politics. We want the political fundraising to be taken out of politics, so that the candidate can be beholden to no one. We dream that the influence of money in politics can be eliminated, so the candidate can truly be independent. Eliminate the money and then the candidate will not be beholden to special interests and lobbyists. Eliminate the money from the political scene and then the candidates will not be forced to buy and produce the inevitable mudslinging commercials we all get inundated with, hate to watch… but have been proven unfortunately to work on us. Eliminate the money and then maybe we can have candidates that will talk about the issues and solutions to problems that will put this country, our state and town or city back onto the right path of prosperity and properly serving the people. That's what we say, but do we really mean it?

Is this right? I believe an independent candidate is the overall flavor of what most of America dreams of. We dream of truly independent candidates and elected leaders. Is it achievable?

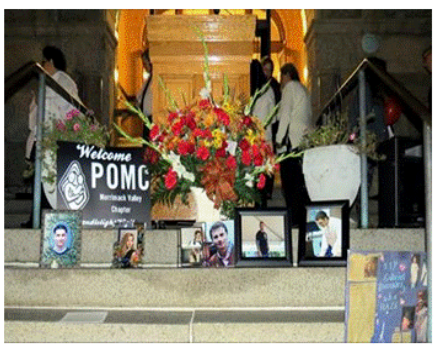
Time will only tell and for all our sakes I hope it is achievable and possible soon. Soon so that "We the People" have a choice of where we want to see the country move forward, rather than a choice between the lesser of two evils.

John MacDonald is the President/CEO of Big Decisions, LLC, which is a management consulting business that concentrates on offering strategic advice on Marketing, Public Relations, Economic/ Business Development and Social Media. John has a long career of success, achieving record results in the communications field and spending over 20 years managing marketing budgets, driving the bottom line in the financial services, restaurant, retail and real estate industries.

Lowell City Hall

Thurs, September 25th
6:30PM

NATIONAL DAY OF REMEMBRANCE



Speakers

Mayor Rodney Elliot
State Rep. David Nangle
Middlesex County Sheriff
Peter Koutoujian
Survivor Michael Santos
Open Mike

The City Of Lowell & The Merrimack Valley Chapter of Parents Of Murdered Children and other homicides victims invite you to our 6th Annual National Day of Remembrance.

Names will be read, including the names from January 2009 to present from the Middlesex County.

The ceremony will conclude with Paul Belley on the saxophone performing "Amazing Grace" and a releasing of balloons.

If you would like to have your loved one's name read please contact Arnie Muscovitz

Merrimack Valley Chapter Of POMC
PO BOX 8737
Lowell Ma. 01853

Phone: 978-452-5858
Fax: 978-455-5121
E-mail: amuscovitz@comcast.net

Presenting Paul Belley on the saxophone playing Amazing Grace

PRIDEStar EMS

Greater Lowell (978) 441-0911 Greater Lawrence (978) 685-0911

"People, Passion, Performance."

ALS & BLS AMBULANCE SERVICE

CHAIRVAN MEDICAL TRANSPORT

EMT TRAINING & COMMUNITY EDUCATION

EMS EVENT DETAIL

www.pridestarems.com

MSC Distributors

T-Shirts & Hats

Military, Biker, Police, Jesus, Custom Made

MSCdistributors.com (978) 866-3269

MENTION THIS AD!

When you Call...

Damphousse Roofing, LLP

Windows & Siding

87 Belmont Street
North Andover, MA 01845

P: 978-683-4588

CATERING TO ALL YOUR NEEDS

*POLITICAL FUNCTIONS *RETIREMENT

*GRADUATIONS *SPECIAL OCCASIONS

615 SOUTH UNION STREET, LAWRENCE, MA
PHONE: 978-687-9321 - FAX 978-687-9162
ACROSS THE STREET FROM THE VALLEY FORUM

COME WATCH THE SOX

Wide Screen T.V.

CALL OR VISIT OUR WEBSITE @ WWW.JBRIANS.COM

LEADING SENIOR LIVING IN NEW DIRECTIONS

ANOTHER RAVE REVIEW!

"I feel protected here and well taken care of. It's nice to have company. The programs are really enjoyable and the musical variety is great. There are so many choices in the dining room. And, the location is terrific - close to my family."

- Frances "Fran" Jacobs
Methuen Village Resident

All-Inclusive Pricing!

Methuen VILLAGE

Assisted Living | Compass Memory Support®

Call for a private tour.
978.685.2220

4 Gleason St, Methuen MA
MethuenVillage.com

FOR ALL YOUR ESTATE PLANNING NEEDS

DIANNE M. O'BRIEN

ATTORNEY-AT-LAW

I am a very well-qualified Estate Planning attorney who will make the process quick, easy, and **convenient** for you – meeting with you in your home if you wish.

- Wills • Trusts
- Health Care Proxies
- Powers of Attorney
- Living Wills • Probate

COMPLIMENTARY INITIAL CONSULTATION

Former Officer in the U.S. Air Force Judge Advocate General Corps – 8 Years

www.attorneyobrien.com

800 Turnpike Street, Ste. 300
North Andover, Ma 01845

978-794-5515

Flat Fees
For Estate Planning Services

EMPLOYMENT LAW

Know Your Rights

* Wrongful Termination
* Unemployment Benefits
* Sexual Harassment
* Breach of Contract
* Severance Agreements
* Americans with Disabilities Act
* Discrimination
* Family Medical Leave Act

CRIMINAL LAW

OUI * Drug Crimes * Assault & Battery * Restraining Orders
Burglary/Robbery

DIVORCE

"Providing Experienced Legal Representation in All Areas of Divorce Law"

* Contested or Uncontested * Child Support
* Restraining Orders * Alimony * Modifications
* Visitation Rights * Custody * Mediation

TIMOTHY F. STARK

Serving The Merrimack Valley Since 1991

Initial Divorce Consultation FREE!

www.timfstark.com

Make Sure You Know Your Rights

805 Turnpike Street, North Andover, MA

VISA 978-937-1330 | 978-685-8777 MasterCard

ANDOVER DCS VALLEY PATRIOTS' SOFTBALL SCHEDULE

Mon – 9/15 – 6:15PM – vs. Park Street Fugitives

Thu – 9/18 – 6:15PM – vs. Hit for Brains

Mon – 9/22 – 6:15PM - vs. Scared Hitless

Thu , 9/25 – 6:15PM – vs. Naked Screaming Toes

Mon – 9/29 – 6:15PM – vs. Hit for Brains

Wed – 10/1 – 6:15PM – vs. Park Street Fugitives

GAMES ARE PLAYED AT REC PARK IN ANDOVER

WANTED TO BUY
OLD PAPER MONEY
And Coins

Free Appraisals - Cash Settlements

Call: 978-884-6641

Trusted. Respected. Leader.

* Create Jobs
* Require fiscal accountability
* Lower our tax burden

He'll Make State Government Work for US, Not Against Us!

ALEX VISPOLI
STATE SENATE
AlexVispoli.com

COFFEE CANN CAFE

Our cafe offers wi-fi, music, and plenty of room for relaxing, business meetings, study groups, or a long chat with an old friend.

BAGEL w c/c
BUY 1 GET 1
FREE
with this coupon
expires 10/07/14

Buy 1
Ice Cream
Sandwich
Get 1 FREE
with this coupon
expires 10/07/14

WE NOW HAVE A DRIVE THRU!!

OUR HAMPTON BEACH LOCATION IS NOW OPEN FOR THE SUMMER!
169 OCEAN BLVD
HAMPTON BEACH, NH
603-601-6643

290 Merrimack St. Suite 1 Lawrence, MA - Next to Enterprise Bank
www.coffeecanncafe.com | 978-208-1907

Massachusetts Primary Winnners - On to November

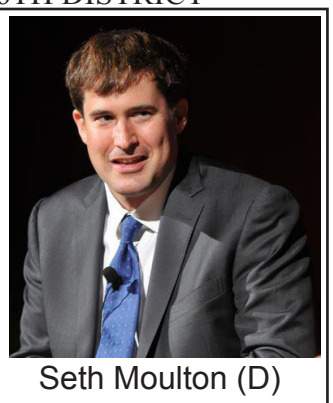
GOVERNOR

Charlie Baker (R)

Martha Coakley (D)

CONGRESS - 6TH DISTRICT

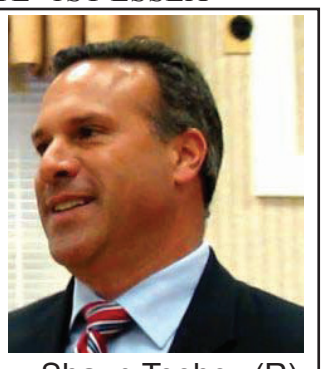
Richard Tisei (R)



Seth Moulton (D)

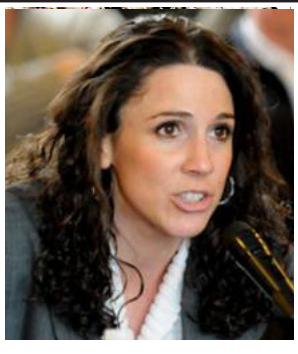
STATE SENATE -1ST ESSEX

*Katy Ives (D)



Shaun Toohey (R)

STATE REPRESENTATIVE 14th ESSEX



*Diana DiZoglio (D)

Rosemary Smedlie (R)

STATE AUDITOR

*Suzanne Bump (D)

Patricia St. Aubin (R)

STATE REP. METHUEN-HAVERHILL

*Linda Campbell (D)

Al DiNuccio (R)

* Incumbent

BOSTON PRESS FAKES POLL NUMBERS IN TIERNEY RACE

I declare shenanigans! Before the September 9th primary elections in MA the Boston Globe and the Boston media was so desperate to inflate congressional candidate Seth Moulten's numbers against John Tierney that they released a bogus poll a week before the election showing Tierney at 47% and Seth Moulten at 44% with a margin of error of +/- 4%.

Those numbers were obviously bogus at the time because this wasn't a two man race; it was a four man race with Marisa DeFranco polling between 6-8% in polls conducted which included all the candidates. Then, the same Boston media which conducted the fake poll, reported on their own poll which did, in effect, bolster Moulton's numbers on Election Day.

This is how the press manipulates voters in the final weeks of an election and they shouldn't be able to get away with it. But with all the news media in Boston drinking the same Kool-Aid I guess The Valley Patriot is going to be the only news outlet to call them on it.

DIZOGLIO'S BIG WIN - State Rep. Diana DiZoglio fended off two challengers in the September primary election this month when she defeated hero Veteran Oscar Camargo and the insiders' hand-picked candidate Phil DeCologero. DiZoglio not only blew out her opponents, but she did so with Lawrence Mayor Dan Rivera and Methuen Mayor Steve Zanni endorsing one of her opponents. In Methuen, DiZoglio defeated DeCologero 7-1 despite Mayor Zanni's impotent endorsement of Phil. Now, Zanni is behind the 8-ball as he is up for reelection next year with a sitting State Rep. and all her supporters really unhappy about Zanni's efforts to unseat her. In Lawrence, DiZoglio also defeated DeCologero with an overwhelming margin and in North Andover (DeCologero's home town), DiZoglio only lost to DeCologero by about 600 votes.

SPEAKING OF DAN RIVERA... Election results in Lawrence show that Mayor Dan Rivera's endorsement means almost as little as Steve Zanni's endorsements in Methuen. Rivera endorsed Steve Grossman (who lost to Coakley more than 2-1 in Lawrence). He endorsed Warren Tolman for Attorney General (who lost to Maura Healey but barely won in Lawrence (51%-48%), he endorsed Phil DeCologero (who lost to DIZoglio in Lawrence 68%-17%). Maybe Dan should focus on running the city of Lawrence instead of trying to be like Willie Lantigua and playing kingmaker in other elections. In my humble opinion, he should have stayed out of all those races and concentrated on saving his own skin from Willie Lantigua who is sure to win the rep race in Lawrence this November now that he has recruited Roger Twomey to split the South Lawrence vote and take votes away from Marcos Devers.

LILLY WHITE LIBERALS IN ANDOVER VOTE FOR LILLY WHITE BABS L'ITALIEN - So, all we hear from the Democrat Party is that they "celebrate diversity" and they are the party that "advocates for minorities" and that one must BE a minority to represent minorities. Yet the lilly-white liberals in Andover had ONE chance to support the ultimate minority, Doris Rodriguez who is a Hispanic woman, over Hispanic man Pavel Payano, and lily-white liberal Barbara L'Italien. Who did the lily-white liberals vote for in the September 9th primary? Why Babs L'Italien of course. This proves once again that Democrat voters talk a good game when it comes to having minority representation in the Senate or other elected offices but they do not walk the walk when given the chance to vote for what they laughingly say they care most about. Very telling.

FOR GOVERNOR ITS COAKLEY vs. BAKER - If ever there was a chance for Republicans to capture the governor's office, this is the year. After Charlie Baker destroyed Mark Fisher for the GOP nomination and Martha Coaley soundly defeating Steve Grossman, it's going to be a matchup between the liberal Baker and the "It's not illegal to be illegal" Martha Coakley. If Baker gets aggressive on illegal immigration, supports secure communities and goes after Coakley for giving a free pass to former Lawrence Mayor Willie Lantigua for years while she was attorney General, he has a decent chance. The question is, will he run another feel good, happy go lucky campaign, or will he take it to Coakley? This race is Baker's to lose.

A VERY LOW TURNOUT – How disgusting it is that so few people voted in the September primary elections? In Lawrence 14% of the registered voters turned out. That's 4,467 people participating in a city of more than 80,000 people. In North Andover and Methuen it wasn't much better. If you want to know why our government is so screwed up, why illegal aliens have more rights than American citizens, why corruption, fraud, waste and abuse are so rampant in every level of government take a look at those numbers again. They show the exact reason why this country is falling apart. As fewer and fewer people participate in government elections, more and more power is concentrated into the hands of fewer and fewer people. Anyone who didn't vote on Sept. 9th should be ashamed of themselves. Let's see a higher turnout for November as the people running for office will be in charge of our government for the next 2-4 years and their level of performance will affect our daily lives. PAY ATTENTION! Read up on the candidates, talk to your friends, and get your asses out to vote. Most people around the world do not have that right, for us to take it for granted is giving away our freedom.

WE THOUGHT SHE WAS DIFFERENT – Doris Rodriguez ran for State Senate against L'Italien and Pavel Payano with a very different message: lowering taxes and fiscal accountability. We had high hopes for Doris especially after she bucked her own party platform to fight for what she believed was right. "I'm for the people" she said in an interview on 980WCAP. But, upon being defeated, Rodriguez turned her back on "the people" and her fiscally conservative morals to endorse the most liberal, pro-taxes, pro-spending candidate in the state, Barbara L'Italien. So now Doris Rodriguez is "for the party" not "for the people" and we find that very disappointing. Of course we know why she did it, it was selfishness. "Im a Democrat" Rodriquez told us after the endorsement. After all, if she wants to politically benefit in the future she will have to tow the line and sell her soul to the Democrat party and support the Democrat nominee.

But again, we thought Doris was different. Her platform of lower taxes makes her much more in line with republican Alex Vispoli. If she cared more about her "people" and her values she would have endorsed Vispoli and taken the political hit showing she really IS "for the people". Sadly, her platform and her values were less important than climbing the political ladder and bowing down to the party bosses and kissing their ring for future support. It's not that surprising given the current political climate I guess, it's just a huge disappointment. We thought Doris was different. She isn't.

Casa deSilva
Real Estate and Property Management
REAL ESTATE SALES and LEASING / PROPERTY MANAGEMENT and MAINTENANCE
Contact Johanna Llibre – Cruz
Real Estate Manager / Real Estate Licensee / Se Habla Español
978-858-3500 / jllibre@silva-associates.com
Licensed RE Brokers MA and NH
www.silva-associates.com
A division of Silva Associates, Real Estate and Property Management, Inc.
We support the Valley Patriot – Please support us and keep 12 of your neighbors employed.
God Bless America

Jewelry By Colleen Marié
"Specializing in Natural Sea Glass Jewelry"
Colleen Flanagan, Artisan
Custom Design & Bridal Sets
North Andover, MA 01845
Tel 978 337 6181
Fax 978 258 6210
cmfofboston@comcast.net
www.JewelryByColleenMarie.com

t

Laborers' Union
(LOCAL 175)
Proudly Endorses

Diana DiZoglio
State Representative - 14th Essex

"Diana DiZoglio cares about workers' rights and working families. Unlike her challenger for this seat, Diana DiZoglio will represent <u>your</u> views and <u>your</u> priorities when she votes at The State House. There is <u>no</u> candidate in this race who will fight for jobs in the Merrimack Valley more than Diana DiZoglio."

~Mike Gagliardi,
Local 175 Laborers' Union of North America

Valley Patriot Political Cartoonist Dave Sullivan of Dracut was recently in the play “CHICAGO”. Congratulations Dave and thanks for being such a talented artist making custom made cartoons for us every month. (see page 15).

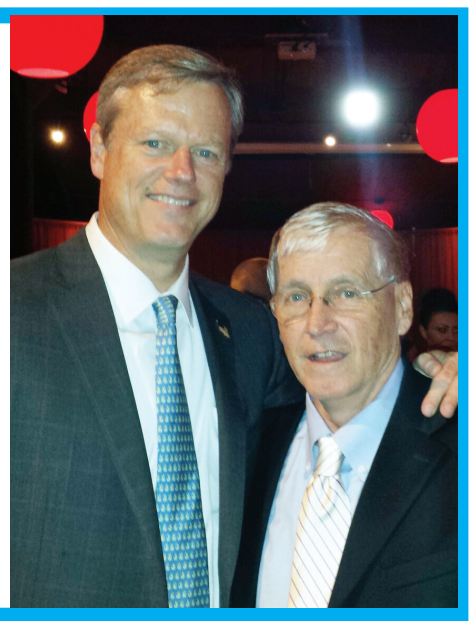
North Andover Town Moderator Mark DiSalvo (left) recently swore in a new Finance Committee. Members from (l to r) Liz Gerron, Thomas Ringler and Chris Nobile; reappointed member Don Elliott.

WELCOME BACK MARKET BASKET!!

State Rep Diana DiZoglio (D) Methuen (top photo, second from left) was on hand to welcome back the Market Basket employees on the day after Artie T announced he had bought the company. With the return of Artie T, we remind you that you can pick up your Valley Patriot at Market Baskets all over MA and NH. With Diana DiZoglio are: (L-R) Manny Ma of Lowell, Angel Porter of North Andover, Ken Mercer of Tewksbury and Carolina Agudealo of South Lawrence.

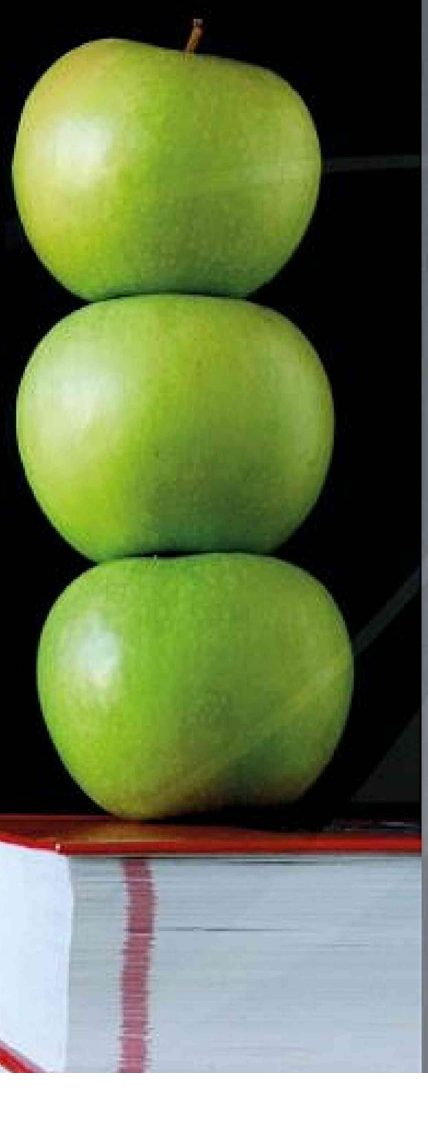
Vote Republican
Doug Sears
for State Rep
November 4th
Wilmington,
Tewksbury

Follow Doug on Twitter
@DougForRep



Doug
SEARS
STATE REPRESENTATIVE

WHY CHOOSE
Century 21
McLENNAN & Co.



A - OUR AGENTS ARE
SMARTER, BOLDER, FASTER
We have moved over 35,000 local families
B - WE KNOW HOW TO SELL YOUR HOME
More Money in a Shorter Period of Time
C - OUR MARKETING PLAN
- Provides You with a Neighborhood Expert
- Gets You Top Billing on ZILLOW ,TRULIA HOMES.COM and REALTOR.COM
- Exposes Your Home to Ten's of Thousands of Friends Via FACEBOOK, TWITTER and LINKEDIN

2 CONVENIENT LOCATIONS:
METHUEN
188 Broadway . Rte 28
978.683.8008
BRADFORD
Knipe Rd . Rte 125
978-373-2100
C21MCLENNAN.COM

Lawrence Mayor Accuses Investigators of "Dragging Their Feet", Says Lantigua's "Pavegate" Cost State Taxpayers More then $600K

Mass Dept. of Transportation and Inspector General Reportedly Investigating Lantigua

Valley Patriot sources at the state's Department of Transportation say that the department has been working with the state's Inspector General as part of a multi-agency criminal investigation against former Mayor William Lantigua over a paving scam Lantigua was involved in while he was running for reelection.

State officials told The Valley Patriot that the private paving company "Highway Rehab" out of New York came into the city and paved the roads but didn't seal the roads with weather sealers, leaving the streets to fall apart less than a year later. Highway Rehab then submitted a bill to the city. That bill, Mayor Rivera says, will not be paid as they didn't go through the proper procurement procedures.

Lantigua singed a waiver with the paving company to have them do more streets in a shorter period of time and plastered signs on each street saying that the streets were being paved due to the efforts of "Mayor Lantigua" even though the streets were paved with state transportation money secured by State Rep. Marcos Devers in the state legislature.

Standing on a huge pothole on Osgood Street, which was paved by Lantigua in October of last year, Mayor Rivera said that the Lantigua "Pavegate" scandal is costing the city an additional $600,000 to repave them the right way.

RIVERA ACCUSES INVESTIGATORS OF "DRAGGING THEIR FEET"

Flanked by State Representative Marcos Devers, Rivera used tough language challenging law enforcement and state agencies to "prosecute everyone involved." He also said that he was frustrated that the investigation has taken so long and that he has been "kept in the dark" as to the status of the criminal investigations, saying more agencies need to be investigating.

"Let me tell you something, if I wasted $600,000 at a private company charges would be brought against me," Rivera said. "There's no reason why it should be any different for the city."

"Today I'm calling on those investigating this matter, and those who should be investigating this matter to prioritize it and to bring closure to it. It's very important that people be held responsible for this. Lawrence often times gets a bad reputation for not doing the right thing. But, it's hard for us to bring law and order when, in matters of this import , it appears the authorities are not going after those responsible. "

Rivera hinted that he had heard that the FBI may be investigating but once again said his administration was left in the dark.

"The city will clean up this mess, and we will use state dollars to do it. But someone else will have to go after those who caused this very expensive mess. I'm not sure why they are dragging their feet. Over $600,000 has been wasted, it appears that bidding laws have been broken and circumvented. They should be all over this. At the very least they should tell us where they stand in the investigation because currently we are in the dark."

"Where is the legal process, I ask? The longer they wait to hold someone responsible, the longer the public good is ignored that just means that justice is denied to the taxpayers, and [leads to] the sentiment that government waste is not only tolerated but will be ignored and will fester…"

Mayor Rivera said that investigators have approached different department heads and asked them to make statements about the Lantigua paving scandal, but said he has no idea who those investigators were or what agency they were from.

Asked if his office was investigating and if he was doing an internal investigation to find out what city workers may have been involved River said "We've done the investigation we know what happened now it's a matter of people who should be [criminally] investigating."

LANTIGUA'S THIRD-WORLD POLITICAL STRATEGY

State Representative Marcos Devers (D-Lawrence) told The Valley Patriot that Lantigua "took this Chapter 90 money and used it to campaign by paving certain streets he needed at election time and then put up signs with his name on it. It was like free campaign money. That's not right, not with our state tax dollars. This was a waste of state money."

"Willie Lantigua used a third world political strategy to impress voters at a time close to the election date by trying to show that he was working for the people. But he wasn't. It was all a show. He was not using the proper procurement procedures, he didn't follow that laws. He assumed the money was his to use to help his campaign for reelection. But, he didn't even have the company put the weather sealing on the streets, he signed a waiver so that it looked like more streets were being paved, he gave the impression that this was legitimate work being done. But he didn't do it right, and the state taxpayers have to foot the bill."

Mayor Rivera said that it didn't just happen at election time but that Lantigua may have been doing this during his entire four years in office.

"In the last four years much was made about the total number of streets fixed with state aid and even with city reserve dollars. I must say that as a homeowner and public official at the time, I too was impressed with total quantity of street that were being repaired. What we have come to find out is that the old adage that quantity does not mean quality: in the case of the roads that were fixed in the last four years, is true as you see here.

"Many streets that were paved in the last four years were paved in a manner that has left many of those streets degrading in an accelerated manner. Some streets were paved and manhole covers and catch basins were not raised leaving permanent potholes. So, it will cost us over half a million dollars to fix those problems that [were] done over budget and only half completed."

"We are also going to do over $180,000 worth of [repairs to] streets that were done last year because of water infrastructure projects that they [the Lantigua administration] knew was going to happen this

year. But, they did the streets anyway. So, we are going to have to tear those up and fix them new."

"So in all, over $600,000 will be wasted to permanently re-fix these streets. This means the residents of Lawrence will have fewer streets repaired this year. It means we will have wasted a years' worth of progress on streets that really need the work."

MUCH WORK TO BE DONE

"For us this is not a political process it's a process of properly paved streets. The hot and paste process that was used widely before, will not be used in this years' road work. All streets included in the chapter 90 repairs are scheduled to be completed with the weather sensitive sealing coating long before the cold weather hits."

"We will also do much needed repairs to sidewalks downtown and around the common. Also, after today the work of putting down new traffic lines and markings will commence. We are doing this in large part with the chapter 90 dollars and the pothole dollars that the governor and the state legislature brought to the City of Lawrence."

"Chapter 90 dollars are also used to do planning work, we are also using a small amount of that to plan for a large improvement in North Lawrence that we will be discussing at a later date."

New Hampshire Desperately Needs Walt Havenstein

D.J. BETTENCOURT
VALLEY PATRIOT NEW HAMPSHIRE COLUNMIST

Victory for School Choice at the New Hampshire Supreme Court

Late last month, the New Hampshire Supreme Court delivered a huge victory for educational choice in the Granite State. At least temporarily.

In 2012, the New Hampshire legislature passed the New Hampshire School Choice Scholarship Act (NHSCSA). The legislation allows businesses to receive an 85% education tax credit against their business profits tax or business enterprise tax, as well as a federal tax deduction, for a total of about 90% in tax savings for each business. The donations must be made to an educational nonprofit scholarship organization.

Those organizations, such as the Network for Educational Opportunity, then offer K-12 scholarships to financially disadvantaged and special needs students who are seeking to attend an out-of-district public school, independent school or religiously affiliated school. The scholarships can also be used to defray certain homeschooling expenses. Scholarships are capped at $2,500 per student.

Since the NHSCSA took effect last year, the Network for Educational Opportunity (NEO) has received over 1,500 scholarship applications and hundreds of students have benefitted. According to NEO, just months into the program more than two-thirds of parents reported seeing "measurable improvement in academic achievement."

Despite this positive impact and the refusal of the current legislature to repeal the law, special interest groups led by liberal activist and current member of the State Board of Education, Bill Duncan, filed a legal challenge to have the program deemed unconstitutional. Duncan and his allies, who include Governor Maggie Hassan, have committed themselves to fighting any attempt to alter the status quo in education.

In fighting the NHSCSA, Duncan targeted scholarships that might be used to send a student to a religiously affiliated school and based his legal argument on a historically dubious provision of the New Hampshire Constitution known as the Blaine Amendment. This provision prohibits public monies from funding religiously affiliated schools. However, the motivations behind the Blaine Amendment was not to implement a separation of church and state or reserve funding for only public schools but instead were used to target Catholic immigrants.

As Professor Chip Lupu of the George Washington University Law School outlines at the time New Hampshire passed the Blaine Amendment, students in public schools "recited Protestant but not Catholic prayers and reading from the Protestant but not the Catholic version of the Bible. As more and more Catholics immigrated to the United States, Catholic Americans began to resent sending their children to schools that were effectively Protestant. So they decided to start their own schools, where Catholic children could recite their own prayers and read from their own version of the Bible. The creation of these schools made many Protestants worry about whether the government would start funding Catholic schools. The Blaine Amendments arose from this concern about the 'Catholicization' of American education." For decades, liberals have shamelessly used the bigoted Blaine Amendment to stand in the way of students seeking choice in their pursuit of educational excellence.

Duncan and his allies brought suit in Strafford County, New Hampshire's most left-leaning county, and were fortunate to have the case assigned to a judge who had formerly served on a public school board. However, despite a favorable judge, opponents still were only handed a partial victory when the court upheld the program but limited the scholarships to students seeking to attend secular schools. Still, the Blaine Amendment won the day. Unsatisfied with a partial victory, Duncan appealed to the New Hampshire Supreme Court to have the entire law struck down.

On August 28, the New Hampshire Supreme Court unanimously tossed out the NHSCSA opponent's case and preserved the entire program but in a way few expected.

Rather than ruling on the merits of the program or invalidating the Blaine Amendment on First Amendment or Equal Protection grounds, the Court instead ruled that Duncan and his team lacked standing to bring their complaint because they failed to demonstrate "that some rights of theirs has been prejudiced or impaired as a result of the program's implementation." In other words, the opponent's dislike of school choice did not constitute a valid legal claim and therefore their challenge was dismissed.

While opponents will undoubtedly seek alternative means to attack the NHSCSA,

HAVERSTEIN: PAGE: 35

Laborers' Union
(LOCAL 175)
Proudly Endorses
Martha Coakley
Massachusetts Governor

"We believe Martha Coakley is the best candidate for governor because she stands with the laborers of the Merrimack Valley and Massachusetts. She has always been there for union workers and stood up for union values. We are proud to endorse Martha Coakley for governor."

~Mike Gagliardi,
Local 175 Laborers' Union of N. America

Laborers' Union Local 175
Proudly Endorses

Deb Goldberg
Democrat for State Treasurer

The Man, Myth and Legend John Cena Sr. "Mr. Fabulous" of W. Newbury

PART I

Rebeccah Pearson
VALLEY PATRIOT NEWBURYPORT COLUMNIST

As I sit here writing this article I am helping myself to the most amazing blueberries I have ever had. What does that have to do with John Cena, Sr.? Well, we will get to that in a little bit. One year ago today I found myself enjoying a wonderful round of wrestling put on by Atlantic Pro Wrestling of Newbury, when I turned around and said "oh my god that is John Cena's dad!" Who knew a year later that not only had we become good friends, but that he would be marrying my fiancée and I in October. Through the time I have gotten to know Mr. Cena to now, I have been overwhelmed by his generosity to others, his kind hearted nature, and his love for his family and friends. So with great honor

Newburyport Guide.com

I bring to you Mr. John Cena, Sr.

I arrived at his wonderful house on a beautiful summer day, finding him playing in his amazing garden outside and soaking up the sun. His house nestled in the woods surrounded by nature and the songs of birds and the smells of fresh blueberries roasting in the rays. We sat on his porch under a wonderful netted canopied and sipped coffee and talked about what he has done in his life, accomplishments and things he would love to do in the near feature.

John was born in Beverly, Massachusetts right by the ocean, staying local his family moved only a few times when growing up including owning a wonderful home on Dear Born Ave. After he married, they bought their first home in Groveland.

Of Italian descent, his mother and father grew up here in the United States, his father from Illinois and his mother was born in Beverly, Mass. Their parents however, are from Italy: his grandfather came over first and bought his grandmother a ticket to come over on the Titanic. His grandmother missed the boat, his grandfather was upset when he heard the boat had sank but glad she was alive and then she boarded another steamship and came to America. Both worked hard for a living and became citizens of the United States. They had 12 children and his last aunt now lives in West Newburyport in an apartment and is around 100 years old. John grew up with two siblings; his brother passed away last year at 62 years of age, his sister lives in Peabody, MA.

The first job he recalled was shining shoes when he was 8 years old, and after church he worked at Al's Barber Shop. He would give his grandfather the money he received from shining shoes, and kept 75 cents. He was the first man that showed him the value of a dollar. From empting trucks, to the A&P, he learned a lot from every job that he has done. A&P was never open on Sundays which was "family day" back then.

A local man through and through, he went to a Beverly Royal Side School now apartments. Back in those days he told me that he walked 2 ½ miles back and forth to the school. He went to Beverly Trade School, and from there went to college where he made the school's dean list, started the schools drama club, and he started the school newspaper, upon leaving was even asked 'what school he would

JOHN CENA, SR: PAGE: 28

Markey's
LOBSTER POOL
Route 286, Seabrook NH
~ Delicious ~
Cool Breezes, Overlooking the Water
Join the thousands of people who return and enjoy Markey's
1-603-474-2851
Route 286, Seabrook NH
Open Sun-Thurs 9AM - 9PM - Fri-Sat 9AM - Midnight
Pick up your Valley Patriot all YEAR at Markey's

UNCLE EDDIE'S
Oceanside Tavern
OPEN YEAR ROUND
LIVE BANDS FRI-SUN
The Little Club with the BIG Sound
Pool, Darts, Ping pong, Air Hockey
978-465-9779
8 Ocean Front, Salisbury Beach, MA

Movie Listings: (978) 465-7641
VISION MAX CINEMA
Cinema 95
201 Elm Street
Salisbury, MA 01952
Movie Listings: (978) 465-7641
Voice Phone: (978) 462-3030
visionmaxcinema.com

BROWNS
SEABROOK
LOBSTER POND
Route 286, Seabrook Beach, NH
Open Year Round
April 1 to Nov. 15 Every Day
Nov 16 to April 1, Fri, Sat, Sun, & Holidays
Take Out Service
Call Ahead
(603) 474-3331
* Sandwiches
* Boiled Lobster
* Steamed Clams
* Fried & Baked Seafood
Eat your dinner in our scenic dining room or over the water on our open deck
A New England Favorite Since 1950

PUPPYGIRL KATE WHITNEY

Jackson's newborn picture with Honey, Josh, and Dash

We have been avoiding telling you for some time but The Valley Patriot's PuppyGirl Kate Whitney has had a baby! His name is Jackson. As can be expected, PuppyGirl's new baby has taken over her time for the last few months and she wanted us to pass along how very sorry she has been that she hasnt had the chance to write a new column for her loyal readers. PuppyGirl says she "loves writing and educating my readers and I promise to get back to my column as soon as things settle down."

For more information you can email One Tail at A Time Dog Rescue in Haverhill: onetail@comcast.net. One Tail is always in need of financial donations and items for rescued animals.

North Andover's New K9 Officer Has Arrived

Tracey Zysk
VALLEY PATRIOT DOGGIE COLUMNIST

Chief Gallagher and the North Andover Police Department are happy to announce the arrival of their new K9, a Dutch Shepherd named "MoJo"

It's the next generation....after the passing of K9 Kyzer, the police department waited a while before bringing on a new dog. There wasn't any specific reason for the wait, but mostly it was just timing.

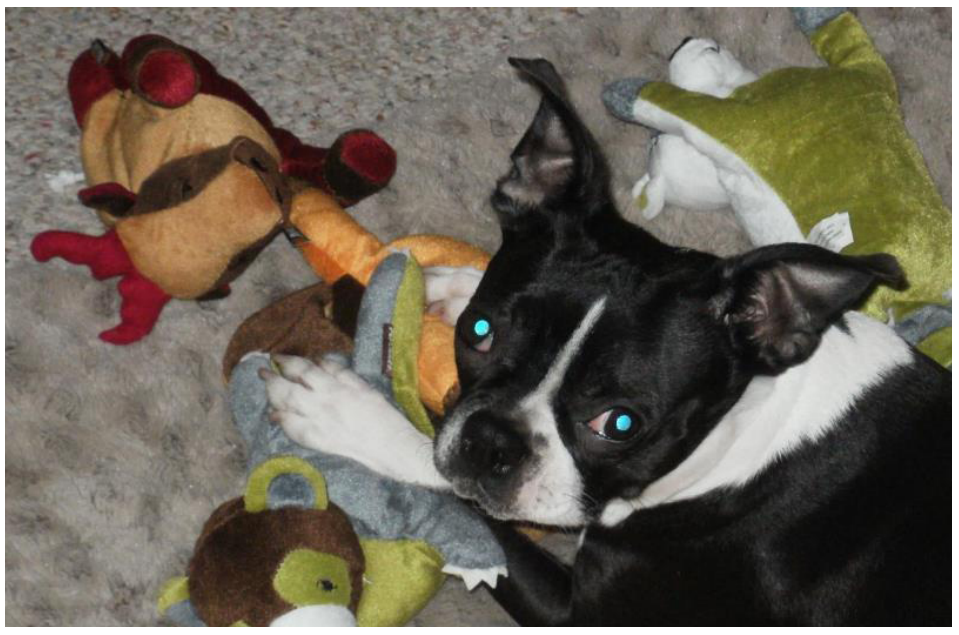
Since the Boston Marathon bombing, police departments across the state have been adding dogs to their departments. Training takes place in Boston at the Boston K9 Academy and every class has been full. Timing now was perfect.

Officer Eric Sewade is NAPD's newest K9 officer and he and his dog Mojo will be attending the K9 Academy under the training of Troy Casey.

I will be covering their progress as they go through their 16 week program and I already can't wait to report their successes.

Best of luck to you, Officer Sewade and Mojo. The entire town of North Andover supports you and can't wait to follow your career.

Tracey Zysk, owner of Wiggles & Jiggles Pet Care in North Andover MA is a local pet care professional. She has been featured on local radio, tv and newspapers educating the general public on animal care and animal health & wellness. Tracey is a proud supporter of Police, Fire & Military K9 units and National Award winner of the Platinum PAW award. Tracey may be reached at wigglewalk@comcast.net. Become a fan on facebook at Wiggles & Jiggles Pet Care



Lani's Four Year Adoption Anniversary

Tracey Zysk
VALLEY PATRIOT DOGGIE COLUMNIST

Four years ago on August 28, I never knew my life would change so much, so quickly. Without any regret, and in fact, with complete joy, I adopted my sweet, sweet Lani.

Many of you have been following my column for years. Most of you at some point have read about my dog Lani, have seen pictures of her and some of you may even remember the day I adopted her. Yes, that was four years ago August 28, 2010.

I remember that day like it was yesterday. I was nervous, I didn't know exactly what to expect . I just couldn't wait for the rescue transportation van to arrive.

The van arrived, and Lani was delivered to me. Yes, ME. I officially became a "Doggie Mom." Wow, I remember every thought, I remember the knot in my stomach, I remember when the care taker handed her over to me. I remember the instant bond. My heart was completely smitten with love ...immediately.

Four years later, every day I count my blessings that this beautiful girl was brought into my life. She is playful, she is compassionate, she is shy and she can be sassy..it is a complete package. When I first adopted her, she came from a horrific situation in Texas. So bad that many questioned if she would ever be able to transition into society. Would she ever learn how to play ball? Would she ever learn to play with other dogs? Could she ever trust a human? These were all the uncertainties that came my way.

Well four years later, I am glad to say my seven year old Boston Terrier loves to play ball, enjoys her doggy play groups and thinks humans are pretty cool. Life is good...for her and me !

For those that question adopting from a rescue: Don't question, just do it. Nearly 11,000 dogs a day in shelters are euthanizes in the United States. That is 11,000 dogs who never asked to be given up or abandoned. That is 11,000 dogs who just want to belong to a caring home, that is 11,000 dogs who want to have a warm place to live, and 11,000 dogs who need a healthy meal to eat. I ask of you, open your home, open your heart and take the chance ... it is one you will not regret. Promise!

Tracey Zysk, owner of Wiggles & Jiggles Pet Care in North Andover MA is a local pet care professional. She has been featured on local radio, tv and newspapers educating the general public on animal care and animal health & wellness. Tracey is a proud supporter of Police, Fire & Military K9 units and National Award winner of the Platinum PAW award. Tracey may be reached at wigglewalk@comcast.net. Become a fan on facebook at Wiggles & Jiggles Pet Care

Tracey Zysk
978-697-6571
Wiggles & Jiggles
Pet Care
WINNER OF A
VALLEY PATRIOT AWARD!

Manhattan on the Mend 13 Years Later

Christine Morabito
VALLEY PATRIOT COLUMNIST

As much as I long for quiet solitude these days, there is something magical about New York City that keeps drawing me back. As a child, growing up on Long Island, my Aunt Annie would take me to the city's posh restaurants. I credit her with introducing me to the wonderful world of ethnic food.

I have moved many times since childhood, but I still make a pilgrimage back every few years. My agenda includes 3 things: eating a bagel with lox and cream cheese from Carnegie Deli, enjoying a slice of real New York pizza - bigger than my head, of course, and visiting Deco Jewels, the ultimate girly-girl store in the Village.

My fondest memory is meeting Jackie Mason while walking through the Theater District with my friend Jamie. We stopped to say hello and he graciously invited us to his show that evening, promising two tickets in our name. The show was absolutely hilarious. Afterwards, he treated us to a lovely dinner, and so began a romantic relationship between my friend and the aging comedian.

The horrific events of 9/11 affected me on a deeply personal level. I worried for friends and family living and working nearby. Laura, my best childhood friend, had been working on Wall Street and we had not spoken in a while. I was relieved to learn she had recently taken another job in Midtown Manhattan. She was rattled, but safe.

On a recent trip to NYC, Laura and I visited the 9/11 Memorial together. The last time I was there they were still finding body parts among the rubble. This visit was significantly more positive. While it has been 13 years since the terror attacks, the memorial remains a work in progress. Despite the delays, the project is an architectural marvel. The new World Trade Center complex consists of 6 new skyscrapers, a moving memorial to the nearly 3,000 dead and a state-of-the-art transportation building. This replaces the earlier complex of 7 buildings on the same site, including the iconic Twin Towers. All previous buildings were either directly destroyed by the attacks or so severely damaged that they had to be demolished.

Small boy salutes the American Flag at the 9/11 Memorial Museum at the new World Trade Center, Freedom Tower in New York City.

Most noticeable at the site was the huge police presence. The 9/11 Truthers were also plentiful - but that's a story for another day.

Hauntingly impressive are the two enormous pools with the names of the dead inscribed in bronze on the walls. In Bobby Cuza's piece, "9/11 A Decade Later: Memorial Pools' Waterfalls Are A True Engineering Feat," he describes, "sheets of water cascading 30 feet down into twin reflecting pools set in the footprints of the Twin Towers." They have the distinction of being the largest manmade waterfalls in North America.

We stood by the pools for a long time and listened as others shared their stories; where they were when the planes hit, what they were thinking and feeling as new information flooded in. It was as emotional as it was surreal.

Still under construction is a curious, wing-like structure that is to be the Transportation Hub. To me it resembles a giant white asymmetrical hair comb. The project is expected to be completed by 2015.

The new One World Trade Center, or Freedom Tower is now complete, standing over 100 stories, the tallest building in the Western Hemisphere.

We were not able to visit the museum, but by all accounts, it is phenomenal. The underground exhibit is built around artifacts from Ground Zero, like two 50-ton beams and a demolished fire truck recovered from the wreckage. On display is part of the staircase where hundreds of people attempted to escape one of the buildings before it collapsed. Pictures and touching audio submitted by survivors' families describe those they lost.

There is always an uplifting side to horrible tragedies. One of those is the story of St. Paul's Episcopal Church. Just 2 blocks from the site, the building sustained only a layer of ash and some broken windows. During the following days and months, that church became a beacon of hope, and the center for rescue and relief workers.

While excavating the old site, workers dug up the hull of a ship believed to be from the 1700s. According to archaeologist, Molly McDonald, "about one-third of lower Manhattan is man-made, constructed sometime between 1797 and 1836. Prior to 1797 the site of the ship was part of the Hudson River, as was about half of the ground zero site."

A resilient pear tree, now known as the Survivor Tree, found in the rubble long after it was believed anything would be found alive, is now thriving at the memorial site. Such things remind us that we can endure just about anything.

On the train back to Boston, I fought back tears as I watched the new Manhattan skyline fade into the distance. The wounds are deep but are beginning to heal.

Christine Morabito is a resident of Haverhill and former President of the Greater Boston Tea Party. You can email her at christine.morabito@hotmail.com

Advocating for the Disabled Community

IN YOUR CORNER WITH SENATOR KATY IVES

There are several pieces of legislation I supported and co-sponsored, which have been signed into law by the Governor and will assist the disabled community and their families in Massachusetts. These measures will expand employment opportunities, health care coverage and ensure these residents are being cared for in a safe environment. As a State Senator, I have a responsibility to advocate for those that need assistance the most. These programs and policies are important to me because advocates in the disabled community have initiated these measures which provide choices, whether through financial options or support services for families.

Sheltered Workshops

I supported and sponsored language in the fiscal year 2015 budget that preserves the choice for individuals with intellectual and developmental disabilities between in-facility employment opportunities through sheltered workshops or community-based employment. These programs are vital to individuals with developmental disabilities because they offer opportunities to function as productive members of a community. The Department of Developmental Services has revised its policy and has initiated an effort to close workshops and transition to day care or community employment as the only options for those that have a disability. This change stems from litigation happening in other states in which sheltered workshops have been accused of promoting segregation and inadequate pay to disabled people.

I have heard from many constituents concerned by these closures. They are afraid that this is not a good fit for their loved ones. Sheltered workshops, in their experience, provide a community environment for their loved ones as well as the dignity and confidence-building that comes with earning a paycheck. I recently toured Opportunity Works in Newburyport to see first hand the many activities under way that these families are enthusiastic about. And, with the help of Representative Brian Dempsey, legislative language was approved in the House to maintain access to these programs. I greatly appreciated the leadership in the Senate which will allow for people to utilize sheltered workshops. Without that legislative change, all sheltered workshops would be required to close, which would limit employment options to day care or community-based employment.

Real Lives

I co-sponsored this legislation that requires the Department of Developmental Services (DDS) to offer self-determination as an option to all individuals who are eligible for services through DDS. This is a voluntary program that gives families with members who are developmentally disabled more control over the way services are delivered to that individual as well as more control over where they live and work. Participants can terminate self-determination and return to traditional services provided through DDS at any time. This bill establishes a self-determination advisory board to advise DDS on its efforts to implement, publicize, evaluate, improve and develop information about self-determination. John Anton of Haverhill was one of the first people to contact me when I got into office and asked that I co-sponsor this bill.

The legislation further requires DDS to facilitate and assist in the preparation of a person-centered plan, as well as an individual support plan and individual budget for each participant. This allows every participant the ability to control their services and ensure that the dollar value of a participant's individual budget is equivalent to the amount DDS would have spent providing services. The Department would also be required to maximize federal financial participation.

Autism Commission

This session the Legislature passed measures that created a 35-member commission on autism within the Executive Office of Health and Human Services. The commission will make recommendations on how to improve services for individuals with autism spectrum disorders and monitor the implementation of policies impacting these individuals. It requires MassHealth to cover medically necessary treatments for individuals who are diagnosed with an autism spectrum disorder, including services for applied behavior analysis. The bill also requires programs that provide residential or day care services and treatment for persons with a developmental disability to obtain a license from the Department of Developmental Services and requires administrators and teachers to have training in strategies for effective inclusive schooling for children with autism.

National Background Checks

This bill requires all employees, volunteers, and contracted vendors who work directly with clients of the Department of Developmental Services to undergo fingerprint background checks done for state and federal criminal history records. This bill also increases the protections the state has in place for this vulnerable population.

These accomplishments are important but I know there is more work to be done.

Ye Gay Ol' Valley

The Benefits of Same Sex Parenting

D. B. Langevin
LESBIAN COLUMNIST
VALLEY PATRIOT PRESIDENT'S AWARD

In January of 2012, presidential candidate Rick Santorum said to the people of New Hampshire that children would be better off having a father in prison than being raised by a same sex couple. According to Mr. Santorum a criminal parent is better than a gay one. Others argue that same sex parents confuse children and may cause gender disorders, yet there is no evidence to back up this claim. I was raised by heterosexual parents and grew up a lesbian. Actually, I was born a lesbian. Every gay, lesbian, bisexual and transgendered person I have ever met grew up with heterosexual parents or parent. I don't see how same sex parents could influence their child's sexuality when all of those hetero parents did not.

Many people opposed to same sex parents say that children need a father and a mother unless of course, according to Mr. Santorum, one is in prison. Apparently that would be just fine. A recent census has revealed that one-third of American children live without one parent or another. To break it down further, 15 million children live without a father and another 5 million without a mother. That is a staggering amount of single parent homes in the U.S. I'm willing to bank on the fact that not all of these single parents are all gay or all straight.

I digress. The issue is what are the benefits of same sex parenting. I'm sure many of you are thinking – none. Let's see. Fifty percent of heterosexual parents have unplanned children. That means that half of all children born to heterosexual couples were not planned or wanted. They may have been wanted some time in the future, but not at the moment they were conceived. This does not happen with same sex couples. Either through adoption, surrogate pregnancy, or invitro-fertilization, all gay/lesbian parents planned for and wanted the child or children they acquired together. As a result of this, studies have shown that same sex parents are more invested in their children's lives and upbringing. Same sex parents appear to take a more hands-on approach in their children's lives than do the majority of hetero parents. Isn't that what parenting is all about?

Furthermore, there are many who would argue that same sex parenting is detrimental to a child's overall mental and emotional health. Studies have shown that there is absolutely no evidence to prove this. In fact, they've shown that there is no difference in the physical, mental, or emotional health between children of heterosexual parents and children of same sex parents. Experts say that same sex parents are more likely to expose their children to more diverse interests than heterosexual parents. I know my wife and I never placed preconceived ideals on our three children. We brought them to science museums, art museums, the beach, the mountains, cookouts with 99% heterosexual couples and cookouts with 99% same sex couples. If our son wanted a doll and our daughter a truck, there was no balking as to whether or not to allow it. We never steered away from any subject matter that our children were interested in because it made us uncomfortable and never hid them from all the world had to offer. The result is that we have three hard working, well-adjusted, heterosexual children who are adding to the greater good of society. Our oldest is working on her masters in social work. She inspires to work with children who have a long-term illness. Our middle child is an airman specializing in munitions. And our youngest works with children at a boys and girls club and, when Market Basket gets their act together, he'll continue being trained as a butcher.

The fact is, there is no difference between hetero or homosexual parents. Whether we find ourselves being parents accidentally or by choice we, hopefully, invest ourselves to our fullest extent, love our children without reservation and unconditionally, and place no judgment or preconceived ideas on what they should be other than good people. We really need to stop thinking about what the best parent looks like and start concentrating on being the best parent we can. Ones sexuality has nothing to do with raising children.

Dani Langevin is a teacher and has a Bachelors in Fine Art and Masters in Education. She has written four young adult novels, one of which is self-published. You can email Dani at DaniBLangevin@aol.com

Beneath The Surface

Two Flavors of Barbarism

Paul Murano
VALLEY PATRIOT EDITOR'S CHOICE AWARD

It happened again. A terrorist took the life of another American, using his knife to cut off the innocent's head. This act of savagery was performed in broad daylight and there were no ramifications, legal or otherwise. These killers will do it again, and again. Many carry out their murderous barbarism once or twice a week, with very little protest. They justify this "choice" to kill by rationalizing it as a good and necessary act, which raises several questions: Why don't we see more "moderate" people publicly protesting? Why do the less extreme elements of the population remain silently complicit? And why the confusion of not having a "strategy" to combat this unspeakable crime? One bible quote comes to mind: "You hypocrite, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye" (Lk 6:42).

The above paragraph described the neighborhood abortion clinic in America. The abortion knife decapitates and literally slices up the body parts of approximately 4000 innocents each day. Thousands more innocents will die from this knife tomorrow, and there will still be no real "strategy" to stop it. In fact, the strategy of this current administration is to fill Supreme Court openings with those sympathetic to such barbarism so that the killing will continue well into the future.

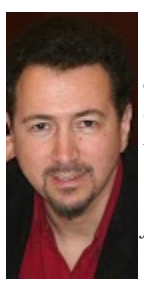
Last month in this publication I compared two kinds of barbarism with the two kinds of hate: anger and apathy. In a sense anger is pre-love and apathy post-love. Anger cries out for an answer while apathy has given up on one. Anger is demonstrable while apathy is more subtle, displaying a contentment with self-indulgent pleasure. I mentioned that this culture clash of east and west, of fundamentalist Muslims with secular humanists, seems to be a clash between pre-Christian and post-Christian ideologies. One has not yet met the Incarnate Divine Power that offers personal freedom, forgiveness, healing, and inner peace while the other has prospered from union with Him only to reject Him for self-indulgent pleasures.

The clash is marked in the way each civilization treats its women: One dominates their women while protecting them from lust, while the other legislates women's equality while using them as lust objects.

One thing I did not mention in last month's reflection, however, is the cause and effect correlation. Outside forces do not make a body fall until or unless it is weakened from within. A strong body can withstand much, but a weak one is vulnerable. The cultural left, i.e. secular humanism, is the disease that weakens America from within, enabling her enemies to gain ground. America's immune system has been highly compromised and the foreign bodies are aware of it. Extreme Muslim fundamentalism gains courage and strength the more leftist secular humanism gains power. Look at the recent history.

Through the media and academia the cultural left has stripped much meaning and order out of the lives of young people: It is no wonder that British and American young men are now joining jihadist forces against us. A gang mentality may seem like the only refuge for young men dazed and confused by all of liberalism's experimentation with human nature and sexual identity, which strips them of their masculinity and their dignity.

The irony remains that the more our nation divorces herself from her divine Spouse, who strengthens and protects her, the more vulnerable she becomes to attack from violent suitors that seek to dominate her. As Pope Francis recently indicated, unjust aggressors like the murderers of ISIS/ISIL must be stopped. This is an immediate solution. The longer-term solution, however, is acceptance of the world's Savior, the Prince of Peace, sent to offer pining souls rest and hopeless souls meaning. Love incarnate, who offers freedom from the shackles of anger and apathy, domination and lust, is the only real solution to overcoming the cycle of violence - inside and outside of the womb. Mere political solutions will always be shallow and temporary fixes.



Paul Murano teaches philosophy and theology at Middlesex Community College, North Shore Community College, and Magdalen College. He is host of Beneath the Surface radio on WCAP (www.facebook.com/fellowtruthseekers), hosts a local TV show, and is co-host of Paying Attention! radio show. Paul is also founder and chairman of Heartbeat Pregnancy Help in Burlington and is a singer/songwriter/musician. He is the recipient of The Valley Patriot's 2014 Editor's Choice Award.

BROADHURST TABIT

Where the Merrimack Valley turns to for legal counsel

MERRIMACKVALLEYLAW.COM 978-327-5128

VALLEYPATRIOT.COM

Tomorrow's Eagle~Tribune Stories TODAY!

Call for our On-line Ad rates 978-771-4091

TITLE Boxing Club Celebrates Their 1 Year Anniversary

This month, Title Boxing Club in North Andover is celebrating their first anniversary.

TITLE Boxing Club has quickly become the go-to fitness club for workout enthusiasts and beginners alike in the Merrimack Valley. Appropriate for all ages and fitness levels, members range in age from 8-87, and the largest demographic is women, ages 26-54.

Last month, Title Boxing Club of North Andover donated 10 punching bags to the Lawrence Boxing Club in Lawrence for underage minority kids learning self-defense and keeping them off the streets after school.

"We were thrilled to receive the donation of these punching bags," said Joe Parolisi of the Lawrence Boxing Club. "This will help us train and help youngsters in Lawrence. The donation of Title Boxing Club in North Andover is a great gift for our kids."

Lauren Macaulay (one of the owners of Title), who has extensive marketing and management experience and a passion for athletics, said while the renewed interest in boxing, including its first-time inclusion as a women's sport in the 2012 Summer Olympics, were part of what prompted them to open a TITLE Boxing Club. The main reason, however, was TITLE's commitment to giving back to their members and to the community.

"Some members are very experienced boxers, but most people, the first time they come here, they have no or very little experience. They come in and are a little intimidated, and as our trainers and staff know, it's our job to make them very comfortable and to help make sure they get the results they seek."

During the first year the club has been open, they have participated in more than three dozen community events, hosted just as many team-building activities for local groups, and donated to fundraisers and charitable causes in the community. And they are always looking for more worthy causes. They are also looking to keep the club fresh within TITLE's guidelines.

Starting in October, they will offer boxing for people with Parkinsons, classes for children with special needs, as well as a 30 minute (4-round) and 75 minute (12-round) class format. Additionally, a member loyalty program was just rolled out.

"We are thrilled to still have many of the core trainers we opened the club with (Pat Kelley, Brandon Chagnon, Rich Arone, Stephanie DiCindio), as well as having gained some fantastic additional trainers over the past year," Lauren continued. "We are always seeking more trainers. We've had many applicants but TITLE's certification process is tough, and so few make it through it. As we approach the 1 year mark, we have over 500 members - many very loyal members who have been with us since day one and workout at the club 3-5 times/week. We have been collecting testimonials from members about the changes they've experienced through the workouts (weight loss, strength gained, lower stress, etc.).

With more than 140 clubs open across the country and in Mexico, and more than 500 franchises sold, TITLE is one of the fastest growing franchises in the nation. Clubs continue to open each month, and here in Massachusetts, a Framingham club is slated to open in November and the Macaulays are opening a second club in Woburn around December/January, and a third location in late 2015 (location TBD). Clubs are also anticipated to open in Boston and southern New Hampshire.

For more information about TITLE Boxing Club North Andover visit:

TITLEBoxingClub.com or Facebook.com/TITLEBoxingClubNorthAndover, or call 978-682-4TBC (4822).

ON THE ROAD AGAIN!

Drivers Needed!

Help us take Fun and Entertainment on the road!

PART TIME POSITIONS

Great Hours for Seniors, Students or Others

Fun, Entertaining, Compassionate People needed to transport our guests to and from work. Must have a clean driving record and a great personality! No need to have a special license! Hours are approximately 6 am – 8 am and again in the afternoon from 2PM – 4PM.

Candidates must have a High School Diploma/GED, a valid driver's license, submit to a drug screening and a criminal background check.

Apply to:
American Training, Inc. – Attn: Human Resources
102 Glenn Street, Lawrence, MA 01843
Fax: (978) 683-5124
E-mail: DebbieLynch@AmericanTrainingInc.com

JOHN CENA, SR. FROM PAGE 24

run!' He remarked on how fun college was and very enjoyable. Working hard at three jobs, and selling odds and ends, he made his own way through college. One of which was with Harold Halley of the Salem Evening News in the morning while attending college in the day. One job he has always wanted to do was to become a chef. His first job after college was an offset photographer for the presses, which was not the job for him, so he signed up for the United States Navy where after a short time, was medically discharged. He was also an actor and won awards for best actor of Massachusetts playing Stanley Kowalski.

He had a beautiful home in Groveland with two acres, raising chicken, ducks, geese, a steer, and a pony for the kids. He loves the country and to be out in nature with a fantastic green thumb…hence the blueberries. When asked what made him move from Groveland to West Newbury he replied, "there is nothing like peace and quiet and relaxing. One day in Groveland, my son John, my nephew Marc, my sister Eileen and my former spouse Carol were sitting on the bricks and the two kids were playing in the front lawn, and I'll never forget this. My father's Toyota was parked in the driveway near the wood pile because we use to burn wood that they used from baking homemade bread and a pot of coffee perking on the woodstove.

My son John said "mom, me, and Marc would like a popsicle." God is so good. The kids got up, my sister and Carol got up as car came down the street; he hit a ditch where they were putting in sewage at the time and went through the rail fence, went right across where the kids were playing and went through the wood pile. If the pile was not there, he would of gone into the pool that had a cover that would of surrounded him. So Carol decided we should look for something else. Where he lives now used to be known as the Adams Farm. There used to be a huge barn and another home totaling 8 ½ acres. Now his home stands and he has lived there for over 30 years.

NEXT MONTH PART II

Proud Valley Patriot Advertisers Since 2004!

TARSHI LAW OFFICE

PERSONAL INJURY LAW
BANKRUPTCY
Free Consultation

Atty John I. Tarshi
Atty. Kenneth F. Witham
Atty. Ryan S. Loughlin

TARSHILAWOFFICE.COM

ATTY JOHN I. TARSHI
978-686-1821 24/7
510 ESSEX ST., LAWRENCE, MA 01840

Gaining Energy and Losing Fat, The Story Behind Insulin That You Must Learn

Dr. Jin Sung
FUNCTIONAL CHIROPRACTIC

Everybody wants more energy and most of us want to shed unwanted fat. Today I want to share with you a metabolic condition, which--due to the Standard American Diet (SAD)--most Americans have to some degree. This condition is called:

INSULIN RESISTANCE

It zaps us of energy, increases fat production (cholesterol, triglycerides, and LDL), alters our metabolism, can lead to type 2 diabetes and essentially changes our entire physiology…especially our brains!

What is metabolism? Simply put, it is this: We eat food and food gets converted to energy. That's metabolism!

Once in the body our food gets broken down into mainly glucose. Glucose is the major energy source for all of our cells and is the ONLY energy source for our brains. Our brains consume about 30% of our entire glucose intake. It is by far the most metabolically active organ in our body. So if we have a problem with glucose metabolism, guess which organ feels it the most? That's right…THE BRAIN!!!

Is it any wonder then, that brain-based conditions like DEPRESSION, ANXIETY, MEMORY LOSS, ALZHEIMER'S and so on are so much on the rise and so heavily marketed to by the big pharmaceutical companies? One just needs to watch TV at night to see all the dozens of commercials for anti-depressants and anxiety medications.

Okay; here's how it works:

We eat our food and drink what we drink and hopefully we absorb it (yes, proper absorption is essential for good metabolism) and it gets broken down into glucose and sent into the bloodstream. Glucose in the blood is USELESS. Let me repeat that …glucose in the blood is USELESS! It must get into the cells where it's converted to ATP, which is the ultimate energy source for our bodies. This conversion only takes place IN THE CELLS. Glucose outside of our cells (in the blood) is like gasoline NOT in the tank of our car or coal NOT in the steam engine.

As we eat and drink the levels of glucose in the blood will rise. There is a part of our brain that senses this and signals the pancreas to secrete the hormone INSULIN. WHY? Because insulin's job is to push glucose into the cells where it can be converted to energy (ATP) and everybody is happy!

Now: here's where things go wrong. THE AVERAGE AMERICAN HAS GLUCOSE LEVELS THAT ARE WAY TOO HIGH! (I'll explain the reason later. There's more to it than you think…)

Why is this a problem, you ask? (Now, pay attention—it is crucial for your health that you understand this part!)

CHRONICALLY HIGH LEVELS OF GLUCOSE = CHRONICALLY HIGH LEVELS OF INSULIN.

Chronically high levels of insulin are bad, bad, bad for your body and especially bad for your BRAIN. Why? Great question--here are the answers your doctor doesn't have the time to explain to you!

High levels of insulin do the following:

1. Eventually your cells will stop listening to insulin! It's like this…. Pretend that you work for me. Everyday you come into work I scream and yell at you and scream and yell (you can't quit because you need the job). Eventually, what would you do? You would TUNE ME OUT or STOP LISTENING TO ME ALTOGETHER, right? Well, that's what your body does to insulin (or any hormone, for that matter) when it is chronically high. It stops listening to it!

THIS IS INSULIN RESISTANCE!

So, what happens then? Well, Glucose continues to build up in the blood and it's not getting into the cells. What happens to the energy levels of the cells? It DROPS. Your cells fatigue--especially brain cells! Why? Because they require a LOT of glucose, and when they don't get enough, you get conditions such as brain fog, depression, anxiety, memory loss, lack of sleep—sound like anyone you know?

And…what is the medical approach to this problem? First, they are going to wait until your fasting blood glucose creeps up to about 126 or higher and then GIVE YOU MORE INSULIN or some other drug like metformin . Think about that…I mean really think about that. THAT'S LIKE ME SHOUTING AT YOU HARDER. It may work for awhile but then you get used to that and I have to shout EVEN LOUDER…I hope you get the point.

Listen to me… the day you go on insulin, get out a big red Sharpie and circle that day on the calendar--BECAUSE YOU WILL NEVER BE THE SAME!

Unless…unless…stay with me now…. you get to the root cause of WHY your blood glucose is so high (to be explained later).

So now you have the extra glucose in the blood and your body has to do something with it…well, guess what it does? It makes that glucose into fat. Yep. It's called lipogenesis.

Cholesterol, triglycerides, and LDLs start forming in the blood. Again, what is the 'modern medicine' answer to this? ANOTHER DRUG! Yep, usually a cholesterol–lowering drug known as a statin drug. You know it as Crestor or Lipitor etc. (just watch TV for the others). I'm not even going to tell you the side-effects of these drugs (well, if you get muscle cramps or your hands/feet are tingling/burning, I might…that's a hint).

Watch for part 2 in next month's edition of The Valley Patriot.

Dr. Jin Sung is a chiropractor and the owner of Functional Chiropractic, Inc. He manages chronic patients both neurologically and metabolically to achieve the best outcome. He can be reached at 978 688-6999. Or visit his website at www.DrJinSung.com

LAWRENCE: FROM 13

ness intimidation here in Lawrence, and that crime should be prosecuted to the fullest extent of the law, but there has to be more to it than that. Some misguided sense of honor leads witnesses to not want to be a "snitch."

The tide of violence won't be ebbed until residents realize that sometimes it's OK to be a snitch. People always complain that one person can't make a difference, but coming forward with information is one of the things a single resident can do to make a difference.

I know I'm preaching to the choir here, but you can't complain about unsolved crimes if you won't help the police apprehend the perpetrators. It may be a difficult thing to do, but we see people sacrifice themselves for far less noble causes all of the time. The police can't do it by themselves.

I'm not suggesting that we spy on our neighbors and report them for expired inspection stickers, but the residents have to stand up for justice to stop violent crimes.

SR. CENTER: FROM 6

for the times.

MEET WITH AN ATTORNEY: Att. Ray Cannon Sept 3rd, 10-11:30. Att. Ramsey Bahrawy September 16th, 11:30-1. Schedule with Reception-first consult is free.

MR. FIX IT: NEW DAY! First and Third Thursday of the month. 12-3pm. We repair almost as good as new. Lamps, with cords and sockets, replace watch batteries, small tables and chairs. Anything that is not listed, we will give it a shot! Your cost is $2 - $4 depending on work needed, plus parts. Proceeds benefit the Senior Center.

WALK IN CLINIC: Wednesdays 9-12 pm, the North Andover Senior Center and Home Health Inc/VNA operate a wellness clinic. If you are a North Andover Senior, we urge you to take advantage of this opportunity to check your blood pressure, blood sugar, weight and blood oxygen levels. Consult privately with an RN regarding any medication and health issues that you are concerned about. There is no charge for this service. Donations are gratefully accepted.

FOOT CARE: RN Catherine Languedoc, Foot Care Specialist, will be available on the third Friday of every month from 9-2:30. Next date is Sept 19th. Dr. Connolly is available on Wednesday Sept 10th 1-3pm.

HEARING CLINIC: September 17th Miracle-Ear will be at the North Andover Senior Center (3rd Wed. of every month), 10-12. Sign up with reception for a free screening.

Dr. Vaso Hatzigiannis D.D.S.
Joseph P. Beninato D.M.D., P.C.
Located at Sal's Riverwalk!
354 Merrimack St. Suite 334 (Bldg. 1, Entrance C) Lawrence MA 01843 * Phone (978) 685- 1499 * Fax: (978) 837-6657
Scenic View of the Merrimack
Comfortable Waiting Room
OPEN: Mon - Wed: 8am - 5:30pm, Thu: 8am - 5pm, Fri: 8am - 2pm, Closed on Saturdays & Sundays

Building Careers by Crushing Families

Bharani Padmanabhan, MD
VALLEY PATRIOT MEDICAL COLUMNIST

The Valley Patriot helped the Pelletiers escape the corrupt gag order that Children's Hospital whistled up from a captured Court to protect Dr. Alice Newton - the Eva Justin of Harvard. Justina Pelletier served Dr. Newton to step on up as an "expert" just as the Mulfingen children launched Dr. Justin's long career within a 'child protection' team.

Dr. Newton follows in the footsteps of "experts" like the Eileen Treacy of fake Satanic Ritual Abuse prosecutions and Susan Kelley who consciously helped Middlesex County unjustifiably obliterate the innocent Amiraults thus burnishing her credentials and those of people seeking higher office who claim they care about children, women and middle-class families.

Undeniably that care did not extend to 15 y/o Tiffany Guyette when raped by Jared Remy. Naturally Martha Coakley would not register Remy as a child rapist. In Middlesex County some are more equal. It was inevitable that Middlesex prosecutors and Dr. Newton would find each other, a match made in heaven, preordained, two peas in a pod, two Hallmark kiss-kiss dolls.

The defining characteristic of someone trained by the Middlesex DA's Office is the readiness to commit fraud on the Court by presenting a brazen fake and expecting everyone to swallow their "expert" as an expert because Middlesex prosecutors say so.

This training is so ingrained ex-Middlesex prosecutors carry it to patronage jobs in other agencies like the Board of Medicine where they claim a pliant prostitute is their "expert" whose very name they then keep secret from the defense.

And ex-Middlesex Prosecutor David Linsky expected us to believe that intact multi-generational loving observant Catholic families must be child abusers because he said so. Rigorous training for sure. Marks them for life.

Like Susan Kelley, condemned by Judge Borenstein as 'forever unreliable,' Dr. Newton calls herself a Child Abuse expert and hires herself out to Middlesex. 'Child Abuse' Pediatricians peddle testimony based on fraudulent unscientific constructs designed to fabricate the niche, publish papers, build careers and make money, just like Scott Reuben.

To sell themselves 'Child Abuse' Pediatricians have now fabricated their own Board Certificate, aiming 'to give an appearance of solidity to pure wind' as Orwell put it, just as S&P's AAA rating for subprime CDOs. We are expected to believe they are real because they are 'Board Certified' and charge $5000/day to testify. And who certifies them? The same Scott Reubens who wrote the fake papers. Even Dr. Eli Newberger told the Globe he is unhappy at the "enormous unchecked power" now wielded by 'Child Abuse' Pediatricians. Enormous unchecked power is always bad.

Middlesex County's beloved Satanic Ritual Abuse has been debunked as have Munchausen by Proxy and lobotomies. That did not stop Dr. Newton of course from defaming the Pelletiers with Munchausen and abusing her enormous unchecked power by condemning them to daily ongoing torture watching their young ice dancer now wheelchair-bound.

Dr. Newton never met the Pelletiers before implementing her 'parent-ectomy' and, just like Eva Justin, definitely does not love children.

That leaves Shaken Baby Syndrome as the 'go to' diagnosis for 'Child Abuse Pediatricians' and Middlesex prosecutors with ambition. Naturally Dr. Newton's "expert" testimony damned innocents in cases lovingly prosecuted by Middlesex. For Middlesex she is a winner like Eileen Treacy or Susan Kelley and that is all Middlesex cares about.

When brazen assertions regarding this alleged syndrome were rigorously tested using hard science by honest scientists with no interest in wielding enormous unchecked power, none of the defining criteria survived. Once again it is vital to detour to our trailblazer Eileen Treacy whose 64 criteria to determine that a 5-year old child had been abused included this gem - 'He changes friends in school frequently.'

Prosecutors consciously mislead juries with unscientific disproved assertions such as "Shaking alone causes retinal hemorrhages and subdural hematomas even without impact or external signs of abuse." Apparently if a child has retinal hemorrhages, the child has been shaken, the caregivers should be imprisoned and the prosecutor should become Governor.

Happily not everyone lives within Middlesex's reality distortion field. We now have before a Middlesex Judge a Motion for a proper Daubert Hearing to determine whether Dr. Newton is an "expert" and her mumbo-jumbo actually real. A whole month has gone without the Judge's assent. Given that a voir dire is an instant no-brainer when a person's liberty is at stake, the delay is truly worrisome. This being Massachusetts one easily visualises back-room pressure by the Middlesex DA on the Judge. The Middlesex prosecutor she disappoints today by choosing reality, may haunt her later as Governor.

The Irish nanny case can be human decency's rare 'Market Basket' victory over Middlesex and the Eva Justin of Harvard.

If Middlesex Superior holds a Daubert Hearing, we have the chance of beating back blatant fraud masquerading as science and deliberately using scientific-sounding names, truthiness marauding innocent loving caregivers and their children, and expensive fraud perpetrated on other Courts as Dr. Newton and her ilk escalate their need to wield unchecked power.

When judges do their job properly the story resembles Vinterberg's film - The Hunt. We should stop yet another Middlesex travesty being visited upon a poor nanny who actually loves children and very unlike Jared Remy is not from Middlesex's upper class.

Monsters Under the Bed

Or Turning from Gaza, to Hezbollah in the North

Forest Rain Marcia
VALLEY PATRIOT ISRAELI COLUMNIST

Parents around the world are familiar with the child's fear of the dark, the fear of monsters under the bed or in the closet.

In most cases this fear is irrational and can be banished by simply turning on the lights.

In Israel it's the parents that are afraid for their children. The monsters are all too real. They burst out of nowhere, fully equipped with weapons and intent to kill. To them, the death of children has been, and will be a great accomplishment, a reason to celebrate.

You can't see them until they suddenly break out of the ground and begin moving to their target. Your children. They could appear anywhere, even your own backyard.

Turning on the light doesn't make them go away…

Hamas terrorists have already used their attack tunnels to kill Israelis. The IDF has uncovered numerous tunnel openings inside Israel. Operation Protective Edge focused on uncovering and destroying the tunnels in Gaza. The tunnels found were well hidden and booby trapped with explosives, making this search and destroy mission life threatening for IDF soldiers.

Each tunnel was built with numerous openings. The entire length of each one must be destroyed completely otherwise they can simply be repaired and made ready for the next attack.

Israelis living near the border with Gaza had been reporting for many months that they heard digging under their homes. They were told that they were paranoid, that nothing was wrong, what could be digging under their homes?

Now we know.

We've seen the tunnels being used. Our soldiers died and suffered terrible wounds trying to destroy all the tunnels from Gaza to Israel. We've turned on the light and can see the monsters very clearly.

Horrible? There's more. Israelis who live on the northern border are also reporting digging sounds under their homes. Hezbollah has always been the role model for Hamas – they do everything bigger, stronger and with more precision than Hamas. If Hamas has terror attack tunnels, it is only logical to think that Hezbollah does as well. Theirs will probably be bigger, wider and harder to find. We already know that they have many more missiles than Hamas does. The only question is when will they decide to use them? Will the terrorists burst out of the ground? Attack us from the sky? Maybe it will all come at once…

Parents around the world are familiar with the childish fear of monsters under the bed. I don't think very many comprehend what it is like to live knowing that the monsters are real and they will attack. It's not a question of if, the only question is when.

Can you imagine this happening in your country? To your family?

Forest Rain was born in Detroit and 'made aliyah', immigrated with her family to Israel at the age of thirteen. She served in the IDF (service is obligatory for all Israeli citizens). Forest is a Marketing Communications expert – writing for hi-tech companies for a living and Israel for the soul. Connect with Forest Rain, Writings from Israel: http://forestrain.wordpress.com, Twitter: @frisrael, Email: lionheart.e@gmail.com

VALLEYPATRIOT.COM

Tomorrow's Eagle~Tribune Stories TODAY!

Call for our On-line Ad rates 978-771-4091

Northern Process Servers
Serving all Civil Process

Ronald Bertheim
Bonded Constable
Notary

252B Pleasant St.
Methuen, MA 01844

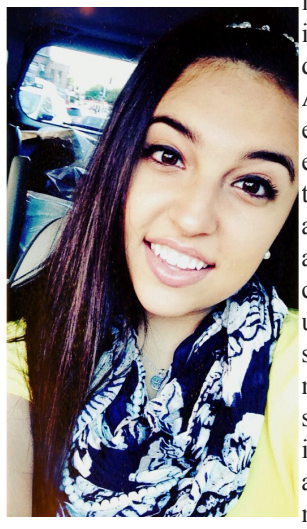
Tel 978-685-0093
Fax 978-689-3377

northernprocess@gmail.com
www.northernprocessservers.com

TEEN TALK WITH ANA DEBERNARDO

Summer is Over

Once again, summer has come and gone, and the dreaded schedules of school, homework, and going to bed early are just around the corner. Complaints of vacations cut too short and the injustice of a 2-to-10 month vacation-to-school ratio have recently been circulating every realm of social media. So often we hear about school being an obligation, or a form of torture, but quite rarely we appreciate the daily privilege. To live in a culture where education is valued and guaranteed to every child is not, contrary to popular belief, a calamity: it's a blessing.



The other day, I stumbled upon an article with the title "Hate Taking the Bus to School? Try Swimming!" After reading it, I vowed never to complain again about my long 45 minute drive to school. In it, the author describes a school in the Sevada village of India, whose 61 teenage students are required to swim across the Heran River every day to get to class. Both the boys and girls carry books, papers, and a change of clothes in plastic bags or jugs as they make their 50-foot trek across the river, shoulder-deep in mud in some areas. After changing on the riverbank, the students then proceed to walk three miles to reach their high school.

Although this isn't the only possible way to school, it is much quicker than the alternative: a dangerous 16 mile route by foot. The lack of public transportation and the consequent daily swim for the students unfortunately isn't enough to evoke any plans for a solution from the school board, but the school is trying to make as many accommodations as possible such as forgiving late arrivals, and sending students home early if signs of bad weather appear. According to the students, the education is worth the short swim if it means the possibility of helping lift India out of poverty, in which 700 million people are scraping by on less than $1.25 a day. The school's principal, Rajendra Purohit, says that the teens of the village are so determined to get to class; they readily brave the weather conditions through thick and thin. Purohit then noted that her students have swum through heavy rain multiple times which turns the normally calm waters into turbulent currents.

Although these kids obviously aren't happy about crossing a river every morning, it's really quite inspiring to see their cheerfulness despite their conditions. If American students were to experience this same struggle, even for just a week, I don't think they'd ever complain about the boredom of school again. You really never appreciate something completely, until you see someone in your same position making do with much less. This is one reason service trips have such a deep impact on people. Working in a service center over the summer in Paraguay, my mom's native home, I was able to learn this on a personal level. Somehow, however, their poverty and the conditions they were born into are made up for with a certain characteristic they all seem to possess: joy. It's so humbling and sometimes, I must admit, even embarrassing, to see a 7 year old girl light up at the sight of a simple rubber band, which will soon become her new toy, while I am looking on in my air-conditioned car, smartphone in hand.

We belong to a culture where appreciation is an almost nonexistent quality. We get so caught up in the next iPhone model, or the latest fashion trends, that we forget how fortunate we truly are. Our freedom to worship and speak openly is a luxury not many countries have. A couple of summers ago at a camp I attended, I heard two Iranian women give their testimony about the religious persecution in Iran. For three long months, they were detained in a filthy prison cell with nothing but a urine-covered blanket and one daily ration of soup to sustain them, all as a result of their conversion to Christianity.

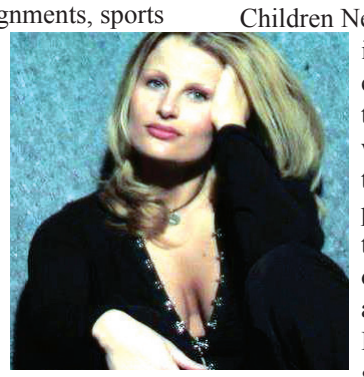
Too many times we are quick to judge and point jeering fingers simply out of foolish impulses or desires for societal acceptance. We don't realize, however, the gift we wake up with everyday. We did nothing to deserve our fortunate lives, but neither did those who aren't as lucky. That is why it is so important to value our freedom. If we don't appreciate life for ourselves, we should at least appreciate it for those who only dream of the liberty to do so.

BABIES AND BRIEFCASES

THE BUILDING BLOCKS TO RAISING A CONFIDENT CHILD

Cheryl Hajjar
VALLEY PATRIOT MOMMY COLUMNIST

The temperatures are cooling, the autumn coffee flavors are brewing and those of us who are parents are all settling into our fall routines along with our children with their homework assignments, sports schedules and school events. As always, summer went by way too fast. Your child is easing into his or her schedules and to you they look well adjusted. But are they? Do they feel confident? Do they like what they see when they look in the mirror? Have enough self-esteem? These are all characteristics that will contribute to your child's social happiness in the future as they approach adulthood and build their individual self-confidence.



Throughout our children's lives, they will be exposed to both positive and negative influences. The way they respond to situations will determine the outcome. For example, lack of a healthy self image can lead to behavioral problems. How well children perform in school and in sports is a direct reflection of how they feel about themselves. So what can we do as parents to help them? Here are some ways that we can positively influence our children to become self-confident, well adjusted kids.

Be A Good Coach- Control your inner helicopter. Doing things for your child instead of letting them do a task robs them of the opportunity to become competent. If your child is having a hard time with an assignment for example, work on the assignment together so they feel a sense of accomplishment when they are finished.

Check Your Own Self-Confidence- Quite contrary to DNA, confidence is acquired, not inherited. Do you say negative things about yourself during the course of a day that your child is hearing? Spend the next week listening to yourself and what you say around your child. They are great imitators of our behavior.

Keep Your Stereotypical Assumptions To Yourself- Don't assume your daughter will be bad at algebra or your son will want to play football. Nurture their interests by asking them what they are interested in, not what society is assuming will happen.

Children Need Responsibilities- Teaching your children how to cook a meal, or scrub the tub from start to finish is what will not only give them a sense of accomplishment but prepare them for living on their own when they are older. I always say to my son that I am teaching him to be a good husband when he is a grown up. The last thing I need to be doing is raising another man who leaves his underwear on the bedroom floor.

Encourage the Expression of Feelings- This does not mean that temper tantrums are allowed in the grocery store. It implies that your child develops a comfortable balance of how to express their feelings. When your child is upset about something, give them 100% of your focus. It may seem trivial to you but not to them. Try and listen with an open mind and encourage your child to talk about what angers or upsets them. It may be the emotional release they need to move on.

Role Models- Use every opportunity to point out positive role models for your son or daughter. They may be characters in a book, athletes, senators, whoever. Your child will want to aspire to be like them someday or imitate them in some-way. My son often imitates his trainer at the gym. This tells me that he looks up to him as a positive role model which puts a smile on my face every time.

Encourage a Health Body Image- Throw the fashion magazines away and explain what the word Photoshop means as soon as they can read. Twiggy was not real, but a mere cartoon character that never made it to the Disney screen tell them. Both girls and boys suffer from body image issues. My son is built like a football player and everywhere we go

HAJJAR: PAGE: 39

LAWRENCE FIREFIGHTER'S
Relief's In Lounge & Function Facility
1 Market Street, Lawrence MA 01843
(978) 687-9053 www.reliefsin.com

SHEILA'S RECIPE CORNER

SHEILA MULLINS
VALLEY PATRIOT RECIPE COLUMNIST

Sometimes I am just in the mood to bake….something... anything. So I do. I usually make chocolate chip cookies, but I had run out & on the day I wanted to bake, it was raining hard & I wasn't about to go to the supermarket. So, improvise became the word of the day. A word of note, don't let the lengthy list of ingredients get to you, it's measure & add then mix. A mixer works best here.

Here are the 2 different results. This recipe was taste tested on several occasions by Jerry's co-workers who now fight over my cookies. Rejéan, these are for you!

GRANOLA COOKIES

1.5 sticks butter
½ t instant espresso or instant coffee
½ t salt
1 c light brown sugar
½ c white sugar
1 t vanilla
¼ c white flour
2 eggs, room temperature
1 c each dried cranberries & chopped dried apricots, sunflower seeds or pepitas
½ c each wheat germ & wheat bran
¾ t each baking powder & baking soda
¾ c old fashioned oatmeal
½ c whole wheat flour
1 c unsweetened coconut *

Preheat oven to 350°F. Either grease 2 baking sheets or line 2 baking sheets with Silpats.

Place butter, coffee, salt, vanilla, & sugars into mixing bowl. Cream until light & fluffy. Add eggs & beat until fully incorporated. Scrape down bowl. Add baking powder, baking soda, oatmeal, wheat germ, wheat bran. Beat until just incorporated. Scrape down bowl. Add flour, cranberries, apricots, & sunflower seeds or pepitas. Mix until just barely incorporated. If you are going to add coconut, do so at the same time as the cranberries, etc.

Using a small ice cream scoop, scoop out 6 cookies per sheet. Bake 4 minutes in the oven & then rotate sheets. Cook for 4 more minutes. Cool for about 1-2 minutes before removing cookies from sheet to cool on a rack. Makes about 40 cookies.

* I noticed that the addition of coconut did two very different things to the cookie dough. One, when the dough is placed on the baking sheet, you will need to either flatten it a bit with your hand or the bottom of a greased bottom glass & the texture is far crunchier. You also lose, if you make this with sunflower seeds, the sunflower seed flavour but not the texture they provide.

The cookies made without the coconut are far chewier & tend to spread out a bit more.

I decided to grow fennel this year; to be specific, bronze fennel. This has a far different leaf structure or fronds than a standard fennel. This recipe will work with any fennel fronds as they taste identical. So, now I have this HUGE fennel plant & what do I do with these fronds? I have heard you can eat them so I decided to do some research. I came across a recipe & liked some of the ideas, but not the whole thing, so of course, I changed it up to my liking.

RADICCHIO & FENNEL FROND SALAD

1 cup of either barley or faro, measured & then cooked according to package instructions & cooled to room temperature
½ onion, cut into chunks
2 garlic cloves
1-3" piece of French bread, cut into pieces
3 T rice wine vinegar
½ t ground cumin
1 t ground coriander
¼ c sliced or slivered almonds
¾ c chopped fennel fronds
¾ c ½-¾" feta chunks
½ c extra virgin olive oil
1 small head of radicchio, halved, cored, & shredded (about 4 c) (Note: red cabbage also works)
¼ c drained capers

Into a large bowl add the cooked & cooled barley or faro.

Into a small frying pan, add the coriander, cumin, & almonds. Toast until fragrant over medium-low heat.

Into a food processor (or blender) add the French bread, vinegar, the almond mixture, the garlic, onion, & bit more or less oil. Process until mixture becomes a thick paste. Add this mixture to the barley or faro & mix well.

Add the fennel fronds, radicchio, & feta & gently mix. Serve. Makes 8-10 servings.

Recipes are created by Sheila Mullins & taste tested by Jerry & Sheila Mullins & often times, friends. Sheila lives in Newburyport & is a personal cook. She can be reached at Sheila_A_Mullins@hotmail.com & she looks forward to hearing from you.

Recipes are created by Sheila Mullins. Sheila lives in Newburyport & is a personal cook. She can be reached at Sheila_A_Mullins@hotmail.com & she looks forward to hearing from you.

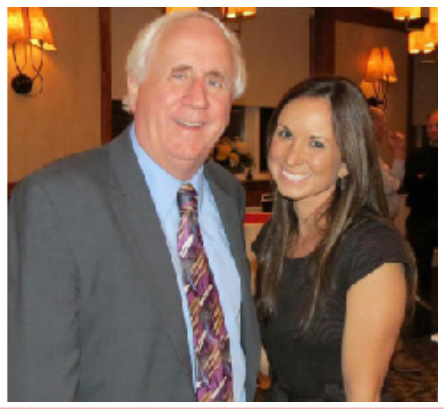
Northern Process Servers
Serving all Civil Process

Ronald Bertheim
Bonded Constable
Notary

252B Pleasant St.
Methuen, MA 01844
Tel 978-685-0093
Fax 978-689-3377
northernprocess@gmail.com

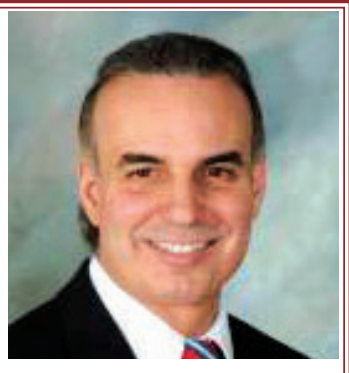
"State Representative Jim Lyons fights for puppies and dog rescues in Massachusetts. He even adopted a puppy that was slated to die in a high kill shelter down south. And I know! Jim's new puppy was rescued through the organization I am affililated with. JIM GETS IT.

~ Valley Patriot PuppyGirl
Kate Whitney



Jim Lyons
REPRESENTATIVE

LENNY MIRRA
STATE REPRESENTATIVE
2nd Essex District
Boxford, Georgetown, Groveland, Haverhill, Newbury, W. Newbury



Your Voice on Beacon Hill!

Lenny Mirra has worked in small business all his life and brings his work ethic and private sector experience to Beacon Hill.

* Supports requiring proof of citizenship in order to receive welfare benefits.
* REAL ethics reform to prevent wasteful patronage hiring
* REAL welfare reform to end EBT Card Abuse
* Term Limits for all legislators

www.LennyMirra.com
Cell: (978) 888-5212 - PO BOX 213, Georgetown, MA 01833

Find us on Facebook or Robitoforsheriff.com
Golf Tournament
register 12:00pm starts at 1:00 sharp
Robito
for SHERIFF
Saturday September 20th 2014
Merrimack Valley Golf Club Methuen MA

TV TALK WITH BILL CUSHING

For TV Fans, Fall Is The Best Time Of The Year

Bill Cushing
VALLEY PATRIOT TV COLUMNIST

Fall means the end of summer for most people, but it is the time of year that most TV fans look forward to. It's the time when most shows come back from their long summer break and return to the airwaves with new episodes. This year is no different. While some shows will wait until October to make their return, most shows are returning this month. It's also the time of the year when most new shows will make their debut.

There are a few shows that I'm looking forward to seeing based on what I know about them so far. One of them is CBS 'Scorpion.' The series is loosely based on IT genius Walter O'Brien, who recruits other geniuses to help solve the complex problems of the world. It stars Terminator 2's Robert Patrick, Katherine McPhee, and former Game of Thrones actor, Elyes Gabel. It premieres September 22nd at 9, on CBS.

Another show I'm looking forward to is FOX's limited series 'Gracepoint.' It stars Breaking Bad star Anna Gunn, former Doctor Who actor David Tennant, and Nick Nolte. This series is a remake of the UK drama 'Broadchurch,' in which Tennant also starred, but in a different role. The show follows the investigation into the murder of young boy in a small California seaside town. The media frenzy that ensues throws the entire town and the lives of its residents into turmoil. 'Gracepoint' will last for 10 episodes and premieres Thursday, October 2nd at 9 on FOX.

FOX's 'Gotham' is a show that is generating a lot of buzz. When the show was originally conceived, it was to follow the early career of Batman's Commissioner Gordon on the Gotham City Police Force. However, the show evolved and will now tell the origin stories of the characters of Bruce Wayne, and several Batman villains such as Penguin, The Riddler, Catwoman, The Joker, and Harvey Dent, among others. Southland's Ben McKenzie is playing the legendary police commissioner. The series will premiere September 22nd at 8 on FOX.

One more show that seems intriguing is FOX's 'Red Band Society.' This show centers on a group of teenagers living together in a hospital's pediatric ward, and the staff members who often serve as their teachers, mentors and surrogate parents in addition to overseeing their medical care. The show comes from Steven Spielberg's Amblin television production company, and it stars Oscar winner Octavia Spencer and Dave Annable. FOX has already put the premiere On Demand if you don't want to wait to watch it. 'Red Band Society' premieres on September 17th at 9 on FOX.

Then, of course, we have the returning shows. There a quite a few notable returns that will happen in September and October. A couple of them are entering their last seasons. HBO's Boardwalk Empire will premiere its final season on Sunday, September 7th and the final season of Sons of Anarchy will hit the airwaves with a 90 minute season premiere on Sunday September 9th on FX.

Here are some other new and returning shows of note:

• Dancing With The Stars – ABC, September 15th at 8.

• The Good Wife – CBS, September 21st at 9.

• The Blacklist – NBC, September 22nd at 10.

• The Big Bang Theory – CBS, September 22nd at 8.

• The Voice – NBC, September 22nd at 8.

• Survivor – CBS, September 24th at 8.

• Modern Family – ABC, September 24th at 9.

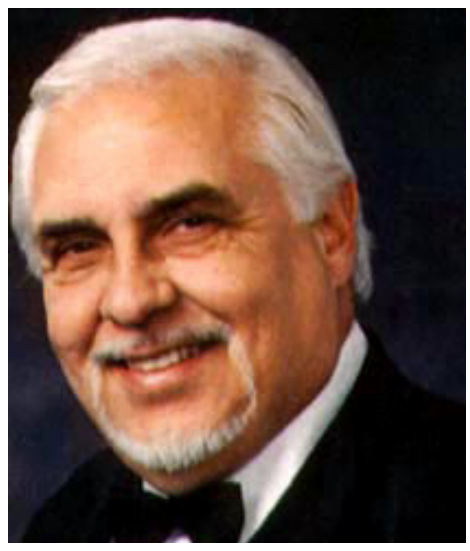
• Scandal – ABC, September 25th at 9.

TV TALK: PAGE 35

MIND OVER MATTER with JERRY VALLEY

Using EFT with Hypnosis for Phobias

JERRY VALLEY, MACP
VALLEY PATRIOT HYPNOSIS COLUMNIST



Yes, I have used EFT (Emotional Freedom Techniques) for several of my clients in addition to the hypnosis modalities that have been very effective.

EFT is a method of tapping certain points on the client's body that essentially re-aligns the meridians in the central nervous system. I call it "Acupuncture without the needles."

One of my best accomplishments was recently experienced by the client and me as well. When she released her phobia of needles, she, her mother and I were all elated.

I always tell my clients that "Your success is also my success," because your accomplishments give me a personal satisfaction.

This client was 18 years old and presented herself at my office accompanied by her mother who was 100% supportive as they both looked to me as a "Last resort." I am sure that you in the field of hypnosis can certainly relate to that.

Her problem was that she had a phobia about needles so dramatic that she could not only look at a needle, but could not even say the word! If she saw a needle, she would panic and cry and sometimes even faint.

She was scheduled to have a blood test soon and desperately needed to overcome her fear. So, I decide to test her and I showed her a syringe and she panicked and started to cry. I put the syringe away and calmed her down.

We had a nice informal chat and discovered that this phobia started a few years ago about the time that she broke up with her boyfriend.

I asked her mother to step out into the lobby while I interviewed the client privately and assured her that our conversation would remain completely confidential. Her childhood seemed normal with no apparent abuse. She also stated that she was not involved in the illegal drug scene, although had "Tried" Pot once or twice and insisted that she did not continue. I believed her. She seemed quite sincere. As a counselor and consulting hypnotist, I have learned in my career how to "Read" people and I am right most of the time.

We continued with testing such as the "Eye Roll," "The Arms Rising and Falling," and the Falling Back test (I find this to be the test of trust. She was highly successful in all 3 experiments. She was very impressed. I have always believed that the 3 most important elements in judging a subject's receptivity and response to hypnosis have been IMPRESSIONABLILTY, IMAGINATION AND TRUST. When you have all 3 in a client, you are just about guaranteed success…….remember I said "Almost."

I told her that I would record the session for her on audio tape and that I needed her to listen to it one hour before bedtime and then listen to it again, in bed, as she fell asleep.

This method seems to work quite well especially if they listen to the tape for 21 consecutive days. She was very agreeable.

I taught her how to do the Tapping (EFT) and gave her the proper wording which is basically "Although I have a problem with needles, I completely and deeply accept myself." She complied perfectly. Then, to test it, I asked her to close her eyes and recreate a situation where her anxiety would be at the top of a scale of 1 to 10. When she told me she was at a 10 level, I proceeded to do the tapping on the bone structure beneath her eyes. The scale dropped to a 5 then a 3 and then to zero. She was enthralled along with her mother that that fear could dissipate so quickly. EFT is effective especially when it is combined with a good hypnosis session.

During the hypnosis session, she was able to accomplish "Eye Catalepsy (she was unable to open her eyelids)," the "Arm Drop (unable to lower her arm)," and the "Number Amnesia. (she could not remember the number 6)." She was deep enough. Now, it was time to remove the phobia. My theory is that you must challenge the fear as I did myself many years ago when I had the fear of flying.

I made her left arm stiff and rigid and she could not lower it. This is what I said: "Your arm is stuck in the air and it represents your phobia with needles. On the count of 3, I will grab your wrist and your arm will become loose and limp like a wet noodle. More importantly, when I grab your arm and it becomes like a wet noodle, your phobia will become inactive and can no longer affect you. One….

JERRY VALLEY: PAGE 35

Like your doctor, keep your doctor… not exactly

Dr. Frank MacMillan, MD
VALLEY PATRIOT MEDICAL COLUMNIST

Did you know that If you live in Massachusetts, and have an HMO health plan, your plan has been getting a whole lot more restrictive regarding your ability to get care outside of the network of hospitals and physicians that are determined by your primary care doctor's network affiliation.

Since about 2009-2010, Massachusetts based health plans have been transferring the insurance risk to these networks, most of which consist of groupings of hospitals and physicians. Network development and consolidation of hospital and physician groups has been accelerating mostly behind the scenes. Some networks are anchored by the large academic medical centers in Boston, some are large group practices. Most networks are hospital centered or led by hospitals.

Hospitals perform a necessary public good. They often provide 24/7 emergency services, convenient and centralized outpatient and inpatient care, imaging, laboratory, surgical services, obstetrics etc. Hospitals are almost always among the largest employers in any community, especially the smaller communities, and therefore have political power and considerable clout. Whether for profit or non-profit, I can't tell the difference except the former pays taxes and the latter doesn't. Everything else is focused to the bottom line, which is driving as much business to the center, and preventing "leakage" of business to others outside the network. This is the fundamental flaw, and why, in my opinion, the reason that the network model will ultimately fail.

Your doctor has a duty to act as your advocate, your fiduciary, and in your best interest. The network's' fiduciary duty is first to themselves. Without trying to be overly critical, the networks can't provide the healthcare services if they don't make enough money to keep the lights on and the buildings heated. But they clearly have a public mission, and employ many of our friends and neighbors. They also control the flow of an enormous amount of dollars in our state, have to satisfy multiple constituencies, and consequently they can create corrupting incentives, carrots and sticks that affect you in ways that you don't even realize regarding your health care choices.

Especially in the HMO environment, your primary care doctor is your guide to all of the healthcare that you may need. He or she also knows your medical history, your preferences, and often has well established relationships with specialists, and knows how to navigate through the big city medical centers when needed. Like all other physicians, I like to refer complex problems to people that I know well, that communicate well, and who treat the people I send to them with respect and with their problems properly addressed. We are indeed fortunate to have outstanding healthcare in New England, with truly world class academic medical centers. There however is no one network that has the top expertise in all areas. Sending someone into town blindly because an in network provider is available is not what I would want if I were sick. Relationships matter.

Our health care system is being corrupted by financial incentives that push patients to self select into restrictive networks. Employers are being squeezed by being offered insurance products that provide discounts, or more accurately, slower cost increases by restricting access. Workers who contribute to their health insurance through payroll deductions are facing exactly the same pressures. Increased mandates on what the government considers to be "necessary" coverage also exert the cost pressures that support restrictive networks. Hospitals are financially at risk for services that go out of network, and are not at all incentivized to perform services in lower cost settings such as doctors offices, free standing MRI and imaging centers, commercial laboratories and ambulatory surgery centers, when they lose the extra fee that insurance pays to have it done in a hospital setting. Physician practices are squeezed when they pay out of their own pockets, the cost of a patient going out of network. Is it any wonder that there has been a dramatic and rapid consolidation of network hospitals and physician groups to ensure survival, but at increasing cost and restricted choices?

Twenty years ago, the public stood up to similar trends and resistance built to the

DOCTOR: PAGE 39

Bullying in the Work Place

Attorney Timothy F. Stark, Esq.
VALLEY PATRIOT LEGAL COLUMNIST

Clients often come in to my office to talk about a boss who uses intimidation, anger, or other aggressive behavior to manage their employees. They usually begin by explaining how stressful and unpleasant the working environment is, and they describe egregious conduct by the boss that makes it virtually impossible for them to perform their jobs. They state that, not only is it difficult to go into work, but even when they are away from the job they can't live a "normal" life since they are unable to sleep at night or think about anything other than the job and how horrible it is. Sometimes the problem is complicated by the fact that the family needs the income, and the person is therefore unable to quit. This type of boss presents significant problems for the worker, but shockingly may not be engaging in unlawful conduct.

The employee often believes that the boss is harassing them, and is often surprised to learn that this type of harassment is probably not against the law. In these cases, I often have the unpleasant task of informing the client that "bullying" in the workplace, at least at the present time, is not unlawful in Massachusetts. What makes "harassment" unlawful is the fact that the harassment being complained about is motivated by an "unlawful animus." This essentially means that the animosity is being directed toward the person because of their race, color, creed, national origin, sexual preference, gender, or some other "protected class" under Mass General Law 151B. If the conduct is simply because the boss doesn't like the employee, or because that is the boss's chosen management style, then it probably does not constitute unlawful conduct. Clients often can't believe that a boss can actually use profanity or embarrass an employee, and not have it be unlawful.

From time to time, the Massachusetts State Legislature has proposed anti-bullying legislation. However, at least up until now, it has never even come close to passing. Bullying is certainly getting much more media attention these days (especially in school situations), but at least as of now, the issue is not being addressed within the workplace. Nonetheless, the victim of the harassment is not completely without remedies.

The initial option is to attempt to have a constructive conversation directly with the boss. Of course, it is extremely important that the employee remain professional and calm during this conversation. But, of course, such a conversation is not without some risk and realistically not likely to be successful if the boss is truly a bully. A second option is to go to personnel and have a conversation about the situation, or to file a formal complaint. It is important, however, that the employee stay professional and constructive. In the alternative, the employee can also attempt to have a conversation with the boss's boss. At this point I strongly encourage the employee to keep an accurate record of what the boss is doing, and also record the employee's efforts to resolve the problem. These records may become very important later should the employee decide that they can no longer work in the environment and resign.

In some circumstances, even if the employee quits, they may still be eligible to collect unemployment. However, they will need to prove that they did everything a reasonable person would have done to solve the problem prior to quitting. Also the person might be able to file a worker's compensation claim for work related stress, or a disability claim should the stress become completely disabling. Both of these latter options are difficult to sustain, but under some circumstances are successful.

If you or someone you know is working under these difficult circumstances, it is recommended that you discuss your options with a qualified and experienced employment attorney prior to taking any definitive actions.

Refurbish your Uggs Before Winter is BACK!
Bring in this ad and get $5 off any shoe repair
J & W Shoe Repair and Leather Service
All Kinds of Shoe & Leather Repairs
* Pocketbook Refurbishing
* Custom Shoe Dying
* Orthopedic Shoes
* Suitcase & Luggage Repair
* All Kinds of Zipper Repair
* Name Brand Pocketbook Repair

We refurbish UGGS
Better QUALITY WORK than any other shoe repair shop BAR NONE!
139 Main St., North Andover, (978) 685-2325 - OPEN: Mon. - Fri. 8:30 - 5pm & Sat. 8:30 - 4pm

HAVERSTEIN: FROM PAGE 22

the program is safe for now and the result of the court's decision provides some certainty and allows the program to be improved and expanded. True the Court did not undo the injustices of the Blaine Amendment, but the result of their decision is nevertheless a victory for New Hampshire students and families.

D.J. Bettencourt served as a State Representative in the New Hampshire House of Representatives from 2005 to 2012 and was the House Majority Leader for the 2011-2012 legislative term. He currently works as the Director of Development and Community Relations at the Salem Animal Rescue League and serves on the Economic Development Action Committee in Salem, NH.

JERRY VALLEY: FROM PAGE 33

two……three……..your arm is now loose and limp and the phobia is gone!"

At this time I continued the session building up her confidence and self-esteem with the suggestion "I FEEL CALM, RELAXED, PEACEFUL, CONFIDENT AND IN COMPLETE CONTROL."

Of course, I also recorded several other strong affirmations that I anchored into her subconscious mind.

I then told her that she was to open her eyes and that she would hold a needle, which she did, took off the cap and actually touched the shaft. Her mother, who was sitting near her, was amazed. Then, I instructed her that she could do that at any time and would do it again in the waking state and that she would have no adverse reactions.

I removed her from the hypnotic state and she emerged with feelings of euphoria and positive expectations. I handed her the needle and she easily proceeded to remove the cap and touched the shaft. Both she and her mother were thrilled! She was now ready for any medical procedure. She returned for several more reinforcing visits and has been in complete control ever since.

If you have not experienced EFT, send an e-mail to: garycraig@emofree.com who will send you many great articles, information and training.

This procedure could enhance your success rate.

Best wishes for continued success,

Jerry Valley, MACP, NGH-Certified Consulting Hypnotist, Jerryvalley007@aol.com, 978-688-6657

Methuen, MA

TV TALK: FROM PAGE 33

- Homeland – Showtime, Oct. 5th at 9.
- Walking Dead – AMC, Oct. 12th at 9.

Do you have any questions about TV? Email me at BillsTVTalk@gmail.com. I will answer all of your questions and will feature some of the questions I receive in a future column.

Follow Bill on Twitter @TVNewsandNotes and on Facebook at TVNewsandNotes for daily up-to-the-minute TV news. www.tvnewsandnotes.com

STRAIGHT FROM Sal's PIZZA SINCE 1990 BOSTON'S NORTH END
HAVERHILL
Get your Valley Patriot at SAL'S!
978-521-7575
95 Winter St.

COLLINS: FROM 1

That made Mr. Collins' job all the more important. His job was to man the guns on the rear of the ship and ensure that no enemy fighter/bomber aircraft, or ships come up and do harm to this vessel and her crew. Mr. Collins himself was at his gun one day during the war when a Japanese Zero came straight at his ship flying very low to the water, making it a tricky shot to get off. The Zero was thankfully destroyed a few hundred yards from the AOG-17, allowing her and her crew to make delivery of their precious cargo.

I asked Mr. Collins if there were any events that stuck out in his mind after all these years. He did, after all, spend several years of his life on this ship. He said, and I agree, there could be a book written about it, but I thought I would highlight just a few.

When part of the way to a destination island to pickup more fuel the steering on the ship failed. They had no repair or replacement parts to fix it at sea. What the crew had to do was to use the communication system on the ship from the bridge to where the rudder could be reached to have the Captain send down orders on which way to turn. The men would then go and manually turn the rudder according to the Captain's instructions.

Sounds easy right?

Sure…on a rowboat. This ship when full with fuel had a displacement of 2,270tons. These men had to literally throw their backs into moving a rudder against the water and the momentum of the ship to turn it as needed. The men would work four hours shifts in teams of six to accomplish this task. According to Mr. Collins recollection every time he pulled that duty he would instantly go back to his bunk and pass out exhausted, covered in sweat.

On another trip Mr. Collins had a story that in the Army we would have called a SNAFU (it is an acronym well worth Googling if you don't know what it is.) When they filled up with crew supplies on a trip to one of the islands one of the water tanks that the crew would use for drinking water was half filled with gasoline, then someone at the filling port realized the mistake and started loading water… without removing the gasoline or cleaning the tanks. That means that a good half of the fresh water supply for the journey was gone. The men got creative on the deck on rainy days to save water using the natural shower to bath, clean clothes, and other parts of life that one would use fresh water for. Now that is American ingenuity at work!

Mr. Collins did say he was glad he wasn't the first one to try to drink that water, as the person that did turned green before spitting it out.

He had many more stories about his time on this vessel ranging from when a Japanese bomber passed directly over head to a trip to Lai Tai Harbor to refuel some airplanes that were aiding the Australian military while they were engaged with the Japanese.

All of those stories and instances are well worth a column of their own. But I would feel as though I missed something if I didn't say that Mr. Collins had a girlfriend he corresponded with the entire time he was gone. She was a radio instructor in the Army. They were eventually married and remained so for over sixty years. They had a very interesting hobby they shared.

They would deer hunt together. That isn't something too many married couples do any longer. I asked him when he stopped deer hunting (remember he is 92 years old).

His answer is all you ever need to hear to know what kind of a man this is. He is someone who will never quit, no matter what. He told me 4 years ago. When he was 88 years old. I was astonished I said really? What finally made you quit? His answer shocked me even more. He said, "Too many of my friends have died and I can't eat the whole deer myself."

In other words he would, and by the look of him could, still go out today and enjoy that hobby.

I think people like Jake defined what made the United States during and after the war. He is the type of person we need more of, and someone I strive to be much more like. I want to thank Mr. Collins for taking the time, and I wish him many more years to come. I fully expect to hear from him for years to come.

Tim Imholt

Tim is the author of several historic fiction novels including a series about a Marine in the Pacific during WW2 called China Bones available on Amazon.com.

Sullivan Agency, Inc.
- Since 1963 -
Personal & Business Insurance
Real Estate
Voted 14 years in a row as "Best Insurance Agency" for the Merrimack Valley
LAWRENCE 978-683-4700
METHUEN 978-681-8200
NORTH READING 978-276-2300
tasullivanagency.com

NOTEBOOK: FROM 15

it happen? We'll tell the story of how Lawrence came to be a great center of industry, and just who made it into one. Come see and hear how the marvelous transformation occurred, and learn how Lawrence grew from the "New City on the Merrimack" to the "Immigrant City."

The views expressed in the White Fund Enlightenment Series presentations are the views of the speaker and do not necessarily reflect the views or policies of Northern Essex Community College. The White Fund Enlightenment Series is presented by Northern Essex Community College. For more information, or to request communication access, please call (978) 738-7403 or visit www.necc.mass.edu

HAVERHILL - WANTED: Riverfront Cultural District Liaisons!

The Cultural District Liaison for a particular community group/organization will be the "voice" for their organization at Cultural District planning and vision meetings. This role is designed to open up the lines of communication between the various community organizations within Haverhill and with the new Riverfront Cultural District, which aims to promote any and all events/initiatives pertaining to Arts and Culture in Haverhill.

Introductory Meeting Times (Choose one): Monday, September 29th at 9:30am or Thursday, October 2nd at 7pm.

Location: Greater Haverhill Chamber of Commerce, 80 Merrimack St., Haverhill.

The Cultural District Liaison should be an individual who: Is not already overextended with duties in their organization,

is reliable, and attends their organization's meetings regularly, is organized and attentive and will provide positive feedback and ideas to the group.

The Cultural District Liaison also should agrees with the 4 goals of the Riverfront Cultural District, to:

1) Create an environment where artists of all kinds can live and work in Haverhill.

2) Raise visibility of Haverhill as a tourist destination in Essex County and beyond.

3) Attract citizens of Haverhill to the downtown center.

4) Encourage development of market rate housing through creative, economic, developmental, and cultural amenities.

Responsibilities: Attend one brief Monday morning or Thursday evening meeting per month (schedule TBD). Come prepared with marketing materials and information on your organization's upcoming events. Take notes, and report back to your organization on what is happening with the Cultural District.

Please contact Jenny at jenny@haverhillchamber.com or at (978) 373-5663 if you would like to be your organization's HRCD Liaison, and plan to attend one of the above meeting dates.

HAVERHILL EVENTS - Thurs., Sept. 18th: Haverhill Artist Connection Meeting. Time: 6:30-8:30pm. Location: Greater Haverhill Chamber of Commerce, 80 Merrimack St.

Fri. Sept 19th: Opening "show_Labration" Pop-Up Exhibit. Time: 3-7pm. Location: Haverhill City Hall (4 Summer Street, 1st Floor).

Sat. Sept. 20th: Mark Erelli Concert. Time: 8-10:30pm. Location: New Moon Coffeehouse (UU Church, 16 Ashland Street).

Sun. Sept 21st: Artists Reception: Show Labration Art Show. Time: 3-5pm. Location: Buttonwoods Museum (240 Water Street).

Mon. Sept 22nd: Opportunity Works Golf Classic. Time: 7am-3pm. Location: Atkinson Resort & Country Club (85 Country Club Dr., Atkinson, NH).

Thurs. Sept. 25th: MVH's "Along the Boardwalk" with food, wine & beer and beer pairing. Time: 5:30-8:30. Location: Black Swan Country Club (258 Andover St., Georgetown, MA).

LEOMINSTER TEA PARTY - Monthly meeting: Monday, September 29th at 6:30pm. We will be having as our guest Paul Craney, Executive Director, MA Fiscal Alliance. Location of meeting is unknown as the restaurant where we held our meeting for the last several years has been sold and we need to find a new venue before the 29th.

LOWELL - A.M.S.I. Foundation Third Annual Hallows Eve 5K Fun Run and Walk. Ghosts, goblins and the like will be on the run again this fall as the A.M.S.I. Foundation hosts its Third Annual Hallows Eve 5k Fun Run and Walk on Sunday, October 26, 2014. 5K walkers will begin at 9:30am, 5K runners will begin at 10am. The race location is the Elks Lodge of Lowell (40 Old Ferry Road Lowell, MA). Race registration for the chip-timed run begins at 8am. A free kids fun run (ages 11 & under) starts promptly at 9:15am.

Race registration is $25 and raises funds for the A.M.S.I. Foundation's scholarship programs. High school students with IDs (and younger) are always $15. Cash prizes will be awarded for the top 3 overall runners and the top 3 student runners. In addition, a costume contest and other exciting prizes will be distributed throughout the event. Participants are invited to join the A.M.S.I. Foundation at the Lowell Elks for a post-race party.

To learn more about this and other upcoming A.M.S.I. Foundation events, visit www.amsifoundation.org, email info@amsifoundation.org, or call 978-495-0944.

NEWBURYPORT EVENTS - Greater Newburyport Area: Newburyport, Newbury, Amesbury, Salisbury, Seabrook, NH.

Newburyport's Oktoberfest will be held on Saturday, September 27th from 12-6pm.

There will be rides, and activities for all ages! Bring the family for a great day of fun, froth and food! Enjoy music by the Oberlaendler Hofbrau Band from 12-6pm at Cashman Park, Newburyport.

PLANT SALE FOR FELINE RESCUE SOCIETY Saturday, September 20th: Merrimack River Feline Rescue Society's Plant Sale. The bi-annual plant sale occurs at the Merrimack River Feline Rescue Society Shelter, 63 Elm Street, Salisbury, MA. Time for your fall planting and MRFRS will have a wide selection of Mums, Chrysanthemums, and Asters to name just a few. All proceeds benefit MRFRS and the cats and kittens for which we provide assistance. Feline Rescue, 63 Elm Street, Salisbury. Cape Ann Massachusetts: Rockport, Gloucester, Manchester by the Sea and Essex.

DOG DAY!! Join dog lovers of all ages at Cape Ann Animal Aid's 11th Annual Dog Day on Sunday, September 14th at Stage Fort Park in Gloucester from 11am-3pm. (Rain date 9/21/14). This popular celebration of all things canine features a craft and vendor fair, raffles, food and refreshments, games, photo opportunities, doggy nail trimming, bouncy house and kids tent, doggy agility course, music, demonstrations, and more! Dog Day is free to attend and licensed and vaccinated dogs are welcome. There is a $10 participation fee per dog for dog activities. All proceeds benefit Cape Ann Animal Aid. For more information, visit www.CapeAnnAnimalAid.org or call 978-283-6055.

GLOUCESTER BLOCK PARTY

The 2014 Gloucester Block Party will be held on Saturday, September 20th from 6-11pm. Main Street transforms into an entertainment mall with 5 performance stages, al fresco dining, Kids' Town, and stores will be open until 11 pm. Eat, shop and dance in the street! www.glostablockparty.com

September 21st: Plein Air Painting Workshop, 10am-4pm at Cogswell's Grant, 60 Spring Street, Essex, MA.

Join award-winning Gloucester artist David Curtis, and palette knife painter Marianne Thompson, for a plein air painting workshop at Cogswell's Grant. Beautiful vistas including the Essex River and Great Marsh, farm fields and forests, and our eighteenth-century historic house and barns offer an ideal setting for landscape painters looking to refine their skills with expert instruction. For this drop-in class, bring your own materials and equipment, receive direction as you work, and gather for an end-of-day critique with the instructors. A free tour of one of the country's most celebrated collections of American folk art is available to participants. Weather permitting, please call.

NORTHBOROUGH TEA PARTY-Monday, September 15th at 7pm: Jessica Vaughn, Director of Policy Studies, Center for Immigration Studies, returns to Northborough to discuss "Update on the #1 Threat to America: Illegal Immigration" Northborough Free Library, 34 Main Street. Free admission. For more information call John O'Mara at 508.393.2044 or visit www.northboroughteaparty.us.

Wednesday, September 17th from 11am-1pm: Anti-Common Core Rally at the Statehouse. Peg Luksik, Dave McGeney and Dean Cavaretta are featured speakers. For details call or email Donna Colorio at 508.450.0104 or dcolorio@gmail.com.

Wednesday, September 17th from 7-9pm: Common Core Forum presents "An Evening with Dr. Peg Luksik". Saint Anne's Church, 130 Boston Turnpike (Route 9), Shrewsbury, MA. Register at: https://www.eventbrite.com/e/evening-with-dr-peg-luksik-tickets-12826579645.

Thursday, September 18th at 7pm: The Worcester Tea Party's September meeting focuses on "Using Humor to Effect Political Change". Guest speaker Eric Golub is the country's preeminent politically conservative comedian and an award winning blogger.

He will show how the power of humor can produce substantive political change. Free Admission. The Canal, 65 Water Street, Worcester. For more Information: wtp@worcesterteaparty.com.

Tuesday, September 23rd from 7-9pm: "Common Core Informational Forum" will be held at the Elks Lodge, 23 Low Street, Newburyport, MA. Featured speakers are Sandra Stotsky and Jamie Gass of the Pioneer Institute. For more information call or email Donna Colorio at 08.450.0104 or dcolorio@gmail.com.

Wednesday, September 24th at 6:45pm: The Greater Marlborough Tea Party will host it monthly meeting at the Embassy Suites Hotel, Route 20 West, Marlborough. Program to be announced shortly.For more information: Ralph Belmore jrbelmore@aol.com

Saturday, October 4th at 2pm: Circle your calendar now for Trevor Loudon's return to Northborough. Trevor has uncovered new and unnerving facts about legislators on the national scene as well as here in Massachusetts. Northborough Free Library, 34 Main Street. Free admission. For more information contact John O'Mara at 508.393.2044 or jcomara@gmail.com.

METHUEN LIONS TO HAUNT THE NEIGHBORHOOD - As the Halloween Season approaches , the Goblins and Ghouls of the Methuen Lions have undertaken a neighborhood "haunting" project fund raising event. For a $20.00 donation the Methuen Lions will arrange a haunted lawn display for those who would like to "haunt" their neighbors/friends/relatives.

For the sum of $25.00 those who are afraid of things that may go bump in the night, you may purchase "ghost buster" insurance to protect your property from ghosts, black cats, and tomb stones. Within

72 hours the Methuen Lions "ghost busters" will remove the "haunting effects" and carry on to the next unsuspecting target .For more information contact the Methuen Lions at methuenlionsclub@ gmail.com or call and leave a request at 978-975-9803 .

IRS WARNS OF SCAMS - Five Easy Ways to Spot a Scam Phone Call

The IRS continues to warn the public to be alert for telephone scams and offers five tell-tale warning signs to tip you off if you

BOTTOM OF NEXT PAGE

Windham™
PROFESSIONALS

Windham Professionals, Inc. is a national debt management company with offices located in Salem, NH and Woburn, MA. We are family owned and operated, looking for professionals like you to join our winning team!

Student Loan and Commercial Collections Wanted!

RESPONSIBILITIES would include the following:
* Contact consumers via telephone to collect outstanding debt
* Resolve consumer disputes within state and federal regulations
* Follow up on promised payments
* Maintain assigned accounts

EDUCATION and/or EXPERIENCE:
* High School diploma or general education degree (GED)
* Related collections, telemarketing, sales experience a plus
* High level of communications skills a must

POSITION BENEFITS:
* Casual dress attire and flexible scheduling
* Competitive pay and bonus potential
* Outstanding benefits

WANT TO APPLY?
* Resumes are welcomed year round at hr@windhampros.com

380 Main Street, Salem, NH 03079 800-969-0059 EOE/AA Employer

LETTER

To the Editor:

Dr. Charles Ormsby makes some poignant observations about societal evolution. He suggests, correctly, that 'evil forces...hinder the adoption of sound principles.' What I thought, however, was going to be a thoughtful, introspective, intellectual response to how societies evolve, sadly, turned into a diabribe and political statement.

He begins with 'famine has never existed in a capitalist society.' Dr. Ormsby has probably not visited vast segments of India were food is a scarce commodity for millions who live a hand to mouth existence. Last time I checked India is a capitalist economy.

He follows with 'countries ranked mostly free have four times the per capita income' than countries that are marked 'unfree.' Many countries south of our border, marked free or mostly free, do have four times the per capita income... all at the top pier of the society, that is, the most wealthy.

Then he takes the usual jab at China, a country without whose good will, the US economy would fall apart, and tells us how 'millions lived on $1/day.' Naturally, he gives no footnotes or verification for his comments.

Why he makes the statement that '10% (again tells us nothing about where he gets his statistics) of Americans live more comfortably today than the monarchs of the precapitalist period' is a mystery. Does he refer to King George the third, Henry the VIII, or, perhaps, Genghis Kahn? What, for example, does he define as his precapitalist period? Solid arguments can be made that before the coming of Christ, the Romans, Greeks, and Egyptians thrived in a capitalist economy. Millions were enslaved under the Romans whose elite lived in luxury.

He then leads himself to his own conclusion which is fine. One can always define one's own conclusions using one's own logic without, for example, any documentation for their conclusions. Just write for people who acknowledge you as correct, read only those things with which you agree, and, voila, you prove your own conclusion. Not very scientific, but who cares when you only hear your own voice.

Then, Dr. Ormsby writes that 'mandatory employment benefits (unemployment insurance) and increased minimum wages have a negative effect on job growth. Yup, I suppose money will trickle down from the ultra rich to the rest of us as long as we subsidize their lavish lifestyles. (Stop and Shop, now experiencing mega profits, is offering new jobs at a whopping $8-10/hr for the worst possible hours: night shift. This wage will help the very poor become wealthy according to this logic.

He writes that these 'poison pills' are the result of Democrats, socialists, and moderate Republicans. This is not the first time Dr. Ormsby has written insultingly about anyone or written disparagingly about policies he disagrees with. It's one thing to disagree. It's quite another to be as disagreeable. This is not what we should expect from an educated man with a Ph.D. from MIT.

May I suggest he read 'Team of Rivals' and take a lesson from Abraham Lincoln and how to approach those issues with which one disagrees. Furthermore, before the vaunted Doctor writes another word, I would ask him to spend some time reading all the economic books he can by all the great economic names from Adam Smith to John Gailbraith to Paul Samuelson to Milton Friedman before jumping to his conclusions. Be sure to read not only those things with which you already agree but read those things you are not accustomed to reading about.

Have we not seen what happens when one only listens to one's own voice, only considers the opinions of those who already are in agreement, only acknowledges those who speak with you? It's the mess that Bush-Cheney-Rumsfeld along with cowardly Democrats got us into when they pushed us into an invasion of Iraq.

And...always, always, always, have a trusted advisor read what you write before sending it in for publication before embarrassing yourself. Better yet, have someone who usually disagrees with you read what you have to say first.

Michael Veves, 215 Middle Road-Haverhill Ma

Vispoli: Don't Move the Registry

Andover Selectman and candidate for the State Senate, Alex Vispoli spoke out in opposition to the Registry of Motor Vehicles, in Lawrence, being moved from the Plaza on Rt. 114 to near City Hall where there is very limited parking.

"We are talking about the Registry so I think moving the location where there's easy access and parking is plentiful to a location where parking is limited is questionable. This is a prime example of state government failing to be responsive to their customers," said Vispoli.

"As the next State Senator, I am going to push for the small business bill of rights that will help create jobs and revitalize areas. Moving the registry from one location to another is not an economic plan just a reshuffling of the deck. The people of this district need long term solutions," said Vispoli.

Vispoli is supporting the Small Business Bill of Rights package that includes the following initiatives to help grow jobs:

Small Business Bill of Rights

* One-year adjustment period before a new regulation can take effect

Businesses need certainty. By creating a one-year waiting period, businesses will have the time to prepare for the new requirement and make the appropriate adjustments. It will make it more affordable for them.

* Require a systematic cost-benefit analysis of regulations every 5 years

The Patrick administration has been reviewing some regulations, but it should occur every 5 years to ensure that regulations have not outlived their usefulness.

* Allow people to freelance work and allow businesses to hire freelancers

The Massachusetts state law on independent contractors makes it almost impossible to hire a freelance person. By correcting the definition, we will be creating more opportunities for businesses to test new positions which often lead to full time positions.

* Require a cost-benefit analysis of all new energy projects

The cost of doing business in Massachusetts is very expensive. We have some of the highest utility costs in the nation. Before beginning a utility project, there should be a cost-benefit analysis to determine the worthiness of the project.

* Require hearings before taxes are increased

The tech tax is a perfect example of legislators voting to increase taxes before knowing the full impact. By holding hearings around the state, businesses will be able to educate legislators as to the direct impact before there is a vote.

* Limit treble damages to willful actions

These hefty fines should only be imposed on small businesses when there is willful action on wage disputes, not for innocent mistakes.

STOP
AUTOMATIC GAS TAX HIKES
Vote YES on Question 1

After collecting over 146,000 taxpayer signatures we are finally going to be on the November ballot so we can stop the worst tax ever in the history of the Commonwealth!

The Governor and the Legislature have linked the gas tax to inflation which means this tax will automatically increase every year without a vote of the legislature!

If this form of **automatic taxation** is allowed to stand, then the tax-and-spend liberals at the State House will link other taxes such as property and income taxes to inflation.

Your support, financial and otherwise, will help at many levels. Visit us at www.tankthegastax.org to donate and learn how you can join in the fight.

And please remember **– Vote YES on Question 1.**

Paid for by the Committee to Tank the Automatic Gas Tax Hikes. Jamie Kang, Treasurer.
154 Worcester St, Watertown, MA 02472

NOTEBOOK FROM PREVIOUS PAGE

get such a call. These callers claim to be with the IRS. The scammers often demand money to pay taxes. Some may try to con you by saying that you're due a refund. The refund is a fake lure so you'll give them your banking or other private financial information.

These con artists can sound convincing when they call. They may even know a lot about you. They may alter the caller ID to make it look like the IRS is calling. They use fake names and bogus IRS badge numbers. If you don't answer, they often leave an "urgent" callback request.

The IRS respects taxpayer rights when working out payment of your taxes. So, it's pretty easy to tell when a supposed IRS caller is a fake. Here are five things the scammers often do but the IRS will not do. Any one of these five things is a sign of a scam. The IRS will never:

1. Call you about taxes you owe without first mailing you an official notice.
2. Demand that you pay taxes without giving you the chance to question or appeal the amount they say you owe.
3. Require you to use a certain payment method for your taxes, such as a prepaid debit card.
4. Ask for credit or debit card numbers over the phone.
5. Threaten to bring in local police or other law-enforcement to have you arrested for not paying.

If you get a phone call from someone claiming to be from the IRS and asking for money, here's what to do:

• If you know you owe taxes or think you might owe, call the IRS at 800-829-1040 to talk about payment options. You also may be able to set up a payment plan online at IRS.gov.

• If you know you don't owe taxes or have no reason to believe that you do, report the incident to TIGTA at 1.800.366.4484 or at www.tigta.gov.

• If phone scammers target you, also contact the Federal Trade Commission at FTC.gov. Use their "FTC Complaint Assistant" to report the scam. Please add "IRS Telephone Scam" to the comments of your complaint.

Remember, the IRS currently does not use unsolicited email, text messages or any social media to discuss your personal tax issues. For more information on reporting tax scams, go to www.irs.gov and type "scam" in the search box.

Tom Duggan is the publisher of The Valley Patriot, a former Lawrence School Committeeman, and hosts the Paying Attention! Radio Program on WCAP, 980AM, every Saturday from 10am-noon. You can email your comments to valleypatriot@aol.com .

Sunday , September 28th 4 pm to 8pm
Methuen Knights of Columbus
462 Broadway

Event Sponsored by the Pentuket Bank & Clean River Project

- ***Ghost Hunters TAPS SyFy Channel TV Celebrities are coming to Methuen for a Meet & Greet, Q&A Session, Autograph Picture Signing with Joe Chin, Bruce Tango & Dustin Pari.***
- ***Plus special guest appearance by The Gettysburg Girls.***
- ***We ALLOW, and we encourage everyone to bring their cameras, video cameras, and any other equipment you have to make the most of this night!***

- **Tickets $50. pp Can be purchase online through Eventbrite**
- **or Contact Rocky Morrison (978) 590-9374 for Tickets.**

- ***Purchase Advance Tickets $45.00 ea, at your local retailers***
  - ***Gourmet Bites Café 184 N. Broadway Salem, NH or***
  - ***North Broadway Optical 224 North Broadway Salem, NH***

All Proceeds go to Cleaning and Preservation Of the Merrimack River

JOE D'AMORE'S GROVELAND NOTEBOOK

Joe D'Amore
VALLEY PATRIOT COLUMNIST

Massachusett's highest court continues to set outrageous precedents.

A former Amherst high school science teacher Ronald Garney pleaded guilty to buying and possessing child pornography. Furthermore , he used a state-issued email address at his school to access the illegal websites. Yet the Supreme Judicial Court ruled on August 18th that he can keep his $28,725-a-year pension. This now establishes a precedent that could protect retirement perks for criminals at taxpayer expense.

"It belies common sense," said Walter Foster, a pension lawyer at Eckert Seamans. "It has a broader reach beyond teachers. … To me, it's an invitation, at the very least, for the state Legislature to act."

The root of the problem is Governor Patrick and a Governor's Council who has enabled him to continually appoint justices to the highest court that are biased towards social engineering . There is clearly a pattern of instituting laws that violate the sensibilities of many citizens.

And so the question remains will the Legislature act to curb or reverse this trend?

I doubt it . The state's Legislature has failed miserably in recent rulings to uphold victim's rights regarding parole standards for criminals who commit their crimes when they are juveniles. This is troubling since the Legislature, unlike the SJC is a representative body. Outcry by victim's advocates have fallen on deaf ears.

And so the pattern will undoubtedly continue.

The Supreme Judicial Court in Massachusetts continues to violate the most fundamental tenets of order in our society. This is not a "liberal" or a "conservative problem - white or black- Christian or Muslim -Democrat or Republican.

It is a deeply disturbing universal crises and a further dereliction of duty in upholding justice for law-abiding people.

Local aid is a priority only for Baker

I am concerned about the lack of commitment from the current Governor and administration regarding the integrity of financial support to our cities and towns. "Local Aid" has not been a platform item high on the list of priorities for Martha Coakley and Steven Grossman either.

But for Charlie Baker it is.

Charlie recognizes that the quality of our lives is directly affected by the level of funding received by the state to help our municipalities meet their obligations which are mandated by numerous federal and state laws. The responsibility to adequately fund our municipal services depends on a delicate balance of revenue generation, local taxation of residents and a large component remains funds directly received from the state.

In recent years, local aid has been waning as priorities are shifted elsewhere; largely in the area of social programs. The most insidious and silent threat is the continuing trend towards level-funding of cities and town. If you level fund something t that has increasing costs, you effectively are underfunding it. This is a fundamental reality and smaller communities such as the one in which I serve on the Board of Selectmen ; Groveland, are bearing the brunt of this. Ultimately, we will be forced to increase taxes and fund more projects with debt, all of which increases burdens to local citizens.

Charlie's focused approach is to eliminate cuts altogether and to tie increases in the state revenues by transferring the same level of increases to local aid. This is only fair. Additionally, he wants to release the $100 million in Chapter 90 money for road repairs that was promised in 2013. Finally, his approach is to streamline the budget process to find efficiencies that are earmarked to help our cities and towns , not new, mandated and unfunded liabilities.

The silence of the Governor and the other candidates on this issue speak volumes of their intent. With an improving economy the opportunities to finance social engineering schemes will increase to the detriment of our municipalities.

Voters of all party affiliations or unenrolled should be concerned about this.

This dog was stolen while in possession of his trainer who claimed he was running errands in Lawrence and left the dog in his car. The dog's owner Sean Devan says that he pulled surveillance cameras in the area the trainer claimed to be when the dog was "stolen" and says the story doesn't match up. He filed a police report and charges were filed against the trainer. A hearing is scheduled for this month.

AM 980 RADIO WCAP Everybody Gets It!

WCAP, "THE VOICE OF THE VALLEY"
FULLY INTERACTIVE RADIO, LIVE AND LOCAL, 24/7

TED PANOS & AUSTIN FONTANELLA, WEEKDAYS 6A-9A, BRINGING YOU EVERYTHING THAT'S GOING ON. ENGAGING GUESTS, IN DEPTH INTERVIEWS AND LIVLEY TALK WITH UP TO THE MINUTE NEWS, WEATHER WITH AL KAPRIELIAN, AND TRAFFIC REPORTS.

MID DAYS MEAN MORE LIVE AND LOCAL RADIO WITH JACK'S CAFE. JOIN IN THE FUN AS JACK BALDWIN TALKS WITH AUTHORS, ARTISTS, MUSICIANS AND MORE. THEN IT'S "SPECIALTY SHOWS". ON FRIDAYS IT'S "LIVING FOR THE WEEKEND", A FUNNY AND INFORMATIVE COUNTDOWN TO A WEEKEND OF FUN,

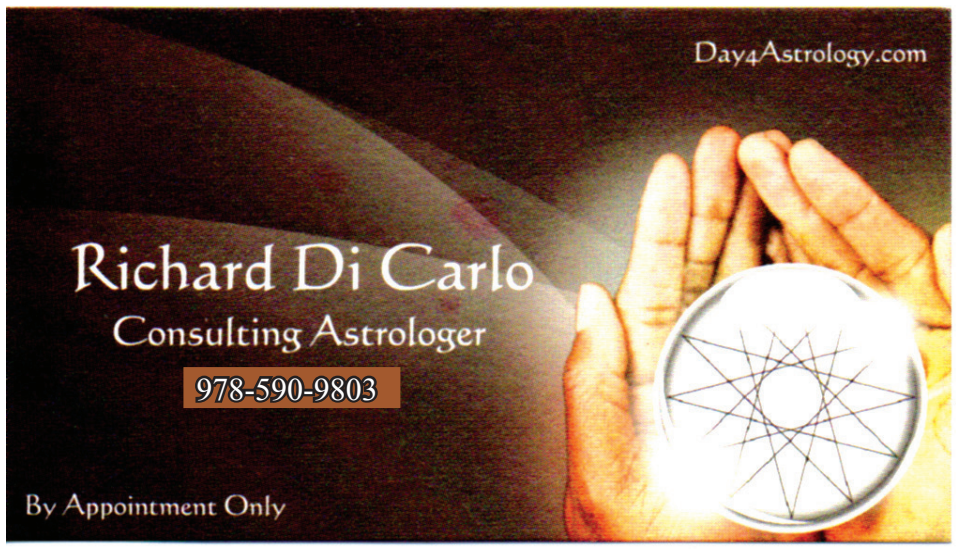
RYAN JOHNSTON BRINGS IT HOME MONDAY THROUGH THURSDAY AFTERNOONS. YOU'LL HEAR LOCAL AND NATIONAL NEWS FROM ABC, WEATHER WITH AL, AND UP TO THE MINUTE TRAFFIC REPORTS. ALL WITH INCISIVE DISCUSSIONS OF THAT DAYS HOT TOPICS.

UML HOCKEY & BASKETBALL, BC FOOTBALL, SPINNERS BASEBALL, AND HIGH SCHOOL SPORTS.

SATURDAYS IT'S WARREN SHAW, 6-10A, "PAYING ATTENTION" W/ TOMMY DUGGAN, 10A-NOON (Hear it on WCAP, read it in the Valley Patriot),"MONEY PIT", HOME IMPROVEMENT, NOON-1P, & "THE CAR DOCTOR" 1P–2P
SUNDAYS IT'S "PAUL PARENT'S GARDEN SHOW", " TALKING BIRDS", "SENIOR LIVING", RON MORRISON REAL ESTATE, "FREE MONEY"FINANCIALS, "GUN TALK", "SHALOM AMERICA" & "CAMBODIA TOWN"

WHEN WE'RE NOT TALKING, HEAR "BEATLES & BEFORE", "OLDIES" MUSIC FROM THE 50'S& 60'S OVER THE AIR ON 980 AM
ONLINE AT WWW.980WCAP.COM

ACT Protective Services, LLC
Armed Protective Services
Scott Jenkins
Phone: 508-523-5105
actprotectiveservices@gmail.com
Kingston, NH 03848
License No. SA-719
www.actprotectiveservices.com



AMERICAN LEGION NOTES FOR SEPTEMBER

John Lenotte
VALLEY PATRIOT VETERAN COLUMNIST

As I noted last month, there are a couple of significant dates coming up. Primary elections in Massachusetts will be held on September 9th. The primaries of course are a prelude to the general elections which will be held on Tuesday, November 4th. We will be voting for the top state officials including Governor, Lt .Governor, Treasurer, Auditor and Attorney General. We will also be voting for US Senator: Senator Markey is up for reelection. And we will be voting for members of the US House of Representatives. Given all the turmoil in our state, country and the world, this is an important election.

Our elected officials need to be sent a message. If you support them, they need your vote. If you do not support them, then you should vote for their opponent. The place to voice your pleasure or displeasure is in the voting booth. Voting is one of our fundamental rights and obligations as citizens of this great country. I hope you will join me in exercising this right both in September and November.

Do not be confused or overly influenced by all the media ads that will be coming out. Become an informed voter, make your voice heard. The only way we can really effect decisions is to contact our legislators and as noted before – to VOTE. I am repeating this from last month because it is so important. A low number of votes are expected. Let us show our elected officials that we do care enough to vote!

I had the privilege to attend the American Legion National Convention last month which was held in Charlotte, NC. President Obama came to speak at the convention.

He called for more awareness, more outreach and more access to mental health care. The President is using executive actions to expand this care. Another priority is for VA to reduce the backlog. "The good news is since its peak last year, we've worked with you to slash the backlog by more than 50 percent," he said.

The government needs to attack the problem of homelessness among Veterans, Obama said. "Again, we've got good news to report," he said. "Today, I can announce that working together over the last few years, we have been able to reduce the number of homeless Veterans by one-third. And that means on any given night, there are 25,000 fewer Veterans on the streets or in shelters."

VA Secretary Robert MacDonald also gave a speech at the convention, which had about 9,000 in attendance. One of the first steps to rebuilding confidence in the scandal-plagued Department of Veterans Affairs is getting enough of the right people to do the job. He is trying to do that by launching a new recruitment effort to boost the number of medical professionals.

There were also a record number of donations to American Legion Charities. This included over $1 million to the Legacy Scholarship Fund. This fund provides college scholarships for the children of U.S. servicemembers killed on active duty on or after Sept. 11, 2001. As with all American Legion charities, administrative costs are taken care of by the American Legion so that all monies donated go right to the charity. The Child Welfare Foundation and National Emergency Fund also received a large number of donations. That is who we are; this is what the American Legion does.

John Lenotte is the recipient of the 2012 Valley Patriot Hero of the Year Award and is Commander of the Wilbur M. Comeau Post 4, Haverhill MA; Past Department Commander, of Massachusetts The American Legion; contact: JohnLDistrict8@verizon.net

May God Bless our troops, their families and this great country.

HAJJAR: FROM PAGE 31

people tell him that, even strangers. For a while he wanted nothing to do with this image and wanted to be like every other 60 pounder in his class, but after I explained to him that it was a compliment (because every guy wants to look like Dwayne Johnson when they grow up), my gentle giant was ok with it.

Your Child Can Impact the World – One word. Belief. If we teach our children that they can have a positive effect on the world, they will. Believing in themselves is the one thing they need to achieve greatness. Show them how to make a difference in others lives early on will set them up for success as they grow.

It's our jobs as parents to give our children the tools they need to charge out of the starting gate from the word go. We must control our inner anxiety to control our child and let them explore and discover life on their own. Give them the roots builds their foundations. Let them build the skyscrapers.

LARE: FROM PAGE 13

she is working with a career center there for further training.

"When they started the program, I looked at them as students who were gravely in need of intervention and assistance. Now, at the end and completion, I look at them as young successful adults with very bright futures ahead of them," said Sholik. "They've become a family.

"We made it clear to them that we will always be here for them. We always have an open door."

To find out more about LARE Institute, a division of American Training, the programs they offer, and how you can benefit from their services, go to americantraininginc.com.

DOCTOR: FROM PAGE 34

point that the restricted care regime fell apart. The insurance companies struggled, regrouped, changed. The business climate in Massachusetts has evolved considerably since the 1990s. Many of the large local employers have been purchased by out of state interests. They no longer buy their insurance products locally. Rather, they buy from the large national insurers because they need to offer products that appeal to and cover their employees in more than one state, leading to more adverse risk selection by the locally based insurers. There is no easy answer to this mess, and it is indeed a mess, but I can state with certainty, that the forces favoring consolidation also favor monopoly pricing, downward pressure on supply, and restriction of consumer choice. We can do better than to accept that status quo.

Frank MacMillan, Jr, MD, FACG

Dr. MacMillan specializes in Gastroenterology and Liver diseases, is a Fellow of the American College of Gastroenterology and it's Massachusetts Governor. He is Vice President of the Massachusetts Gastroenterology Association. Dr. MacMillan is a native of North Andover and practices Gastroenterology in Haverhill at Holy Family Hospital at Merrimack Valley, where he currently serves as the Chief of Medicine. He has also been a member of the North Andover Board of Health since 2007.

VALLEYPATRIOT.COM
Tomorrow's Eagle~Tribune Stories TODAY!
Call for our On-line Ad rates 978-771-4091

VALLEY MONUMENTS
BUILDING MEMORIES THAT LAST FOREVER
MONUMENTS
CEMETERY LETTERING
MARKERS
CARVINGS
SCULPTURES, & ETCHINGS
MONUMENT CLEANING
LANDSCAPE GRANITE
ACCESSORIES
ANY DATE (EXAMPLE: 2012) ENGRAVED $75
SIMILAR SAVINGS ON ALL ENGRAVING
Translator available by appointment
1111 RIVERSIDE DRIVE, METHUEN, MA 01844
EMAIL US AT INFO@VALLEY-MONUMENTS.COM
PHONE: 978.685.8500 - FAX: 978.685.8510
BUSINESS HOURS: MON-FRI: 9-5PM, SAT: 8-12PM
OR ANY TIME BY APPOINTMENT.
WWW.VALLEY-MONUMENTS.COM
A FAMILY BUSINESS FOR FIVE GENERATIONS

Hablamos Español
OMNI Digital Printers
92 South Broadway, LAWRENCE, MA 01843
Tel: 978.686.3475 • Fax: 978.685.0941
Email: lawrence@omnidp.com
277 Appleton Street, LOWELL, MA 01852
Tel: 978.459.2109 • Fax: 978.452.8479
Email: lowell@omnidp.com
FAST B&W or Color Prints
Mailing Services
B&W or Color Scanning
Graphic Design Services
Stationery, Brochures, Flyers
Business Cards, Postcards
Binding & Finishing
BEST COMPETITIVE PRICES!
Blue Prints, Color Posters, Outdoor Signs & Banners
Wedding & Special Occasion Invitations
Local FREE Pick-Up & Delivery..... and much more!
Print us Only The Web
www.omnidp.com
Mention this ad and receive 10% OFF your order.

STRAIGHT FROM

Sal's PIZZA | SINCE 1990

BOSTON'S NORTH END

TRY OUR

BACON CHEESEBURGER PIZZA

Applewood smoked bacon, fresh ground seasoned beef, special sauce, mozzarella and cheddar

FOR THOSE WHO CAN'T DECIDE...

2 OF YOUR FAVORITES,
1 AWESOME PIZZA

WWW.SALS-PIZZA.COM

LIKE • TWEET • SHARE • SNAP
CHECK-IN • POST • DOUBLE TAP